



ProSure

1.3 kcal/ml liquid enriched with omega 3 fatty acids, antioxidants and fructo-oligosaccharides (FOS)

PRESENTATION

- Presented in a 240 ml (305 kcal) tetrapak.
- ProSure is available in vanilla flavour.

USES

Food for Special Medical Purposes, for use under medical supervision. Not suitable as a sole source of nutrition.

ProSure is to be used as a nutritional supplement, specifically designed for the dietary management of oncology patients with weight loss. The recommended intake is 2 tetrapaks per day to obtain the optimal 2g eicosapentaenoic acid (EPA) daily. Do not exceed this intake.

COMMUNITY USE—PRESCRIPTIONS

ProSure is available on the DPS (Drug Payment Scheme) and the GMS (General Medical Services) Scheme in Ireland for the following indication:

- Patients with cancer cachexia

STORAGE & DIRECTIONS FOR SIP FEEDING

- Store unopened at room temperature.
- Ready for use. Open immediately prior to use.
- Shake well before use.
- Best served chilled.
- Once opened, unused product should be covered and stored in a refrigerator. Unused contents should be discarded after 24 hours.
- Two tetrapaks daily can be incorporated as part of the feeding regimen.

DIRECTIONS FOR TUBE FEEDING

- Ready for use.
- Administer at room temperature for tube feeding.
- The volume/flow rate should be adjusted to meet the patient's nutritional needs and tolerance. This product has a low viscosity and will pass down a fine nasogastric tube.
- A Flexitainer enteral nutrition container may be used if decanting is necessary.
- For gravity feeding, the use of a Flexiflo gravity gavage set is recommended.
- An Abbott enteral feeding pump may be used in conjunction with the Abbott enteral feeding system where a more accurately controlled delivery of feed is indicated. An ambulatory system is available for use.
- Two tetrapaks daily can be incorporated as part of the feeding regimen.

PRECAUTIONS

- In patients receiving some medications there may be a risk of drug nutrient interactions (e.g. warfarin and vitamin K). Careful prescribing and monitoring practices will serve to reduce the risk (please refer to pharmacist).
- Patients should not make any additions to the feed without consulting their pharmacist or dietitian.
- Many nutritional products contain sucrose and other sugars. It is important for patients who are taking supplements as sip feeds to observe good oral hygiene.
- Unless recommended by a qualified healthcare professional, not intended for use in children.
- When feeding to patients with dysphagia, please thicken the product as appropriate.

CONTRA-INDICATIONS

- FOR ENTERAL USE ONLY.
- Do not use in children under 1 year of age.
- Not for use in galactosaemia.
- Suitable for people with diabetes provided that routine glucose checks are performed.

INGREDIENTS

Water, maltodextrin, sodium caseinate (*milk* protein), sucrose, *fish* oil, fructooligosaccharides, gum arabic, whey protein concentrate (*milk* protein), MCT oil from palm kernel oil, tricalcium phosphate, potassium citrate, flavourings, magnesium chloride, sodium citrate, canola oil, *soy* polysaccharide, soy oil, emulsifier: E322 (*soy* lecithin), vitamin C, choline chloride, potassium chloride, vitamin E, taurine, zinc sulphate, L-carnitine, stabiliser: E418, ferrous sulphate, niacin, calcium pantothenate, manganese sulphate, beta-carotene, vitamin B₆, thiamin (vitamin B₁) riboflavin (vitamin B₂), vitamin A, copper sulphate, folic acid, chromium chloride, sodium molybdate, potassium iodide, sodium selenate, vitamin K, biotin, vitamin D, vitamin B₁₂.

GENERAL INFORMATION

Energy density

Energy distribution:

Protein	20.9%
Carbohydrate	57.7%
Fat	18.1%
Fibre (FOS)	3.26%

Osmolarity

474 mOsm/L

Gluten free?

✓

Milk free?

✗

For suitability for other diets and free-from information, please contact the Nutrition Helpline.

1. Vitamin D is synthesised from cholesterol, extracted from the grease in wool sheared from live sheep.
2. Contains fish oil – not suitable for vegetarians or vegans.