

## Product Information: ProMod® Liquid Protein

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# ProMod® Liquid Protein

- PROMOD LIQUID PROTEIN is a great-tasting medical food that provides a concentrated source of protein for people with increased protein needs. Indications include wounds, protein-energy malnutrition (PEM), involuntary weight loss (IWL), pre- and post-surgery, anorexia, stress, trauma, cancer and burns.
- Use orally or with tube feeding.
- Use under medical supervision.
- Hydrolyzed collagen as a protein source.
- Collagen protein hydrolysate has been clinically shown to help improve pressure ulcer healing.<sup>1</sup>
- Fortified with tryptophan to provide all essential amino acids.
- 100 Cal and 10 g of protein per fl oz.
- Glycerine as a carbohydrate source, and no simple sugars.
- PROMOD LIQUID PROTEIN can be given to people with diabetes: One 1-oz serving = 1 starch + 1 very-lean meat exchange.
- 55 mg sodium per fl oz, making it low in sodium.
- Contains no fruit juice.
- No fat.
- Lactose-free.
- Gluten-free.



## Safety Precautions

- Not for sole-source nutrition.
- Not for IV use.

<sup>1</sup> Lee SK, et al. *Adv Skin Wound Care* 2006;19(2):94-96.

## Ingredients

### Liquid Fruit Punch:

Glycerine, Hydrolyzed Beef Collagen, Water, Malic Acid, Citric Acid, Phosphoric Acid, Natural & Artificial Flavors, L-Tryptophan, Potassium Sorbate, and Sodium Benzoate.

## Availability

List Number	Item
59721	ProMod Liquid Protein Fruit Punch / 1 QT (946 mL) Bottle / 6 ct

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## Nutrition Information - Liquid Fruit Punch

	1 fl oz (30 mL)		100 g protein	
	Value	%RDI / %DV	Value	%RDI / %DV
Protein, g	10			
Fat, g	0			
Carbohydrate, g	14			
Glycerine, g	13			
Calories	100			
Sodium, mg	55 <sup>*</sup>			
Potassium, mg	20 <sup>*</sup>			
Chloride, mg	3 <sup>*</sup>			
Phosphorus, mg	95			

## Liquid Fruit Punch Footnotes & References

Per 1 fl oz (30 mL)

<sup>\*</sup>Not to exceed.

## Preparation

### Recommended Preparation for Tube Feeding

- Place one oz of Liquid ProMod in a clean 4-6 ounce container.
- Add 1-2 oz (30-60 mL) w ater.
- Mix w ell w ith disposable spoon or tongue blade.
- Flush feeding tube w ith 30 mL w ater.
- Administer Liquid ProMod w ith 60 cc or larger syringe.
- Flush w ith additional 30 mL w ater.
- Should not be mixed with a tube-feeding formula due to curdling.

### Exchanges for 1 serving PROMOD LIQUID PROTEIN

Exchanges	Cal	Carbohydrate (g)	Protein (g)	Fat (g)
1 starch	80	15	3	—
1 very-lean meat	35	—	7	0-1
<b>Total from Exchanges</b>	<b>115</b>	<b>15</b>	<b>10</b>	<b>0-1</b>

## Storage & Handling

Discard 3 months after opening.

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