

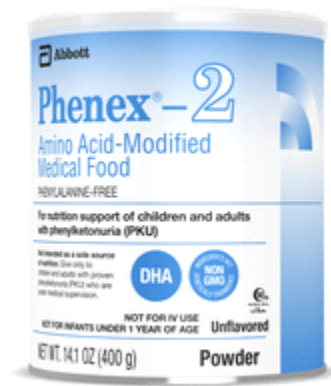
## Product Information: Phenex®-2

For more information, contact your Abbott Nutrition Representative or visit  
[www.abbottnutrition.com](http://www.abbottnutrition.com)

# Phenex®-2

## Amino acid-modified medical food

- 1 Nutrition support of children and adults with phenylketonuria (PKU).
- 1 Use under medical supervision.
- 1 Phenylalanine-free to allow greater intake of intact protein.
- 1 Nutrient profile specifically designed for children and adults.
- 1 L-tyrosine, an essential amino acid that is often deficient in patients with PKU.
- 1 L-carnitine (40 mg/100 g) and taurine (125 mg/100 g) to help supply amounts normally found in foods of animal origin.
- 1 Approximately 30% of energy as fat to help supply essential fatty acids.
- 1 When fed according to the *Abbott Nutrition Support Protocols*, provides adequate amounts of all nutrients.
- 1 Non-GMO.\*
- 1 DHA to support the brain and eyes.
- 1 Lactose-free.
- 1 Gluten-free.
- 1 Halal.



## Safety Precautions

- 1 Give only to children and adults with proven phenylketonuria (PKU) who are under medical supervision. Must be supplemented with protein and fluid in prescribed amounts to completely meet phenylalanine and water requirements.
- 1 Not intended as a sole source of nutrition.
- 1 Not for infants under 1 year of age.
- 1 Do not heat or use in cooking.
- 1 Not for IV use.
- 1 **Warning: This medical food should not be heated or used in cooking.**

\* *Ingredients not genetically engineered.*

## Ingredients

### Powder Unflavored:

Corn Syrup Solids, High Oleic Safflower Oil, Coconut Oil, Sodium Citrate, Soy Oil, L-Leucine, L-Tyrosine, L-Proline, L-Lysine Acetate, L-Glutamine, L-Valine, Calcium Phosphate, L-Isoleucine, L-Arginine, L-Alanine, Glycine. Less than 2% of: Magnesium Phosphate, Potassium Chloride, L-Asparagine Monohydrate, L-Serine, L-Threonine, Silicon Dioxide, Modified Corn Starch, L-Histidine, Potassium Citrate, Potassium Phosphate, L-Methionine, C. Cohnii Oil, L-Glutamic Acid, Calcium Citrate, L-Cystine Dihydrochloride, L-Tryptophan, Calcium Carbonate, Citric Acid, L-Aspartic Acid, Ascorbic Acid, Taurine, Choline Chloride, Inositol, Ferrous Sulfate, Zinc Sulfate, L-Carnitine, Ascorbyl Palmitate, Niacinamide, Calcium Pantothenate, dl-Alpha-Tocopheryl Acetate, Mixed Tocopherols, Copper Sulfate, Thiamine Hydrochloride, Manganese Sulfate, Riboflavin, Pyridoxine Hydrochloride, Vitamin A Palmitate, Folic Acid, Biotin, Chromium Chloride, Potassium Iodide, Sodium Selenate, Phylloquinone, Sodium Molybdate, Vitamin D3, and Vitamin B12.

## Availability

| List Number | Item  |
|-------------|---|
| 51122       | Phenex-2 / 14.1 oz (400 g) Can / 6 ct         |
| 55755       | Phenex-2 Vanilla / 14.1 oz (400 g) Can / 6 ct |
| 67054       | Phenex-2 / 14.1 oz (400 g) Can / 6 ct         |
| 67056       | Phenex-2 Vanilla / 14.1 oz (400 g) Can / 6 ct |

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### Nutrition Information - Powder Unflavored

|                               | 100 g Powder |            |
|-------------------------------|--------------|------------|
|                               | Value        | %RDI / %DV |
| Protein Equivalent, g         | 30.0         |            |
| Fat, g                        | 14.0         |            |
| Carbohydrate, g               | 35.0         |            |
| Linoleic Acid, mg             | 2200         |            |
| Linolenic Acid, mg            | 225          |            |
| L-Carnitine, mg               | 40           |            |
| Calories                      | 410          |            |
| Vitamin A, IU                 | 1500         |            |
| Vitamin A, mcg RE             | 450          |            |
| Vitamin D, IU                 | 900          |            |
| Vitamin D, mcg                | 22.5         |            |
| Vitamin E, IU                 | 12           |            |
| Vitamin E, mg alpha-TE        | 5.9          |            |
| Vitamin K, mcg                | 60.0         |            |
| Thiamin (Vitamin B1), mg      | 3.3          |            |
| Riboflavin (Vitamin B2), mg   | 1.6          |            |
| Vitamin B6, mg                | 1.1          |            |
| Vitamin B12, mcg              | 5.0          |            |
| Niacin, mg                    | 16.0         |            |
| Niacin, mg NE                 | 21.7         |            |
| Folic Acid (Folacin), mcg     | 425          |            |
| Pantothenic Acid, mg          | 8.0          |            |
| Biotin, mcg                   | 100          |            |
| Vitamin C (Ascorbic Acid), mg | 60.0         |            |
| Choline, mg                   | 100          |            |
| Inositol, mg                  | 82.0         |            |
| Calcium, mg                   | 975          |            |
| Phosphorus, mg                | 760          |            |
| Magnesium, mg                 | 225          |            |
| Iron, mg                      | 13.0         |            |
| Zinc, mg                      | 13.0         |            |
| Manganese, mg                 | 0.8          |            |
| Copper, mg                    | 1.5          |            |
| Iodine, mcg                   | 100          |            |
| Selenium, mcg                 | 35.0         |            |
| Chromium, mcg                 | 27.0         |            |
| Molybdenum, mcg               | 30.0         |            |
| Sodium, mg                    | 880          |            |
| Sodium, mEq                   | 38.3         |            |

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### Nutrition Information - Powder Unflavored

|                | 100 g Powder |            |
|----------------|--------------|------------|
|                | Value        | %RDI / %DV |
| Potassium, mg  | 1370         |            |
| Potassium, mEq | 35.0         |            |
| Chloride, mg   | 940          |            |
| Chloride, mEq  | 26.5         |            |

### Preparation

#### Directions for Preparation and Use: Use Only As Directed by a Physician

Depending on specific needs of each individual, preparation will vary as prescribed by physician.

- 1 Wash your hands, surfaces and utensils.
- 1 Pour prescribed amount of water into a clean container.
- 1 Add prescribed amount of Phenex®-2 powder (and other ingredients if recommended).
- 1 Shake well for 10-15 seconds; if using a blender, mix no more than 5 seconds.
- 1 Pour mixture into clean feeding cup or container; cap.
- 1 Serve chilled. Once feeding begins, use within 1 hour or discard.

#### Helpful Hints

- 1 Add sweetened drink crystals to enhance flavor.
- 1 Add chocolate or strawberry syrup.
- 1 Mix Phenex-2 with fruit to make a smoothie
- 1 Freeze flavored mixture into slushies.

#### Mixing Guide:

Approximate weights for unpacked, level, dry U.S. standard household measures for powder

|         |       |
|---------|-------|
| 1 Tbsp  | 8 g   |
| 1/4 Cup | 30 g  |
| 1/3 Cup | 40 g  |
| 1/2 Cup | 60 g  |
| 1 Cup   | 120 g |

For most accurate results, Phenex-2 should be weighed on a scale that reads in grams.

### Storage & Handling

#### Directions for Use

- 1 Once mixed, store container in refrigerator and **use within 24 hours**
- 1 Store unopened or opened can at room temperature; avoid extreme temperatures.
- 1 **Use opened can contents within 1 month.**