

## Product Information: Perative®

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[www.abbottnutrition.com](http://www.abbottnutrition.com)

- 1 PERATIVE is designed for metabolically stressed patients who can benefit from an enteral formula supplemented with arginine.
- 1 For tube feeding.
- 1 For supplemental or sole-source nutrition.
- 1 Use under medical supervision.
- 1 Added arginine (8 g/L total arginine at 2.5% of total calories) for wound healing and immune support.
- 1 Calorically dense (1.3 Cal/mL) for the elevated energy needs of metabolically stressed patients.
- 1 1.6 g of scFOS/8 fl oz. scFOS are prebiotic soluble fibers that stimulate the growth of beneficial bacteria in the colon.<sup>1,2,3</sup>
- 1 High in protein (66.7 g/L) for the elevated protein needs of metabolically stressed patients.
- 1 Hydrolyzed, peptide-based protein for easier absorption. Well tolerated as a tube feeding.<sup>4,5</sup>
- 1 Kosher.
- 1 Halal.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



### Safety Precautions

- 1 Not for IV use.
- 1 Not suitable for people with galactosemia.

<sup>1</sup> *Bornet FR, et al. Nutr Rev. 2002;60(11):326-334.*

<sup>2</sup> *Tokunaga T, et al. Bifidus. 1993;6(2):143-150.*

<sup>3</sup> *Bouhnik Y, et al. Nutr J. 2007;6:42-48.*

<sup>4</sup> *Brown RO, et al. Pharmacotherapy. 1994;14:314-320.*

<sup>5</sup> *Henningfield MF, et al. FASEB J. 1993;7(3):A377.*

### Ingredients

#### Liquid Unflavored:

Water, Corn Maltodextrin, Hydrolyzed Sodium Caseinate, Whey Protein Hydrolysate, Canola Oil, Medium Chain Triglycerides, Short-chain Fructooligosaccharides, L-Arginine, Corn Oil. Less than 0.5% of: Magnesium Chloride, Potassium Citrate, Calcium Phosphate, Citric Acid, Soy Lecithin, Ascorbic Acid, Potassium Phosphate, Choline Chloride, Carrageenan, Potassium Chloride, Taurine, L-Carnitine, Zinc Sulfate, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Beta-Carotene, Riboflavin, Vitamin A Palmitate, Folic Acid, Biotin, Chromium Chloride, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Vitamin B12, and Vitamin D3.

**Allergens:** Contains milk and soy ingredients.

### Availability

List Number	Item
62723	Perative / 33.8 fl oz (1 L) Ready-To-Hang Prefilled Container / 8 ct
64816	Perative / 8 fl oz (237 mL) Recloseable Carton / 24 ct

## Nutrition Information - Liquid Unflavored

	8 fl oz (237 mL)		33.8 fl oz (1 L)	
	Value	%RDI / %DV	Value	%RDI / %DV
Protein, g	15.8		66.7	
Fat, g	8.8		37.3	
Carbohydrate, g	42.8		180.3	
Dietary Fiber, g	1.6*		6.5*	
Total Sugars, g	1.6		6.9	
Added Sugars, g	1.6		6.9	
Taurine, mg	31		135	
L-Carnitine, mg	31		135	
Water, mL	187		790	
Calories	308		1300	
Vitamin A, mcg RAE	617 <sup>†</sup>		2603 <sup>†</sup>	
Vitamin D, mcg	2.1		8.8	
Vitamin E, mg	4.2		18.2	
Vitamin K, mcg	17		70	
Vitamin C, mg	62		260	
Folate, mcg DFE	208		867	
Folic Acid, mcg	125		520	
Thiamin (Vitamin B1), mg	0.47		2	
Riboflavin (Vitamin B2), mg	0.53		2.3	
Vitamin B6, mg	0.62		2.6	
Vitamin B12, mcg	1.9		7.9	
Niacin, mg NE	8.7		37	
Choline, mg	105		435	
Biotin, mcg	93		395	
Pantothenic Acid, mg	3.1		14	
Sodium, mg	245		1040	
Potassium, mg	410		1735	
Chloride, mg	390		1650	
Calcium, mg	210		870	
Phosphorus, mg	210		870	
Magnesium, mg	83		350	
Iodine, mcg	31		135	
Manganese, mg	1.1		4.4	
Copper, mg	0.42		1.8	
Zinc, mg	4.7		20	
Iron, mg	3.7		16	
Selenium, mcg	15		61	
Chromium, mcg	25		105	
Molybdenum, mcg	31		135	

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## Liquid Unflavored Footnotes & References

### Per 8 fl oz (237 mL)

\*Includes 1.6 g of dietary fiber supplied by short-chain fructooligosaccharides (scFOS).

†397 mcg RAE of vitamin A activity supplied by 1.0 mg of beta-carotene.

### Per 33.8 fl oz (1 L)

\*Includes 6.5 g of dietary fiber supplied by short-chain fructooligosaccharides (scFOS).

†1670 mcg RAE of vitamin A activity supplied by 4.2 mg of beta-carotene.

## Preparation

### Instructions for Use:

#### 8 fl oz Container

- 1 Store unopened at room temperature.
- 1 Shake well prior to opening.
- 1 After opening, refrigerate and consume product within 48 hours. If consuming product directly from the container, refrigerate and consume within 24 hours.

#### Tube Feeding:

- 1 Follow physician's instructions.
- 1 Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Feed at room temperature using a feeding pump or syringe.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- 1 Avoid contamination during preparation and use.

#### Ready-To-Hang Container

All medical foods, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination.

NOTE: Failure to follow the **INSTRUCTIONS FOR USE** increases the potential for microbial contamination and may reduce hangtime.

- 1 Administer product at room temperature.
- 1 THOROUGHLY wash hands with soap and water before handling container or feeding set.
- 1 Turn container upside down and SHAKE VIGOROUSLY, using a twisting motion for at least 10 seconds.
- 1 DO NOT touch any part of the container or feeding set that comes into contact with the formula.
- 1 When initiating feeding, follow physician's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.

#### For Use with Enteral Feeding Pumps:

- 1 Remove dust cover from RTH Safety Screw Cap.
- 1 Remove dust cover from feeding set connector.
- 1 Insert feeding set connector into port of RTH Safety Screw Cap and completely pierce foil.
- 1 Turn connector collar clockwise until it is securely fastened.
- 1 Close clamp on set before inverting container.
- 1 Invert container and suspend, using hanging ring on bottom of container.

#### Precautions

- 1 Follow directions for use provided by manufacturer of feeding sets.
- 1 Unless a shorter hang time is specified by the set manufacturer, hang product for up to 48 hours after initial connection when clean technique and only one new set are used. Otherwise hang for no more than 24 hours.