

## Product Information: Pedialyte®

Usage

- 1 Pedialyte® is specially formulated to help prevent dehydration in children and adults by replenishing fluids and electrolytes lost during diarrhea and vomiting. Can be used for maintenance of water and electrolytes following corrective parenteral therapy for diarrhea.

Features

- 1 #1 doctor and pharmacist recommended brand.
- 1 Contains the optimal balance of sodium and sugar recommended by experts<sup>1,2</sup> to help prevent dehydration due to diarrhea and vomiting.
- 1 Helps replenish zinc lost during diarrhea.<sup>3,4</sup>
- 1 Promotes fluid absorption more effectively than common household beverages.
- 1 Low osmolality.
- 1 1-L reclosable bottles for easy measuring and pouring.
- 1 Unflavoured liquid available for infants - no artificial sweeteners, dyes, or flavours.
- 1 2 delicious flavours to encourage compliance.
- 1 Low-residue.
- 1 Gluten-free.
- 1 Kosher.
- 1 Halal (Unflavoured, Grape)



Safety Precautions

- 1 Not for parenteral use.
- 1 For infants under 1 year, consult a physician or qualified health care professional before using Pedialyte® as infants and young children are at greater risk of dehydration.

<sup>1</sup> World Health Organization. Oral Rehydration Salts: Production of the new ORS. 2006.  
<sup>2</sup> Leung A, Prince T. Paediatr Child Health. 2006;11(8):527-31.  
<sup>3</sup> Bhatnagar S, et al. JPGN. 2004;38(1):34-40  
<sup>4</sup> Lukacik M, et al. Pediatrics. 2008;121(2):326-36.

Ingredients

**Liquid Unflavored:**  
MEDICINAL INGREDIENTS: Dextrose, Potassium Citrate, Sodium Chloride, Sodium Citrate, Citric Acid, Zinc Gluconate. NON-MEDICINAL INGREDIENTS:, and Water.

Availability

List Number	Item
5989213	Pedialyte®, Unflavored; 59-mL plastic bottles; 48/case
6646713	Pedialyte®, Unflavored; 1-L reclosable plastic bottles; 8/case
6646813	Pedialyte®, Fruit; 1-L reclosable plastic bottles; 8/case
6646913	Pedialyte®, Grape; 1-L reclosable plastic bottles; 8/case

For more information, contact your Abbott Nutrition sales representative or visit [www.abbottnutrition.ca](http://www.abbottnutrition.ca)

Nutrition Information - Liquid Unflavored

	100 mL	59 mL	1000 mL (1 L)
	Value	Value	Value
ENERGY, Cal (kJ)	11 (46)	6.5 (27)	110 (460)
MEDICINAL INGREDIENT:			
Sodium, mg (mmol)	104 (4.5)	61 (2.7)	1035 (45)
Potassium, mg (mmol)	78.2 (2.0)	46.1 (1.2)	782 (20)
Chloride, mg (mmol)	124 (3.5)	73 (2.1)	1240 (35)
Citrate, g (mmol)	0.26 (1.4)	0.15 (0.8)	2.64 (14.0)
Zinc, mg	0.78	0.5	7.8
Dextrose, g	2.5	1.5	25

Product Characteristics

	Value
Caloric Density (Cal/mL)	0.11
Protein (% of total energy)	0
Protein Source	N/A
Fat (% of total energy)	0
MCT oil (% of total fats)	N/A
Omega-6:Omega-3 Ratio	N/A
Fat Source	N/A
Carbohydrate (% of total energy)	100
Carbohydrate Source	N/A
Total Cal:g Nitrogen Ratio	N/A
Nonprotein Cal:g Nitrogen Ratio	N/A
Water (g/L)	978
Osmolality (mOsm/kg water)	250
Renal Solute Load (mOsm/L)	100
Recommended Tube Size for Gravity/Pump Feeding (Fr)	N/A

For more information, contact your Abbott Nutrition sales representative or visit [www.abbottnutrition.ca](http://www.abbottnutrition.ca)

### Preparation

#### Directions for Use:

- 1 TASTES BEST SERVED COLD.
- 1 DO NOT USE IF TAMPER BAND AROUND CAP OR FOIL SEAL IS MISSING OR BROKEN.
- 1 Store unopened bottles in a cool place. Avoid excessive heat.
- 1 To open:
  - 1 Remove tamper band.
  - 1 Twist off cap.
  - 1 Remove foil seal.
- 1 Do not add water or dilute.
- 1 Do not reuse bottle.
- 1 After opening, replace cap, refrigerate, and use within 96 hours or discard.

#### Recommended dose:

- 1 Infants less than 1 year
  - 1 **Consult a physician before using Pedialyte.**
- 1 Children 1 year of age \*
  - 1 Give 50-100 mL per episode of diarrhea and/or vomiting, up to a maximum of 1 L over a period of 24 hours.
- 1 Children 2–9 years\*
  - 1 Give 100-200 mL per episode of diarrhea and/or vomiting, up to a maximum of 1 L over a period of 8 to 24 hours.
- 1 Adults, adolescents and children 10 years or more\*
  - 1 Take 200-400 mL per episode of diarrhea and/or vomiting, or as much as wanted.

\* Attempt to give/take solution as soon as diarrhea begins. Take/give the solution frequently and in small amounts (eg, 5 mL), gradually increased, as tolerated. If more solution is requested/desired, give/take more, as tolerated. For dehydration due to other causes, consult a health care professional.