

## Product Information: Pedialyte® Freezer Pops

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# Pedialyte® Freezer Pops

Oral rehydration solution for all ages

## Usage

- 1 Pedialyte® is specially formulated to help prevent dehydration in children and adults by replenishing fluids and electrolytes lost during diarrhea and vomiting. Can be used for maintenance of water and electrolytes following corrective parenteral therapy for diarrhea.

## Features

- 1 #1 doctor and pharmacist recommended brand.
- 1 Contains the optimal balance of sodium and sugar recommended by experts<sup>1,2</sup> to help prevent dehydration due to diarrhea and vomiting.
- 1 Promotes fluid absorption more effectively than common household beverages such as some sports drinks, juice and soda.
- 1 Low osmolality.
- 1 4 delicious flavours to enhance compliance.
- 1 Gluten-free.
- 1 Kosher.



## Safety Precautions

- 1 Not for parenteral use.
- 1 For infants under 1 year, consult a physician or qualified health care professional before using Pedialyte® as infants and young children are at greater risk of dehydration.

<sup>1</sup> World Health Organization. Oral Rehydration Salts: Production of the new ORS. 2006.

<sup>2</sup> Leung A, Prince T. Paediatr Child Health. 2006;11(8):527-31.

## Ingredients

### Liquid Variety:

MEDICINAL INGREDIENTS: Sodium Chloride, Potassium Citrate. NON-MEDICINAL INGREDIENTS: Water, Dextrose (25 g/L), Citric Acid, Sodium Carboxymethylcellulose, Potassium Sorbate, Sodium Benzoate, Sucralose, Acesulfame-Potassium, Grape also contains: Natural and Artificial Grape Flavours, FD&C Red No. 40, FD&C Blue No. 1, Cherry also contains: Natural and Artificial Cherry Flavours, FD&C Red No. 40, Orange also contains: Natural and Artificial Orange Flavours, FD&C Yellow No. 6, FD&C Red No. 40, and Blue Raspberry also contains: Natural and Artificial Blue Raspberry Flavours, FD&C Blue No. 1.

## Availability

List Number	Item
0024513	Pedialyte® Freezer Pops, Variety pack; 62.5-mL sleeves; 8 x 16/case

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Saint-Laurent, Quebec, Canada H4S 1Z6  
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## Nutrition Information - Liquid Variety

	1000 mL (1 L)	62.5 mL
	Value	Value
ENERGY, Cal (kJ)	100 (418)	6.3 (26.1)
MEDICINAL INGREDIENT:		
Sodium, g (mmol)	1.037 (45)	0.065 (2.8)
Potassium, g (mmol)	0.780 (20)	0.0488 (1.3)
Chloride, g (mmol)	1.244 (35)	0.0778 (2.2)
Dextrose, g	25	1.6

## Product Characteristics

	Value
Caloric Density (Cal/mL)	0.10
Protein (% of total energy)	0
Protein Source	N/A
Fat (% of total energy)	0
MCT oil (% of total fats)	N/A
Omega-6:Omega-3 Ratio	N/A
Fat Source	N/A
Carbohydrate (% of total energy)	100
Carbohydrate Source	N/A
Total Cal:g Nitrogen Ratio	N/A
Nonprotein Cal:g Nitrogen Ratio	N/A
Water (g/L)	973
Osmolality (mOsm/kg water)	270
Renal Solute Load (mOsm/L)	100
Recommended Tube Size for Gravity/Pump Feeding (Fr)	N/A

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## Preparation

### Directions for Use:

Remove Freezer Pops from carton and freeze before separating. If using in liquid form, separate carefully to prevent leaking.

**RECOMMENDED USE:** Use Pedialyte® rather than juices, soft drinks, sports drinks, or water to prevent dehydration caused by diarrhea or vomiting.

### RECOMMENDED ADMINISTRATION:

**Eat frozen:** With clean scissors, cut off top of sleeve. Push up Freezer Pop from bottom of sleeve.

**Drink:** With clean scissors, cut off top of sleeve. Pour liquid into a glass.

**Make a slush:** Mix equal quantities of liquid and frozen Freezer Pops in a blender.

### RECOMMENDED DOSE:

#### Children less than 2 years

- 1 Consult a physician before using Pedialyte®.

#### Children 2 to 11 years

- 1 50 to 100 mL (1-2 Freezer Pops) per kg of body weight per day.
- 1 Offer as frequently as desired.
- 1 16-32 Freezer Pops may be needed per day.
- 1 Continue as long as diarrhea or vomiting is present.

#### Adolescents 12 years or more & Adults

- 1 Offer as frequently as desired.
- 1 16-32 Freezer Pops may be needed per day.
- 1 Continue as long as diarrhea or vomiting is present.

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