

Product Information: PediaSure® Plus

For more information, contact your Abbott Nutrition sales representative or visit
www.abbottnutrition.ca

Usage

- 1 For children: with fluid restrictions or volume sensitivity; who may benefit from dietary fibre; requiring short- or long-term tube feeding; with increased nutrient needs; with or at risk for malnutrition; with growth faltering.
- 1 For oral or tube feeding use.
- 1 Can be used as a supplement or as a sole source of nutrition.

Features

- 1 Increased nutrient density provides more calories in less volume: 118 more calories per serving than PediaSure®.
- 1 Provides 2.6 g of dietary fibre per 235-mL.
- 1 Contains 0.8 g of short-chain fructooligosaccharides (scFOS) per 235-mL serving.
- 1 Fortified with taurine and carnitine to help prevent deficiencies associated with long-term tube feeding.^{1,2,3}
- 1 19.6% of fat as medium chain triglycerides, an easily digested and well-absorbed fat source.⁴
- 1 Provides 27 vitamins and minerals.
- 1 Gluten-free.
- 1 Kosher.
- 1 Halal.



Safety Precautions

- 1 For children under 1 year of age, consult a physician or qualified health care professional prior to using PediaSure® Plus.
- 1 Not for parenteral use.

¹ Feller AG, et al. *Am J Clin Nutr.* 1987;45:476-83.

² Fischer MH, et al. *JPEN.* 1990;14:270-4.

³ Bourdet B, et al. *J Nutr Health Aging.* 2010;14(3):253.

⁴ Duggan C, et al. *Nutrition in Pediatrics: Standard and Specialized Enteral Formulas.* BC Decker Inc. Hamilton. 2008.

Ingredients

Liquid Vanilla:

Water, Corn Maltodextrin, High Oleic Safflower Oil, Sodium Caseinate, Soy Oil, Sugar, Modified Coconut and/or Palm Kernel Oils (Medium Chain Triglycerides), Calcium Caseinate, Whey Protein Concentrate, Short-Chain Fructooligosaccharides (scFOS), Gluten-Free Oat Fibre, Soy Cotyledon Fibre, Natural and Artificial Flavour, Gum Arabic, Monoglycerides, Soy Lecithin, Cellulose Gum, Taurine, M-Inositol, L-Carnitine, MINERALS (Potassium Citrate, Calcium Phosphate Tribasic, Magnesium Chloride, Potassium Phosphate Dibasic, Sodium Citrate, Sodium Chloride, Potassium Chloride, Ferrous Sulphate, Zinc Sulphate, Copper Sulphate, Manganese Sulphate, Potassium Iodide, Chromium Chloride, Sodium Molybdate, Sodium Selenate), VITAMINS (Choline Chloride, Ascorbic Acid, Niacinamide, DL-Alpha-Tocopheryl Acetate, Calcium D-Pantothenate, Thiamine Chloride Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Folic Acid, D-Biotin, Phylloquinone, Vitamin D3, Cyanocobalamin), and As Needed: Potassium Hydroxide.

Allergens: Contains: Milk, Soy.

Availability

List Number	Item
6224413	PediaSure® Plus, Vanilla; 235-mL cans; 12/case

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Abbott Nutrition Abbott Laboratories Co.
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Nutrition Information - Liquid Vanilla

	100 mL	235 mL
	Value	Value
ENERGY, Cal (kJ)	150 (628)	353 (1476)
Protein, g	4.2	9.9
Fat, g	7.5	18
Linoleic Acid, g	1.2	2.8
Linolenic Acid, g	0.1	0.3
Carbohydrate, g	18	42
Fibre, g	1.1	2.6
Short-chain fructooligosaccharides (scFOS), g	0.4	0.8
Water, g	78	183
Taurine, mg	11	25
Carnitine, mg	2.6	6.1
Inositol, mg	12	28
Vitamin A, IU	330	776
Vitamin D, IU	45	106
Vitamin E, IU	2.3	5.4
Vitamin K, mg	0.0059	0.014
Vitamin C, mg	10	24
Folic Acid, mg	0.037	0.087
Thiamine, mg	0.27	0.63
Riboflavin, mg	0.21	0.49
Vitamin B6, mg	0.26	0.61
Vitamin B12, mg	0.0008	0.0019
Niacin, mg	1.7	4
Pantothenic Acid, mg	1	2.4
Biotin, mg	0.032	0.075
Choline, mg	30	71
Sodium, mg	65	153
Potassium, mg	180	423
Chloride, mg	122	287
Calcium, mg	90	212
Phosphorus, mg	80	188
Magnesium, mg	24	57
Iron, mg	1.4	3.3
Zinc, mg	1.4	3.3
Manganese, mg	0.1	0.24
Copper, mg	0.17	0.4
Iodine, mg	0.0097	0.023
Selenium, mg	0.0023	0.0054
Chromium, mg	0.003	0.0071

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Nutrition Information - Liquid Vanilla

	100 mL	235 mL
	Value	Value
Molybdenum, mg	0.0036	0.0085

Product Characteristics

	Value
Caloric Density (Cal/mL)	1.5
Protein (% of total energy)	11.0
Protein Source	Sodium and calcium caseinates, whey protein concentrate
Fat (% of total energy)	43.3
MCT oil (% of total fats)	19.6
Omega-6:Omega-3 Ratio	11:1
Fat Source	High oleic safflower oil, soy oil, MCT oil
Carbohydrate (% of total energy)	45.7
Carbohydrate Source	Corn maltodextrin, sugar, scFOS, oat fibre, soy cotyledon fibre, gum arabic, cellulose gum
Total Cal:g Nitrogen Ratio	232:1
Nonprotein Cal:g Nitrogen Ratio	207:1
Water (g/L)	778
Osmolality (mOsm/kg water)	387
Renal Solute Load (mOsm/L)	348
Recommended Tube Size for Gravity/Pump Feeding (Fr)	10/8
Fibre	Yes

Preparation

Directions for Use:

- 1 Store unopened at room temperature.
- 1 Shake well.
- 1 Clean top of can thoroughly before opening.
- 1 After opening, cover, refrigerate and use within 48 hours.

Oral Feeding

- 1 May be used for total or supplemental nutrition.
- 1 PediaSure® Plus tastes best when chilled.

Tube Feeding

- 1 Minimal tube size: gravity feeding 10 Fr, enteral feeding pump 8 Fr.
- 1 Follow health care professional instructions for flow rate, volume and need for additional fluids.
- 1 Care should be taken to avoid contamination during preparation and administration.