

Product Information: PediaSure® Grow & Gain Shake

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

PediaSure® Grow & Gain Shake

Complete, Balanced Nutrition®

- 1 PEDIASURE GROW & GAIN is clinically proven* nutrition to help kids grow and is a nutrition supplement for kids falling behind on growth.^{1,2,3,4,5,6}
- 1 May be used as the sole source of nutrition or as a supplement.
- 1 Formulated for oral feeding; may also be tube fed.
- 1 A source of complete, balanced nutrition® especially designed for children 2 to 13 years of age.
- 1 Meets or exceeds 100% of the DRIs for protein and 25 essential vitamins and minerals
 - in 1000 mL for children 2 to 8 years of age.
 - in 1500 mL for children 9 to 13 years of age.
- 1 Antioxidants (vitamins C & E and selenium) to support the immune system.
- 1 DHA (32 mg per 8 fl oz) and lutein to support the brain and eyes.^{7,8}
- 1 No artificial growth hormones.[†]
- 1 Halal.
- 1 Kosher; made with dairy ingredients.
- 1 Gluten-free.
- 1 #1 Pediatrician-recommended brand.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for IV use.
- 1 Not for children with galactosemia.
- 1 Consult your health care professional for use with children under 2 years of age.

* Studied in children at risk for malnutrition, 2 servings per day.

† Milk ingredients are derived from milk of non-rbST-treated cows, which is not different from milk of rbST-treated cows.

¹ Akram DS, et al. *J Pak Med Assoc.* 2000;50:377-380.

² Alarcon PA, et al. *Clin Pediatr.* 2003;42:209-217.

³ Fisberg M, et al. *Int Pediatr.* 2002;17:216-222.

⁴ Morales E, et al. *J Am Diet Assoc.* 1991;91:1233-1238.

⁵ Ramstack M, et al. *JPEN J Parenter Enteral Nutr.* 1991;15:89-92.

⁶ Huynh DT, et al. *J Am Hum Nutr Diet.* 2015;28:623-635.

⁷ Lauritzen L, et al. *Prog Lipid Res.* 2001;40:1-94.

⁸ Krinsky NI, et al. *Annu Rev Nutr.* 2003;23:171-201.

Ingredients

Liquid Vanilla:

Water, Corn Maltodextrin, Blend of Vegetable Oils (Soy, High Oleic Safflower), Sugar, Milk Protein Concentrate, Soy Protein Isolate. Less than 0.5% of: Vitamins & Minerals (Potassium Citrate, Calcium Phosphate, Potassium Chloride, Magnesium Phosphate, Potassium Phosphate, Calcium Carbonate, Ascorbic Acid, Choline Chloride, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Copper Sulfate, Folic Acid, Chromium Chloride, Potassium Iodide, Sodium Molybdate, Sodium Selenate, Biotin, Phylloquinone, Vitamin D3, Vitamin B12, Menaquinone-7), Natural & Artificial Flavors, Cellulose Gel, Tuna Oil, Cellulose Gum, Monoglycerides, Soy Lecithin, Carrageenan, Potassium Hydroxide, Inositol, Salt, Taurine, Stevia Leaf Extract, L-Carnitine, and Lutein.

Allergens: Contains milk and soy ingredients.

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Availability

| List Number | Item |
|-------------|---|
| 58049 | PediaSure Grow & Gain Vanilla / 8 fl oz (237 mL) Bottle / 4 x 6 ct |
| 58052 | PediaSure Grow & Gain Banana / 8 fl oz (237 mL) Bottle / 4 x 6 ct |
| 58055 | PediaSure Grow & Gain Strawberry / 8 fl oz (237 mL) Bottle / 4 x 6 ct |
| 58058 | PediaSure Grow & Gain Chocolate / 8 fl oz (237 mL) Bottle / 4 x 6 ct |
| 58526 | PediaSure Grow & Gain Vanilla / 8 fl oz (237 mL) Bottle / 24 ct |
| 59682 | PediaSure Grow & Gain Strawberry / 8 fl oz (237 mL) Bottle / 24 ct |
| 63319 | PediaSure Grow & Gain Chocolate / 8 fl oz (237 mL) Bottle / 24 ct |
| 66918 | PediaSure Grow & Gain S'mores / 8 fl oz (237 mL) Bottle / 4 x 6 ct |
| 68612 | PediaSure Grow & Gain Chocolate / 8 fl oz (237 mL) Can / 16 ct |
| 68616 | PediaSure Grow & Gain Vanilla / 8 fl oz (237 mL) Can / 16 ct |

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Nutrition Information - Liquid Vanilla

| | 8 fl oz (237 mL) | |
|------------------------|------------------|-------------|
| | Value | %RDI / %DV* |
| Calories | 240 | |
| Total Fat, g | 9 | 12 |
| Saturated Fat, g | 1.5 | 8 |
| Trans Fat, g | 0 | |
| Polyunsaturated Fat, g | 3.5 | |
| Monounsaturated Fat, g | 3.5 | |
| Cholesterol, mg | 5 | <2 |
| Sodium, mg | 90 | 4 |
| Total Carbohydrate, g | 33 | 12 |
| Dietary Fiber, g | <1 | <2 |
| Total Sugars, g | 9 | |
| Added Sugars, g | 9 | 18 |
| Protein, g | 7 | 14 |
| Vitamin D, mcg | 6 | 30 |
| Calcium, mg | 330 | 25 |
| Iron, mg | 2.7 | 15 |
| Potassium, mg | 470 | 10 |
| Vitamin A | | 15 |
| Vitamin C | | 25 |
| Vitamin E | | 20 |
| Vitamin K | | 15 |
| Thiamin | | 25 |
| Riboflavin | | 25 |
| Niacin | | 20 |
| Vitamin B6 | | 20 |
| Folate | | 15 |
| Folic Acid, mcg | 36 | |
| Vitamin B12 | | 20 |
| Biotin | | 25 |
| Pantothenic Acid | | 25 |
| Phosphorus | | 20 |
| Iodine | | 15 |
| Magnesium | | 10 |
| Zinc | | 15 |
| Selenium | | 15 |
| Copper | | 15 |
| Manganese | | 20 |
| Chromium | | 25 |
| Molybdenum | | 20 |

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Nutrition Information - Liquid Vanilla

| | 8 fl oz (237 mL) | |
|----------|------------------|-------------|
| | Value | %RDI / %DV* |
| Chloride | | 10 |
| Choline | | 15 |

Liquid Vanilla Footnotes & References

Per 8 fl oz (237 mL)

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Preparation

Instructions for Use:

- 1 Shake well. Best served chilled.
- 1 Store unopened at room temperature. For cans only, clean top of container thoroughly before opening.
- 1 After opening, cover, refrigerate and **use within 48 hours**.