

Product Information: PediaSure® Grow & Gain Shake Mix

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

PediaSure® Grow & Gain Shake Mix

Balanced nutrition

- 1 PEDIASURE GROW & GAIN SHAKE MIX provides a source of balanced nutrition; for children 2 to 13 years of age.
- 1 For oral or tube feeding.
- 1 Non-GMO.*
- 1 23 vitamins and minerals.
- 1 #1 Pediatrician recommended brand.
- 1 Kosher.
- 1 Halal.
- 1 Gluten-free.



Safety Precautions

- 1 Use according to package directions.
- 1 Consult your health care professional for use with children under 2 years of age.
- 1 **Not intended for sole source nutrition;** may be used as a supplement.
- 1 Not for children with galactosemia.

* *Ingredients not genetically engineered.*

Ingredients

Powder Vanilla:

Corn Syrup, Sugar, Blend of Vegetable Oils (Canola, High Oleic Sunflower, Sunflower), Milk Protein Concentrate, Corn Maltodextrin, Soy Protein Isolate, Short-chain Fructooligosaccharides. Less than 2% of: Medium chain Triglycerides, Soy Lecithin, Potassium Citrate, Sodium Citrate, Potassium Phosphate, Artificial Flavor, Calcium Phosphate, Potassium Chloride, Magnesium Chloride, Calcium Carbonate, Salt, Magnesium Phosphate, Choline Chloride, Ascorbyl Palmitate, Taurine, Ascorbic Acid, Inositol, C. Cohnii Oil, Potassium Hydroxide, Ferrous Sulfate, L-Carnitine Tartrate, Lactobacillus Acidophilus, Mixed Tocopherols, Zinc Sulfate, dl-Alpha-Tocopheryl Acetate, Niacinamide, Calcium Pantothenate, Thiamine Hydrochloride, Manganese Sulfate, Pyridoxine Hydrochloride, Riboflavin, Copper Sulfate, Vitamin A Palmitate, Folic Acid, Potassium Iodide, Chromium Chloride, Sodium Selenite, Phylloquinone, Sodium Molybdate, Biotin, Vitamin D3, and Vitamin B12.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
66959	PediaSure Grow & Gain Mix Vanilla / 14.1 oz (400 g) Can / 6 ct
66960	PediaSure Grow & Gain Mix Chocolate / 14.1 oz (400 g) Can / 6 ct
66961	PediaSure Grow & Gain Mix Strawberry / 14.1 oz (400 g) Can / 6 ct

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Nutrition Information - Powder Vanilla

	49 g (1/3 cup)	
	Value	%RDI / %DV*
Calories	220	
Total Fat, g	9	12
Saturated Fat, g	1.5	8
Trans Fat, g	0	
Polyunsaturated Fat, g	2	
Monounsaturated Fat, g	4.5	
Cholesterol, mg	10	3
Sodium, mg	130	6
Total Carbohydrate, g	29	11
Dietary Fiber, g	<1	3
Total Sugars, g	12	
Added Sugars, g	12	24
Protein, g	6	12
Vitamin D, mcg	3.6	20
Calcium, mg	180	15
Iron, mg	2.5	15
Potassium, mg	280	6
Vitamin A		10
Vitamin C		20
Vitamin E		10
Vitamin K		8
Thiamin		45
Riboflavin		30
Niacin		15
Vitamin B6		25
Folate		20
Folic Acid, mcg	45	
Vitamin B12		20
Biotin		10
Pantothenic Acid		25
Phosphorus		10
Iodine		10
Magnesium		6
Zinc		10
Selenium		10
Copper		15
Manganese		10
Chromium		15
Molybdenum		15

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Nutrition Information - Powder Vanilla

	49 g (1/3 cup)	
	Value	%RDI / %DV*
Chloride		8
Choline		10

Powder Vanilla Footnotes & References

Per 49 g (1/3 cup)

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Preparation

Instructions for Use:

- 1 5 scoops of powder (1/3 cup) plus 3/4 cup water equals an 8 fl oz serving.
- 1 Once mixed, the shake should be used or refrigerated within 24 hours.
- 1 Once opened, store powder in a cool, dry place and use contents within 3 weeks.
- 1 Use as part of a healthy diet.

Storage & Handling

Directions

- 1 Once mixed, the shake should be used or refrigerated within 24 hours.
- 1 Once opened, store powder in a cool dry place and use contents within 3 weeks.