

## Product Information: PediaSure® Fibre

For more information, contact your Abbott Nutrition sales representative or visit  
[www.abbottnutrition.ca](http://www.abbottnutrition.ca)



## Usage

- 1 For children: who may benefit from dietary fibre; requiring short- or long-term tube feeding; with increased nutrient needs; with or at risk for malnutrition; with growth faltering.
- 1 For children 1 to 13 years of age.
- 1 For oral or tube feeding use.
- 1 Can be used as a supplement or as a sole source of nutrition.

## Features

- 1 Provides 1.1 g of dietary fibre per 235 mL.
- 1 Fortified with taurine and carnitine to help prevent deficiencies associated with long-term tube feeding.<sup>1,2,3</sup>
- 1 19.5% of fat as medium chain triglycerides, an easily digested and well-absorbed fat source.<sup>4</sup>
- 1 Provides 27 vitamins and minerals.
- 1 Gluten-free.
- 1 Kosher.
- 1 Halal.

## Safety Precautions

- 1 Not for parenteral use.
- 1 For children under 1 year of age, consult a physician or qualified health care professional prior to using PediaSure® Fibre.

<sup>1</sup> Feller AG, et al. *Am J Clin Nutr.* 1987;45:476-83.

<sup>2</sup> Fischer MH, et al. *JPEN.* 1990;14:270-4.

<sup>3</sup> Bourdet B, et al. *J Nutr Health Aging.* 2010;14(3):253.

<sup>4</sup> Duggan C, et al. *Nutrition in Pediatrics: Standard and Specialized Enteral Formulas.* BC Decker Inc. Hamilton. 2008.

## Ingredients

### Liquid Vanilla:

Water, Corn Maltodextrin, Sugar, Sodium Caseinate, High Oleic Safflower Oil, Soy Oil, Modified Coconut and/or Palm Kernel Oils (Medium Chain Triglycerides), Whey Protein Concentrate, Soy Cotyledon Fibre, Natural and Artificial Flavour, Monoglycerides, Soy Lecithin, Carrageenan, Taurine, L-Carnitine, MINERALS (Calcium Phosphate Tribasic, Potassium Citrate, Magnesium Chloride, Potassium Phosphate Dibasic, Potassium Chloride, Potassium Hydroxide, Ferrous Sulphate, Zinc Sulphate, Manganese Sulphate, Cupric Sulphate, Potassium Iodide, Sodium Molybdate, Sodium Selenite), VITAMINS (Choline Chloride, Ascorbic Acid, DL-Alpha-Tocopheryl Acetate, Niacinamide, Calcium D-Pantothenate, Thiamine Chloride Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Folic Acid, D-Biotin, Phylloquinone, Cyanocobalamin, Vitamin D3), and As Needed: Sodium Citrate.

**Allergens:** Contains: Milk, Soy.

## Availability

List Number	Item
6219713	PediaSure® Fibre, Vanilla; 235-mL cans; 12/case

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Abbott Nutrition Abbott Laboratories Co.  
Saint-Laurent, Quebec, Canada H4S 1Z6  
1-866-767-7411



## Nutrition Information - Liquid Vanilla

	100 mL	235 mL
	Value	Value
ENERGY, Cal (kJ)	100 (419)	235 (984)
Protein, g	3.0	7.1
Taurine, mg	7.2	17
Carnitine, mg	1.7	4
Fat, g	5.0	12
Linoleic Acid, g	0.8	1.9
Linolenic Acid, g	0.1	0.2
Carbohydrate, g	11	26
Fibre, g	0.5	1.1
Water, g	85	201
Vitamin A, IU	259	608
Vitamin D, IU	32	75
Vitamin E, IU	3.5	8.2
Vitamin K, mg	0.003	0.008
Vitamin C, mg	10	24
Thiamine, mg	0.27	0.64
Riboflavin, mg	0.21	0.5
Niacin, mg	1.7	4
Vitamin B6, mg	0.26	0.62
Folic Acid, mg	0.037	0.088
Vitamin B12, mg	0.0006	0.0014
Pantothenic Acid, mg	1	2.4
Biotin, mg	0.032	0.076
Choline, mg	30	71
Sodium, mg	37	87
Potassium, mg	130	306
Chloride, mg	101	238
Calcium, mg	97	228
Phosphorus, mg	80	188
Magnesium, mg	20	47
Iron, mg	1.4	3.3
Zinc, mg	1.2	2.8
Iodine, mg	0.0097	0.023
Copper, mg	0.1	0.24
Manganese, mg	0.25	0.59
Selenium, mg	0.0023	0.0054
Chromium, mg	0.003	0.0071
Molybdenum, mg	0.0036	0.0084

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## Product Characteristics

	Value
Caloric Density (Cal/mL)	1.0
Protein (% of total energy)	12.1
Protein Source	Sodium caseinate, whey protein concentrate, soy cotyledon fibre
Fat (% of total energy)	44.8
MCT oil (% of total fats)	19.5
Omega-6:Omega-3 Ratio	11:1
Fat Source	High oleic safflower oil, soy oil, MCT oil
Carbohydrate (% of total energy)	43.0
Carbohydrate Source	Corn maltodextrin, sugar, soy cotyledon fibre
Total Cal:g Nitrogen Ratio	206:1
Nonprotein Cal:g Nitrogen Ratio	181:1
Water (g/L)	854
Osmolality (mOsm/kg water)	345
Renal Solute Load (mOsm/L)	275
Recommended Tube Size for Gravity/Pump Feeding (Fr)	10/8
Fibre	Yes

## Preparation

### Directions for Use:

- 1 Store unopened at room temperature.
- 1 Shake well.
- 1 Clean top of can thoroughly before opening.
- 1 After opening, cover, refrigerate and use within 48 hours.

### Oral Feeding

- 1 May be used for total or supplemental nutrition.
- 1 PediaSure® Fibre tastes best when chilled.

### Tube Feeding

- 1 Minimal tube size: gravity feeding 10 Fr, enteral feeding pump 8 Fr.
- 1 Follow health care professional instructions for flow rate, volume and need for additional fluids.
- 1 Care should be taken to avoid contamination during preparation and administration.