

Product Information: PediaSure Complete® Grow & Gain™ Reduced Sugar

For more information, contact your Abbott Nutrition sales representative or visit
www.abbottnutrition.ca

PediaSure Complete® Grow & Gain™ Reduced Sugar

Nutritional supplement

Usage

- 1 Complete, Balanced Nutrition to help support growth and development. PediaSure Complete® Grow & Gain™ can be used with or between meals as part of a healthy diet.
- 1 For children: who lack variety in their diet; with feeding difficulties; who require additional calories and/or nutrients due to a poor appetite or intake; with high energy and nutrient needs; with growth faltering.
- 1 For oral feeding.

Features

- 1 33% less sugar than the original PediaSure Complete® formulation.
- 1 Provides 27 vitamins and minerals.
- 1 9 g protein to help build strong muscles and antibodies.
- 1 DHA, an Omega-3 fatty acid that supports the normal physical development of the brain and eyes.¹
- 1 3 delicious, kid-approved flavours.
- 1 Convenient, reclosable bottle.
- 1 Low-residue.
- 1 Gluten-free.
- 1 Kosher.
- 1 Halal.



Safety Precautions

- 1 Not for tube feeding.
- 1 Not for parenteral use.
- 1 Maximum of 1 serving per day for children 1 – 3 years old.
- 1 Consult a health care professional if child is taking blood thinners.
- 1 For children under 1 year of age, consult a physician or qualified health care professional prior to using PediaSure Complete® Grow & Gain™ Reduced Sugar.

¹ Canadian Food Inspection Agency: Health Claims – Nutrient Function Claims. Last modified on 2019-10-31. [Accessed online on 2024-04-16]

Ingredients

Liquid Vanilla:

Water, Corn Maltodextrin, Sugar, Milk Protein Concentrate, Canola Oil, Soy Protein, Corn Oil, Soya Oil, Natural and Artificial Flavour, Cellulose Gel, Tuna Oil, Cellulose Gum, Monoglycerides, Soy Lecithin, Carrageenan, Stevia Leaf Extract, Lutein, MINERALS (Potassium Citrate, Calcium Phosphate, Potassium Chloride, Magnesium Phosphate, Potassium Phosphate, Calcium Carbonate, Salt, Ferrous Sulphate, Zinc Sulphate, Manganese Sulphate, Copper Sulphate, Chromium Chloride, Potassium Iodide, Sodium Molybdate, Sodium Selenate), VITAMINS (Ascorbic Acid, Choline Chloride, DL-Alpha-Tocopheryl Acetate, Niacinamide, Calcium D-Pantothenate, Thiamine Chloride Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Folic Acid, Phylloquinone, Vitamin D3, Biotin, and Cyanocobalamin).

Allergens: Contains: Milk, Soy.

Availability

List Number	Item
6782113	PediaSure Complete® Grow & Gain Reduced Sugar, Vanilla; 235-mL bottles; 4 x 4/case
6782213	PediaSure Complete® Grow & Gain Reduced Sugar, Chocolate; 235-mL bottles; 4 x 4/case
6782313	PediaSure Complete® Grow & Gain Reduced Sugar, Strawberry; 235-mL bottles; 4 x 4/case

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Nutrition Information - Liquid Vanilla

	235 mL	100 mL
	Value	Value
Energy, Cal	240	100
Protein, g	9	3.66
Fat, g	8	3.49
Polyunsaturates, g	3	1.28
Docosahexaenoic Acid (DHA), mg	32	14
Omega-6, g	2.5	1.06
Omega-3, g	0.5	0.21
Monounsaturates, g	3.5	1.49
Saturates, g	1	0.43
Trans, g	0	0
Cholesterol, mg	5	2.13
Carbohydrate, g	32	13.62
Fibre, g	0	0
Sugars, g	14	5.96
Lutein, mcg	120	49
Vitamin A, mcg	150	58
Vitamin D, mcg	6	2.55
Vitamin E, mg	2.5	1.0
Vitamin K, mcg	17	7.2
Vitamin C, mg	15	6.4
Thiamine, mg	0.30	0.13
Riboflavin, mg	0.30	0.14
Niacin, mg	3	1.36
Vitamin B6, mg	0.35	0.15
Folate, mcg DFE	60	26
Vitamin B12, mcg	0.5	0.21
Pantothenic Acid, mg	1	0.43
Biotin, mcg	4.5	1.9
Choline, mg	60	23.4
Sodium, mg	90	38
Potassium, mg	450	200
Chloride, mg	225	98
Calcium, mg	350	140
Phosphorus, mg	250	106
Magnesium, mg	40	17.9
Iron, mg	2.5	1.15
Zinc, mg	1.75	0.70
Iodide, mcg	30	12.8
Copper, mg	0.14	0.06

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	235 mL	100 mL
	Value	Value
Manganese, mg	0.45	0.20
Selenium, mcg	8	3.5
Chromium, mcg	10	4.2
Molybdenum, mcg	10.5	4.5

Product Characteristics

	Value
Caloric Density (Cal/mL)	1
Protein (% of total energy)	15
Protein Source	Milk protein concentrate, soy protein
Fat (% of total energy)	31
Omega-6:Omega-3 Ratio	4.7:1
MCT oil (% of total fats)	0
Fat Source	Canola oil, corn oil, soy oil, tuna oil
Carbohydrate (% of total energy)	54
Carbohydrate Source	Corn maltodextrin, sucrose
Total Cal:g Nitrogen Ratio	173:1
Nonprotein Cal:g Nitrogen Ratio	148:1
Water (g/L)	840
Osmolality (mOsm/kg water)	499
Renal Solute Load (mOsm/L)	345
Recommended Tube Size for Gravity/Pump Feeding (Fr)	N/A

Liquid Vanilla Footnotes & References

Per 235 mL

* 5% or less is a little, 15% or more is a lot.

† Represents the sum of saturated and trans fats.

Preparation

Directions for Use:

- 1 Shake well — serve cold.
- 1 Once opened, refrigerate and use within 24 hours.

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