



# PaediaSure Plus Fibre sip feed

1.5 kcal/ml complete, balanced nutrition with fibre and FOS\* for children weighing 8-30 kg

## PRESENTATION

- Presented in 200 ml (304 kcal) bottles.
- Available in banana, strawberry and vanilla flavours. NB. There is a separate datasheet for PaediaSure Plus Fibre tube feed.

## USES

Food for Special Medical Purposes, for use under medical supervision. Suitable as a nutritional supplement or as a sole source of nutrition for patients who cannot or will not eat sufficient quantities of everyday food and drink to meet their nutritional requirements.

Nutritionally complete for vitamins and minerals in 619 ml for children aged 1-3 years, 667 ml for children aged 4-6 years and 833 ml for children aged 7-10 years (excluding electrolytes, calculated using the UK Reference Nutrient Intake for these age bands).

## COMMUNITY USE—PRESCRIPTIONS

Can be prescribed on a FP10 (GP10 in Scotland) for the following indications in children weighing 8-30 kg:

- Disease-related malnutrition and/or growth failure
- Short bowel syndrome
- Bowel fistulae
- Intractable malabsorption
- Pre-operative preparation of patients who are malnourished
- Dysphagia

All prescriptions should be endorsed ACBS (Advisory Committee on Borderline Substances).

## STORAGE & DIRECTIONS FOR USE

- Store unopened at room temperature.
- Ready for use. Open immediately prior to use.
- Shake well before use.
- Best served chilled unless bolus feeding is indicated, in which case the product should be administered at room temperature.
- May also be served as warm drinks. To warm, pour into a saucepan and heat gently. Do not boil.
- Once opened, unused product should be resealed and stored in a refrigerator. Unused contents should be discarded after 24 hours.
- Date and time of opening can be recorded on the lid sticker.
- Bottles will attach to all Abbott Nutrition giving sets.

## PRECAUTIONS

- In patients receiving some medications there may be a risk of drug nutrient interactions (e.g. warfarin and vitamin K). Careful prescribing and monitoring practices will serve to reduce the risk (please refer to pharmacist).
- Patients should not make any additions to the feed without consulting their pharmacist or dietitian.
- Many nutritional products contain sucrose and other sugars. It is important for patients who are taking supplements as sip feeds to observe good oral hygiene. It is suggested that patients consult with their dentist for further advice.
- When feeding to patients with dysphagia, please thicken the product as appropriate.

## CONTRA-INDICATIONS

- FOR ENTERAL USE ONLY.
- Do not use in children under 1 year of age.
- Not for use in galactosaemia.
- Suitable for people with diabetes provided that routine glucose checks are performed.

## INGREDIENTS

Water, maltodextrin, sucrose, sodium and calcium caseinates (*milk* protein), high oleic sunflower oil, soy oil, MCT oil from palm kernel oil, whey protein isolate (*milk* protein), *oat* fibre, fructooligosaccharides, *soy* polysaccharide, flavouring, magnesium chloride, tricalcium phosphate, emulsifiers: E322 (*soy* lecithin), E471, gum arabic, potassium phosphate dibasic, potassium citrate, carboxymethyl cellulose, potassium chloride, sodium citrate, choline bitartrate, vitamin C, m-inositol, taurine, ferrous sulphate, zinc sulphate, L-carnitine, citric acid, niacin, calcium pantothenate, copper sulphate, manganese sulphate, thiamin (vitamin B<sub>1</sub>), riboflavin (vitamin B<sub>2</sub>), vitamin A, vitamin E, vitamin B<sub>6</sub>, sodium fluoride, folic acid, potassium iodide, sodium molybdate, chromium chloride, sodium selenite, biotin, vitamin K, vitamin D, vitamin B<sub>12</sub>.

Note: all information based on vanilla flavour. Some minor differences exist between flavours.

## GENERAL INFORMATION

|                |             |
|----------------|-------------|
| Energy density | 1.5 kcal/ml |
|----------------|-------------|

|                      |       |
|----------------------|-------|
| Energy distribution: |       |
| Protein              | 11.1% |
| Carbohydrate         | 43.2% |
| Fat                  | 44.3% |
| Fibre (FOS)          | 1.45% |

|                   |            |
|-------------------|------------|
| Renal solute load | 354 mOsm/L |
|-------------------|------------|

|            |            |
|------------|------------|
| Osmolarity | 389 mOsm/L |
|------------|------------|

|            |                              |
|------------|------------------------------|
| Osmolality | 500 mOsm/kg H <sub>2</sub> O |
|------------|------------------------------|

|              |   |
|--------------|---|
| Gluten free? | ✓ |
|--------------|---|

|                          |   |
|--------------------------|---|
| Clinically lactose free? | ✓ |
|--------------------------|---|

|            |   |
|------------|---|
| Milk free? | ✗ |
|------------|---|

|                           |                |
|---------------------------|----------------|
| Suitable for vegetarians? | ✓ <sup>1</sup> |
|---------------------------|----------------|

For suitability for other diets and free-from information, please contact the Freephone Nutrition Helpline on 0800 252882.

\* Fructooligosaccharides

1. Vitamin D is synthesised from cholesterol, extracted from the grease in wool sheared from live sheep.