

Product Information: Osmolite® 1.5 Cal

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Osmolite® 1.5 Cal

Complete, Balanced Nutrition® without fiber

- 1 OSMOLITE 1.5 CAL is therapeutic nutrition that provides complete, balanced nutrition for long- or short-term tube feeding for patients with increased calorie and protein needs, or for those with limited volume tolerance.
- 1 For tube feeding.
- 1 For supplemental or sole-source nutrition.
- 1 Use under medical supervision.
- 1 Concentrated calories (1.5 Cal/mL) and high in protein (62.7 g/L) to help patients gain and maintain healthy weight.
- 1 Fat blend contains high-oleic safflower, canola, and MCT oils. Patients who absorb lipids improperly may benefit from consuming a formula that contains MCTs as part of the fat source.
- 1 1500 Calories (1000 mL) provides at least 100% of the RDIs for 25 essential vitamins and minerals.
- 1 Kosher.
- 1 Halal.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for IV use.
- 1 Not suitable for people with galactosemia.

Ingredients

Liquid Unflavored:

Water, Corn Maltodextrin, Sodium Caseinate, High Oleic Safflower Oil, Canola Oil, Soy Protein Isolate, Medium chain Triglycerides, Calcium Caseinate. Less than 0.5% of: Potassium Citrate, Calcium Phosphate, Magnesium Chloride, Soy Lecithin, Sodium Citrate, Magnesium Phosphate, Ascorbic Acid, Potassium Chloride, Choline Chloride, Potassium Hydroxide, Potassium Phosphate, Taurine, L-Carnitine, Carrageenan, dl-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Zinc Sulfate, Manganese Sulfate, Niacinamide, Copper Sulfate, Calcium Pantothenate, Riboflavin, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Beta-Carotene, Vitamin A Palmitate, Folic Acid, Chromium Chloride, Sodium Molybdate, Potassium Iodide, Biotin, Phylloquinone, Sodium Selenate, Vitamin D3, and Vitamin B12.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
62699	Osmolite 1.5 Cal / 33.8 fl oz (1 L) Ready-To-Hang Prefilled Container / 8 ct
64837	Osmolite 1.5 Cal / 8 fl oz (237 mL) Recloseable Carton / 24 ct

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Nutrition Information - Liquid Unflavored

	8 fl oz (237 mL)		1 L (33.8 fl oz)	
	Value	%RDI / %DV	Value	%RDI / %DV
Protein, g	14.9		62.7	
Fat, g	11.6		49.1	
Carbohydrate, g	48.2		203.6	
Total Sugars, g	2.5		10.5	
Added Sugars, g	2.5		10.5	
L-Carnitine, mg	36		150	
Taurine, mg	36		150	
Water, g/mL	181		762	
Calories	355		1500	
Vitamin A, mcg RAE	213*		900*	
Vitamin D, mcg	4.7		20	
Vitamin E, mg	14		60	
Vitamin K, mcg	40		170	
Vitamin C, mg	47		200	
Folate, mcg DFE	95		400	
Folic Acid, mcg	57		240	
Thiamin (Vitamin B1), mg	0.45		1.9	
Riboflavin (Vitamin B2), mg	0.76		3.2	
Vitamin B6, mg	0.54		2.3	
Vitamin B12, mcg	2.8		12	
Niacin, mg NE	4.7		20	
Choline, mg	142		600	
Biotin, mcg	7.1		30	
Pantothenic Acid, mg	1.9		7.9	
Sodium, mg	316		1330	
Potassium, mg	517		2180	
Chloride, mg	403		1700	
Calcium, mg	308		1300	
Phosphorus, mg	296		1250	
Magnesium, mg	100		420	
Iodine, mcg	36		150	
Manganese, mg	1.0		4.3	
Copper, mg	0.52		2.2	
Zinc, mg	3.1		13	
Iron, mg	4.3		18	
Selenium, mcg	18		74	
Chromium, mcg	19		80	
Molybdenum, mcg	30		128	

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Abbott Nutrition Abbott Laboratories
 Columbus, OH 43219-3034
 1-800-227-5767



Liquid Unflavored Footnotes & References

Per 8 fl oz (237 mL)

* 116 mcg RAE of Vitamin A activity supplied by 292 mcg of Beta-Carotene.

Per 1 L (33.8 fl oz)

* 490 mcg RAE of Vitamin A activity supplied by 1233 mcg of Beta-Carotene.

Preparation

Instructions for Use:

8 fl oz carton

- 1 Store unopened at room temperature; avoid extreme temperatures.
- 1 Shake well prior to opening.
- 1 Once opened, reclose, refrigerate and **use within 48 hours**.

Oral Feeding:

- 1 May be used for total or supplemental nutrition.
- 1 May be fed at room temperature or chilled.

Tube Feeding:

- 1 Follow physician's instructions.
- 1 Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Feed at room temperature using a feeding pump or syringe.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- 1 Avoid contamination during preparation and use.

Ready-To-Hang Container

All medical foods, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination.

NOTE: Failure to follow the Instructions for Use increases the potential for microbial contamination and reduces hangtime.

- 1 Administer product at room temperature.
- 1 THOROUGHLY wash hands with soap and water before handling container or feeding set.
- 1 Turn container upside down and SHAKE VIGOROUSLY, using a twisting motion for at least 10 seconds.
- 1 DO NOT touch any part of the container or feeding set that comes into contact with the formula.
- 1 When initiating feeding, follow physician's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.

For Use with Enteral Feeding Pumps:

- 1 Remove dust cover from RTH Safety Screw Cap.
- 1 Remove dust cover from feeding set connector.
- 1 Insert feeding set connector into port of RTH Safety Screw Cap and completely pierce foil.
- 1 Turn connector collar clockwise until it is securely fastened.
- 1 Close clamp on set before inverting container.
- 1 Invert container and suspend, using hanging ring on bottom of container.
- 1 Follow directions for use provided by manufacturer of feeding sets.
- 1 Unless a shorter hang time is specified by the set manufacturer, hang product for up to 48 hours after initial connection when clean technique and only one new set are used. Otherwise hang for no more than 24 hours.