

Product Information: Osmolite® 1.2 Cal

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Osmolite® 1.2 Cal

Complete, Balanced Nutrition® without Fiber

- 1 OSMOLITE 1.2 CAL is high-protein therapeutic nutrition that provides complete, balanced nutrition for long- or short-term tube feeding for patients who may benefit from increased protein and calories.
- 1 For tube feeding.
- 1 For supplemental or sole-source nutrition.
- 1 May be used for oral feeding of patients with altered taste perception.
- 1 Use under medical supervision.
- 1 Concentrated calories (1.2 Cal/mL) and high in protein (18.5% of Cal) to help patients gain and maintain healthy weight. Protein is needed for lean body tissue maintenance and repair.
- 1 Fat blend contains high-oleic safflower, canola, and MCT oils. Patients who absorb lipids improperly may benefit from consuming a formula that contains MCTs as part of the fat source.
- 1 1500 Calories (1250 mL) provides at least 100% of the RDIs for 25 essential vitamins and minerals.
- 1 Kosher.
- 1 Halal.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for IV use.
- 1 Not for people with galactosemia.

¹ Weitzel LR, et al. *Curr Opin Anaesthesiol.* 2009;22(2):177-183.

² Demling RH. *Eplasty.* 2009;9:65-94.

Ingredients

Liquid Unflavored:

Water, Corn Maltodextrin, Sodium Caseinate, High Oleic Safflower Oil, Calcium Caseinate, Canola Oil, Medium chain Triglycerides. Less than 0.5% of: Potassium Citrate, Calcium Phosphate, Magnesium Phosphate, Soy Lecithin, Potassium Chloride, Sodium Citrate, Magnesium Chloride, Choline Chloride, Cellulose Gel, Ascorbic Acid, Potassium Phosphate, Potassium Hydroxide, Taurine, L-Carnitine, Cellulose Gum, dl-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Zinc Sulfate, Manganese Sulfate, Niacinamide, Copper Sulfate, Calcium Pantothenate, Thiamine Hydrochloride, Riboflavin, Pyridoxine Hydrochloride, Beta-Carotene, Vitamin A Palmitate, Folic Acid, Chromium Chloride, Potassium Iodide, Sodium Molybdate, Sodium Selenate, Biotin, Phylloquinone, Vitamin D3, and Vitamin B12.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
62693	Osmolite 1.2 Cal / 50.7 fl oz (1.5 L) Ready-To-Hang Prefilled Container / 6 ct
62697	Osmolite 1.2 Cal / 33.8 fl oz (1 L) Ready-To-Hang Prefilled Container / 8 ct
64635	Osmolite 1.2 Cal / 8 fl oz (237 mL) Recloseable Carton / 24 ct

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Nutrition Information - Liquid Unflavored

	8 fl oz (237 mL)		1 L (33.8 fl oz)		1.5 L (50.7 fl oz)	
	Value	%RDI / %DV	Value	%RDI / %DV	Value	%RDI / %DV
Protein, g	13.2		55.5		83.3	
Fat, g	9.3		39.3		59	
Carbohydrate, g	37.5		157.5		236.1	
Total Sugars, g	2		8.4		12.7	
Added Sugars, g	2		8.4		12.7	
L-Carnitine, mg	36		150		225	
Taurine, mg	36		150		225	
Water, g(mL)	195		820		1230	
Calories	285		1200		1800	
Vitamin A, mcg RAE	171*		720*		1080*	
Vitamin D, mcg	3.8		16		24	
Vitamin E, mg	10		42		63	
Vitamin K, mcg	29		123		185	
Vitamin C, mg	59		250		375	
Folate, mcg DFE	76		320		480	
Folic Acid, mcg	46		192		288	
Thiamin (Vitamin B1), mg	0.41		1.7		2.6	
Riboflavin (Vitamin B2), mg	0.59		2.5		3.7	
Niacin, mg NE	4		17		26	
Vitamin B6, mg	0.33		1.4		2.1	
Vitamin B12, mcg	2.3		9.6		14.4	
Choline, mg	142		600		900	
Biotin, mcg	5.7		24		36	
Pantothenic Acid, mg	0.95		4		6.0	
Sodium, mg	253		1067		1600	
Potassium, mg	539		2274		3410	
Chloride, mg	356		1500		2250	
Calcium, mg	284		1200		1800	
Phosphorus, mg	284		1200		1800	
Magnesium, mg	88		370		555	
Iodine, mcg	36		150		225	
Manganese, mg	0.81		3.4		5.1	
Copper, mg	0.41		1.7		2.6	
Zinc, mg	2.5		11		16	
Iron, mg	3.4		14.4		22	
Selenium, mcg	14		58		87	
Chromium, mcg	14		58		87	
Molybdenum, mcg	23		99		148	

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Liquid Unflavored Footnotes & References

Per 8 fl oz (237 mL)

*122 mcg RAE of vitamin A activity supplied by 307 mcg of beta-carotene.

Per 1 L (33.8 fl oz)

*515 mcg RAE of vitamin A activity supplied by 1295 mcg of beta-carotene.

Per 1.5 L (50.7 fl oz)

*773 mcg RAE of vitamin A activity supplied by 1943 mcg of beta-carotene.

Preparation

Instructions for Use:

8 fl oz carton

- 1 Store unopened at room temperature; avoid extreme temperatures.
- 1 Shake well prior to opening.
- 1 Once opened, reclose, refrigerate and **use within 48 hours**.

Oral Feeding:

- 1 May be used for total or supplemental nutrition.
- 1 May be fed at room temperature or chilled.

Tube Feeding:

- 1 Follow physician's instructions.
- 1 Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Feed at room temperature using a feeding pump or syringe.
- 1 Additional fluid requirements should be met by giving water between or after feedings, or when flushing the tube.
- 1 Avoid contamination during preparation and use.

Ready-To-Hang Container

All medical foods, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination.

NOTE: Failure to follow the Instructions for Use increases the potential for microbial contamination and may reduce hangtime.

- 1 Administer product at room temperature.
- 1 THOROUGHLY wash hands with soap and water before handling container or feeding set.
- 1 Turn container upside down and SHAKE VIGOROUSLY, using a twisting motion for at least 10 seconds.
- 1 DO NOT touch any part of the container or feeding set that comes into contact with the formula.
- 1 When initiating feeding, follow physician's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.

For Use with Enteral Feeding Pumps:

- 1 Remove dust cover from RTH Safety Screw Cap.
- 1 Remove dust cover from feeding set connector.
- 1 Insert feeding set connector into port of RTH Safety Screw Cap and completely pierce foil.
- 1 Turn connector collar clockwise until it is securely fastened.
- 1 Close clamp on set before inverting container.
- 1 Invert container and suspend, using hanging ring on bottom of container.
- 1 Follow directions for use provided by manufacturer of feeding sets.
- 1 Unless a shorter hang time is specified by the set manufacturer, hang product for up to 48 hours after initial connection when clean technique and only one new set are used. Otherwise hang for no more than 24 hours.