

Product Information: Osmolite® 1.2 Cal

For more information, contact your Abbott Nutrition sales representative or visit
www.abbottnutrition.ca

Osmolite® 1.2 Cal

Calorically-dense, low-residue liquid formula

Usage

- 1 Osmolite® 1.2 Cal is a high-protein liquid formula that provides complete, balanced nutrition for people who may benefit from increased calories and protein.
- 1 For short- or long-term tube feeding.
- 1 For supplemental or as a sole source of nutrition.
- 1 May be used for oral feeding of people with altered taste perception.

Features

- 1 Concentrated calories (1.2 Cal/mL) and high in protein (18.5% of Cal) to help patients gain and maintain healthy weight. Protein is needed for lean body tissue maintenance and repair.
- 1 Low-residue.
- 1 Gluten-free.
- 1 Kosher.
- 1 Halal.



Safety Precautions

- 1 Not for parenteral use.

Ingredients

Liquid Unflavored:

Water, Corn Maltodextrin, Sodium Caseinate, High Oleic Safflower Oil, Calcium Caseinate, Canola Oil, Modified Coconut and/or Palm Kernel Oils (Medium Chain Triglycerides), Soy Lecithin, Cellulose Gel, Taurine, L-Carnitine, Cellulose Gum, MINERALS (Tricalcium Phosphate, Sodium Citrate, Magnesium Phosphate, Potassium Citrate, Potassium Chloride, Magnesium Chloride, Dipotassium Phosphate, Zinc Sulphate, Ferrous Sulphate, Manganese Sulphate, Copper Sulphate, Chromium Chloride, Sodium Molybdate, Potassium Iodide, Sodium Selenate), VITAMINS (Ascorbic Acid, Choline Chloride, DL-Alpha-Tocopheryl Acetate, Niacinamide, Calcium D-Pantothenate, Thiamine Chloride Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Beta-Carotene, Vitamin A Palmitate, Folic Acid, D-Biotin, Phylloquinone, Cyanocobalamin, Vitamin D3), and As Needed: Potassium Hydroxide.

Allergens: Contains: Milk, Soy.

Availability

List Number	Item
6218113	Osmolite® 1.2 Cal; 235-mL cans; 24/case
6269313	Osmolite® 1.2 Cal; 1.5-L ready-to-hang containers; 6/case

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Abbott Nutrition Abbott Laboratories Co.
Saint-Laurent, Quebec, Canada H4S 1Z6
1-866-767-7411



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Nutrition Information - Liquid Unflavored

	100 mL	235 mL
	Value	Value
ENERGY, Cal (kJ)	502 (120)	282 (1180)
Protein, g	5.6	13
Taurine, mg	15	35
Carnitine, mg	15	35
Fat, g	3.9	9.2
Linoleic Acid, g	0.4	0.9
Linolenic Acid, g	0.1	0.2
Carbohydrate, g	16	37
Fibre, g	0	0
Water, g	82	192
Vitamin A, IU	400*	940*
Vitamin D, IU	30	70
Vitamin E, IU	3.8	8.9
Vitamin K, mg	0.008	0.019
Vitamin C, mg	30	71
Thiamine, mg	0.23	0.54
Riboflavin, mg	0.26	0.61
Niacin, mg	3	7.1
Vitamin B6, mg	0.3	0.71
Folic Acid, mg	0.06	0.14
Vitamin B12, mg	0.0009	0.0021
Pantothenic Acid, mg	1.5	3.5
Biotin, mg	0.045	0.11
Choline, mg	60	141
Sodium, mg	135	317
Potassium, mg	181	425
Chloride, mg	154	362
Calcium, mg	120	282
Phosphorus, mg	120	282
Magnesium, mg	40	94
Iron, mg	1.8	4.2
Zinc, mg	2.3	5.4
Iodine, mg	0.015	0.035
Copper, mg	0.2	0.47
Manganese, mg	0.5	1.2
Selenium, mg	0.007	0.017
Chromium, mg	0.012	0.028
Molybdenum, mg	0.015	0.035

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Product Characteristics

	Value
Caloric Density (Cal/mL)	1.2
Protein (% of total energy)	18.5
Protein Source	Sodium and calcium caseinates
Fat (% of total energy)	29.0
MCT oil (% of total fats)	19.1
Omega-6:Omega-3 Ratio	5:1
Fat Source	High oleic safflower oil, canola oil, MCT oil, soy lecithin
Carbohydrate (% of total energy)	52.5
Carbohydrate Source	Corn maltodextrin
Total Cal:g Nitrogen Ratio	138:1
Nonprotein Cal:g Nitrogen Ratio	113:1
Water (g/L)	817
Osmolality (mOsm/kg water)	360
Renal Solute Load (mOsm/L)	465
Recommended Tube Size for Gravity/Pump Feeding (Fr)	8/5

Liquid Unflavored Footnotes & References

Per 100 mL

*262 IU of vitamin A activity supplied by 0.2 mg of beta-carotene.

Per 235 mL

*616 IU of vitamin A activity supplied by 0.47 mg of beta-carotene.

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Preparation

Instructions for Use:

All formulated liquid diet products, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination.

235-mL Can

- 1 Store unopened at room temperature. Shake well and clean top of can thoroughly before opening. Once opened, cover, refrigerate and use within 48 hours.

Tube Feeding:

- 1 Follow health care professional instructions for flow rate, volume and need for additional fluids. Care should be taken to avoid contamination during preparation and administration.

Ready-to-Hang Container

NOTE: Failure to follow the INSTRUCTIONS FOR USE increases the potential for microbial contamination and may reduce hang time.

- 1 Pump feeding is recommended; use a 10 Fr or larger tube. For gravity feeding, use a 10 Fr or larger tube.
- 1 Administer product at room temperature.
- 1 THOROUGHLY wash hands with soap and water before handling container or feeding set.
- 1 SHAKE CONTAINER VIGOROUSLY upside down for at least 10 seconds.
- 1 DO NOT touch any part of container or feeding set that comes in contact with the formula.
- 1 Visually inspect for signs of leakage. DO NOT use if leakage is apparent.
- 1 When initiating feeding, follow health care professional's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.

When using an enteral feeding pump:

- 1 Remove protective cover from READY-TO-HANG (RTH) Safety Screw Cap.
- 1 Remove protective cover from feeding set connector.
Insert feeding set connector into port of RTH Safety Screw Cap and pierce foil.
- 1 Turn feeding set connector collar clockwise until it is securely fastened.
- 1 Close clamp on feeding set before inverting container.
- 1 Invert container and suspend, using hanging ring on bottom of container.

PRECAUTIONS:

- 1 Follow directions for use provided by manufacturer of feeding sets.
- 1 Unless a shorter hang time is specified by the set manufacturer, hang product for up to 48 hours after initial connection when clean technique and only one new set are used. Otherwise hang for no more than 24 hours.