Product Information: Osmolite® 1.0 Cal

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Abbott Nutrition Abbott Laboratories
Columbus, OH 43219-3034
1-800-227-5767

Osmolite® 1.0 Cal

Complete, Balanced Nutrition® without Fiber

- OSMOLITE 1.0 CAL is therapeutic nutrition that provides complete, balanced nutrition for long- or short-term tube-feeding for patients with caloric requirements of less than 2000 calories per day or for patients with increased protein requirements.
- For tube feeding.
- For supplemental or sole-source nutrition.
- May be used for oral feeding of patients with altered taste perception.
- Use under medical supervision.
- Provides protein to help support lean body mass.
- Fat blend contains canola, MCT and corn oils. Patients who absorb lipids improperly may benefit from consuming a formula that contains MCTs as part of the fat source.
- 1590 Calories (1500mL) provides at least 100% of the RDIs for 25 essential vitamins and minerals.
- Kosher.
- Halal.
- Gluten-free.
- Suitable for lactose intolerance.

Safety Precautions

- Not for IV use.
- Not suitable for people with galactosemia.

Ingredients

Liquid Unflavored:

Water, Corn Maltodextrin, Corn Syrup Solids, Sodium Caseinate, Soy Protein Isolate, Canola Oil, Corn Oil, Medium Chain Triglycerides, Calcium Caseinate. Less than 0.5% of: Calcium Phosphate, Soy Lecithin, Potassium Citrate, Potassium Chloride, Sodium Citrate, Magnesium Phosphate, Magnesium Chloride, Ascorbic Acid, Choline Chloride, Potassium Hydroxide, Calcium Carbonate, Sodium Hydroxide, Carrageenan, Taurine, L-Carnitine, dl-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Zinc Sulfate, Manganese Sulfate, Niacinamide, Calcium Pantothenate, Copper Sulfate, Riboflavin, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Vitamin A Palmitate, Chromium Chloride, Sodium Molybdate, Folic Acid, Potassium Iodide, Sodium Selenate, Phylloquinone, Biotin, Vitamin D3, and Vitamin B12.
Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
62691	Osmolite 1.0 Cal / 33.8 fl oz (1 L) Ready-To-Hang Prefilled Container / 8 ct
64633	Osmolite 1.0 Cal / 8 fl oz (237 mL) Recloseable Carton / 24 ct

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Nutrition Information - Liquid Unflavored

	8 fl oz (237 mL)		33.8 fl oz (1 L)	
	Value	%RDI / %DV	Value	%RDI / %DV
Protein, g	10.5		44.3	
Fat, g	8.2		34.7	
Carbohydrate, g	33.9		143.9	
Dietary Fiber, g	0		0	
Total Sugars, g	1.7		7	
Added Sugars, g	1.7		7	
L-Carnitine, mg	27		115	
Taurine, mg	27		115	
Water, mL	198		835	
Calories	250		1060	
Vitamin A, mcg RAE	142		600	
Vitamin D, mcg	3.2		13.3	
Vitamin E, mg	7.3		30.7	
Vitamin K, mcg	25		106	
Vitamin C, mg	55		232	
Folate, mcg DFE	63		267	
Folic Acid, mcg	38		160	
Thiamin (Vitamin B1), mg	0.27		1.1	
Riboflavin (Vitamin B2), mg	0.43		1.8	
Vitamin B6, mg	0.33		1.4	
Vitamin B12, mcg	1.9		8	
Niacin, mg NE	3.3		14	
Choline, mg	108		455	
Biotin, mcg	4.7		20	
Pantothenic Acid, mg	0.95		4	
Sodium, mg	220		930	
Potassium, mg	372		1570	
Chloride, mg	341		1440	
Calcium, mg	206		870	
Phosphorus, mg	198		835	
Magnesium, mg	69		290	
Iodine, mcg	28		118	
Manganese, mg	0.69		2.9	
Copper, mg	0.36		1.5	
Zinc, mg	2.2		9.4	
Iron, mg	2.8		12	
Selenium, mcg	11		48	
Chromium, mcg	11		48	
Molybdenum, mcg	19		82	

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Preparation

Instructions for Use:

8 fl oz Container

- Store unopened at room temperature; avoid extreme temperatures.
- Shake well prior to opening.
- After opening, refrigerate and consume product within 48 hours. If consuming product directly from the container, refrigerate and consume within 24 hours.

Oral Feeding

- May be used for total or supplemental nutrition.
- May be fed at room temperature or chilled.

Tube Feeding

- Follow physician's instructions.
- Adjust flow rate and volume according to patient's condition and tolerance.
- Feed at room temperature using a feeding pump or syringe.
- Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- Avoid contamination during preparation and use.

Ready-To-Hang Container

All medical foods, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination.

NOTE: Failure to follow the **INSTRUCTIONS FOR USE** increases the potential for microbial contamination and may reduce hangtime.

- Administer product at room temperature.
- THOROUGHLY wash hands with soap and water before handling container or feeding set.
- Turn container upside down and SHAKE VIGOROUSLY, using a twisting motion for at least 10 seconds.
- DO NOT touch any part of the container or feeding set that comes into contact with the formula.
- When initiating feeding, follow physician's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
- Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.

For Use with Enteral Feeding Pumps:

- Remove dust cover from RTH Safety Screw Cap.
- Remove dust cover from feeding set connector.
- Insert feeding set connector into port of RTH Safety Screw Cap and completely pierce foil.
- Turn connector collar clockwise until it is securely fastened.
- Close clamp on set before inverting container.
- Invert container and suspend, using hanging ring on bottom of container.

Precautions

- Follow directions for use provided by manufacturer of feeding sets.
- Unless a shorter hang time is specified by the set manufacturer, hang product for up to 48 hours after initial connection when clean technique and only one new set are used. Otherwise hang for no more than 24 hours.

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