

Nutrition Care Model

Principles to Transform Hospital Environment

Create Institutional Culture

View nutrition as priority for improving care quality and cost.

Redefine Clinicians' Roles to Include Nutrition

Empower all clinicians to address patients' nutritional needs.

Communicate Nutrition Care Plans

Leverage EHR to standardize nutrition documentation.

Principles to Guide Clinician Action

Recognize and Diagnose ALL Patients at Risk

Screen, assess, and diagnose all patients' malnutrition risk.

Rapidly Implement Interventions and Continued Monitoring

Establish and enforce policy to intervene within 24 hours of at-risk assessment.

Develop Discharge Nutrition Care and Education Plan

Incorporate nutrition counseling in the discharge plan.

Follow these **six principles** to effectively address malnutrition and improve patient outcomes in your hospital.

Principles To Transform Hospital Environment

Create Institutional Culture

- Know the facts — nutrition improves patient outcomes
- Support adequate and appropriate nutrition intervention
- Identify motivated champions among hospital stakeholders

Redefine Clinicians' Roles to Include Nutrition

- Empower dietitians
- Secure physician and nurse leadership
- Engineer teamwork (e.g. daily team huddles) to include nutrition

Communicate Nutrition Care Plans

- Leverage EHR to standardize nutrition documentation
- When present, ensure coding of mild, moderate, or severe malnutrition as complicating condition to primary diagnosis

Principles To Transform Hospital Environment

Recognize and Diagnose ALL Patients at Risk

- Assure accountability for malnutrition identification
- Use valid screening tool and criteria to assess/diagnose malnutrition
- Include fields for malnutrition characteristics in EHR

Rapidly Implement Interventions and Continued Monitoring

- Establish policy to feed patients within 24 hours of 'at-risk' screen
- Create EHR prompt for diet order when 'at-risk' screening data entered
- Monitor patients' food and oral nutritional supplement consumption

Develop Discharge Nutrition Care and Education Plan

- Ensure nutrition care plan incorporated into the discharge plan
- Educate patients and their families
- Communicate with the patients' primary care physician

To learn more on how you can make a positive impact on your patients' outcomes, visit www.malnutrition.com.