

LACTOSE CONTENT OF ABBOTT NUTRITION PRODUCTS

All Abbott Nutrition products, with the exception of Similac® Isomil® and our pediatric specialty products, contain some milk protein. With improvements in testing methodology, low levels of lactose in the products can now be detected.

Most people with lactose intolerance can tolerate some amount of lactose in their diet. A review of the medical and scientific literature^{1,2} suggests that most lactose intolerant patients could tolerate **up to 6 g** of lactose per serving.

Abbott Nutrition adult nutritional products contain less than 500 mg of lactose per serving and are therefore **suitable for most people with lactose intolerance**.

However, such products are not suitable for patients with galactosemia. "Not suitable for galactosemia" will be indicated on the label.

For additional information regarding lactose, please contact our team of product specialists and registered dietitians at **1-866-767-7411, option 1**.

REFERENCES:

1. Suarez F. Abbott Nutrition Medical assessment of lactose tolerance in the lactose maldigesters population. April 2007. 2. Hertzler SR, Huynh BC, Savaiano DA. How much lactose is low lactose? *J Am Diet Assoc* 1996;96:243-6.