

Product Information: Hi-Cal®

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

- 1 H-CAL is a high-calorie oral supplement fortified with vitamins and minerals.
- 1 For oral use only.
- 1 Use under medical supervision.
- 1 2 Cal/mL.
- 1 Vanilla flavor, ready to serve.
- 1 1-L plastic bottle is reclosable.
- 1 Kosher.
- 1 Halal.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.
- 1 Provides at least 20% of the RDIs for 18 essential vitamins and minerals in 8 fl oz; great for Med-Pass programs.



Safety Precautions

- 1 Not for tube feeding.
- 1 Not for IV use.
- 1 Not suitable for people with galactosemia.

Ingredients

Liquid Vanilla:

Water, Corn Syrup Solids, Sodium Caseinate, Corn Oil, Corn Maltodextrin, Sugar. Less than 0.5% of: Potassium Citrate, Calcium Caseinate, Magnesium Chloride, Natural and Artificial Flavors, Calcium Phosphate, Soy Lecithin, Sodium Citrate, Ascorbic Acid, Choline Chloride, Potassium Hydroxide, Zinc Sulfate, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Vitamin A Palmitate, Riboflavin, Folic Acid, Chromium Chloride, Biotin, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Vitamin D3, and Vitamin B12.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
58253	Hi-Cal Vanilla / 33.8 fl oz (1 L) Bottle / 8 ct

Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV
Calories	475	
Protein, g	19.8	
Fat, g	21.2	
Carbohydrate, g	51.3	
Total Sugars, g	11	
Added Sugars, g	10	
Water, g	166	
Vitamin A, mcg RAE	300	
Vitamin D, mcg	2	
Vitamin E, mg	4.1	
Vitamin K, mcg	16	
Vitamin C, mg	12	
Folate, mcg DFE	133	
Folic Acid, mcg	80	
Thiamin (Vitamin B1), mg	0.3	
Riboflavin (Vitamin B2), mg	0.34	
Vitamin B6, mg	0.4	
Vitamin B12, mcg	1.2	
Niacin, mg NE	4	
Choline, mg	53	
Biotin, mcg	60	
Pantothenic Acid, mg	2	
Sodium, mg	345	
Potassium, mg	580	
Chloride, mg	340	
Calcium, mg	200	
Phosphorus, mg	200	
Magnesium, mg	80	
Iodine, mcg	30	
Manganese, mg	1	
Copper, mg	0.4	
Zinc, mg	4.5	
Iron, mg	3.6	
Selenium, mcg	14	
Chromium, mcg	24	
Molybdenum, mcg	30	

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Preparation

Instructions for Use:

- 1 Clean off the top of the container thoroughly before opening.
- 1 Shake the bottle very well.
- 1 Twist off cap. **Do not use if inner foil is missing or broken.**
- 1 Invert cap and place on the foil seal.
- 1 Press the cap down to pierce the foil seal, then turn the cap a half turn.
- 1 Lift off and throw away the foil.
- 1 Pour and serve.

Storage & Handling

Usage

- 1 Store unopened at room temperature.
- 1 Do not store at extreme temperatures.
- 1 Tastes best chilled, or can be served at room temperature.
- 1 Once opened, reclose, label with time and date, refrigerate, cover and use within 48 hours.
- 1 Opened containers that are held at room temperature can be used for 4 hours. Discard unused portion after 4 hours at room temperature.
- 1 Opened product that has been held at room temperature for up to 1 hour should be reclosed, labeled with time and date, refrigerated, and used within 48 hours.