

Product Information: Go & Grow by Similac® Toddler Drink

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Go & Grow by Similac® Toddler Drink

Milk-Based Powder

- 1 A milk-based drink for toddlers 12 to 36 months old for helping balance toddlers' diets.
- 1 From the makers of the #1 pediatrician recommended infant formula brands.*
- 1 No artificial growth hormones.†
- 1 Opti-GRO™ - our unique blend of brain and eye nutrients like that found in real food, such as:
 - DHA from fish.
 - Lutein from spinach.
 - Vitamin E from broccoli.
- 1 Two 4-fl-oz servings have 25 essential nutrients for growth and development.
- 1 Two 4-fl-oz servings have at least 40% of the recommended daily value‡ of iron, calcium, and vitamins C, D and E.
- 1 Complements toddler's diet.
- 1 Kosher.
- 1 Halal.
- 1 Gluten-free.



Safety Precautions

- 1 Not for children with galactosemia.

* Based on combined recommendations of Similac® and EleCare®

† No significant difference has been shown between milk derived from rbST-treated and non-rbST-treated cows.

‡ Percent daily value (DV) for 1- to 3-year-olds

Ingredients

Powder Unflavored:

Nonfat Milk, Lactose, High Oleic Safflower Oil, Soy Oil, Coconut Oil. Less than 2% of: Short-chain Fructooligosaccharides, Calcium Phosphate, Potassium Hydroxide, Ascorbic Acid, Potassium Phosphate, Choline Chloride, Soy Lecithin, C. Cohnii Oil, Ferrous Sulfate, Taurine, Ascorbyl Palmitate, Inositol, Mixed Tocopherols, d-Alpha-Tocopheryl Acetate, Zinc Sulfate, Niacinamide, Potassium Citrate, Manganese Sulfate, Calcium Pantothenate, Vitamin A Palmitate, Thiamine Hydrochloride, Riboflavin, Pyridoxine Hydrochloride, Copper Sulfate, Lutein, Beta-Carotene, Folic Acid, Vitamin D3, Phylloquinone, Sodium Selenate, Biotin, and Vitamin B12.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
64782	Go & Grow by Similac Powder / 24 oz (680 g) Can / 6 ct
66067	Go & Grow by Similac Powder / 40 oz (1.13 kg) Can / 6 ct
66386	Go & Grow by Similac Powder / 30.8 oz (873 g) Can / 6 ct
67010	Go & Grow by Similac Powder / 24 oz (680 g) Can / 4 ct
67011	Go & Grow by Similac Powder / 30.8 oz (873 g) Can / 4 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Abbott Nutrition Abbott Laboratories
Columbus, OH 43219-3034
1-800-227-5767

2 of 4



Go & Grow by Similac® Toddler Drink

Milk-Based Powder

Nutrition Information - Powder Unflavored

	15 g (2 Tbsp)	
	Value	%RDI / %DV*
Calories	70	
Total Fat, g	4	10
Saturated Fat, g	1.5	13
Trans Fat, g	0	
Polyunsaturated Fat, g	1	
Monounsaturated Fat, g	1.5	
Cholesterol, mg	0	0
Sodium, mg	25	2
Total Carbohydrate, g	7	5
Dietary Fiber, g	0	2
Total Sugars, g	7	
Added Sugars, g	4	15
Protein, g	2	16
Vitamin D, mcg	3.2	20
Calcium, mg	150	20
Iron, mg	1.5	20
Potassium, mg	130	4
Vitamin A		10
Vitamin C		20
Vitamin E		20
Vitamin K		10
Thiamin		8
Riboflavin		20
Niacin		6
Vitamin B6		8
Folate		4
Folic Acid, mcg	3.85	
Vitamin B12		8
Biotin		10
Pantothenic Acid		6
Phosphorus		15
Iodine		10
Magnesium		8
Zinc		3
Selenium		10
Copper		6
Manganese		4
Chromium		10
Molybdenum		10

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Go & Grow by Similac® Toddler Drink

Milk-Based Powder

Nutrition Information - Powder Unflavored

	15 g (2 Tbsp)	
	Value	%RDI / %DV*
Chloride		4
Choline		8

Powder Unflavored Footnotes & References

Per 15 g (2 Tbsp)

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Preparation

Instructions for Use:

Powder

- 1 Add 4 fl oz of water to clean sippy cup.
- 1 Using a measuring utensil for dry ingredients, add 2 tablespoons of powder to water.
- 1 Shake well; use within 1 hour; then discard.

Storage & Handling

Instructions for Use:

Powder

- 1 Store unopened or opened powder at room temperature; avoid extreme temperatures.
- 1 Use opened can contents within 1 month.

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com