

Product Information: Glutarex®-2

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Glutarex®-2

Amino acid-modified medical food

- 1 Nutrition support of children and adults with glutaric aciduria type I.
- 1 Use under medical supervision.
- 1 Lysine- and tryptophan-free to allow greater intake of intact protein.
- 1 Nutrient profile specifically designed for children and adults.
- 1 L-carnitine (1800 mg/100 g) to help supply amount normally found in foods of animal origin and to help excrete toxic metabolites.
- 1 Taurine (125 mg/100 g) to help supply amount normally found in foods of animal origin.
- 1 Approximately 30% of energy as fat to help supply essential fatty acids.
- 1 When fed according to the *Abbott Nutrition Support Protocols*, provides adequate amounts of all nutrients.
- 1 Non-GMO.*
- 1 DHA to support the brain and eyes.
- 1 Lactose-free.
- 1 Gluten-free.
- 1 Halal.



Safety Precautions

- 1 Give only to children and adults with proven glutaric aciduria type I who are under medical supervision. Must be supplemented with protein and fluid in prescribed amounts to completely meet lysine, tryptophan and water requirements.
- 1 Not intended as a sole source of nutrition.
- 1 Not for infants under 1 year of age.
- 1 Do not heat or use in cooking.
- 1 Not for IV use.
- 1 **Warning: This medical food should not be heated or used in cooking.**

* *Ingredients not genetically engineered.*

Ingredients

Powder Unflavored:

Corn Syrup Solids, L-Glutamic Acid, High Oleic Safflower Oil, Coconut Oil, Sodium Citrate, Soy Oil, L-Leucine, L-Proline, L-Aspartic Acid, L-Arginine, L-Valine, L-Alanine, Calcium Phosphate, L-Isoleucine, Glycine, L-Carnitine, L-Tyrosine. Less than 2% of: L-Phenylalanine, Magnesium Phosphate, Potassium Chloride, L-Serine, L-Threonine, Silicon Dioxide, Modified Corn Starch, L-Histidine, Potassium Citrate, Potassium Phosphate, L-Methionine, C. Cohnii Oil, L-Cystine Dihydrochloride, Calcium Citrate, Calcium Carbonate, Citric Acid, Ascorbic Acid, Taurine, Choline Chloride, Inositol, Ferrous Sulfate, Zinc Sulfate, Ascorbyl Palmitate, Niacinamide, Calcium Pantothenate, dl-Alpha-Tocopheryl Acetate, Mixed Tocopherols, Copper Sulfate, Thiamine Hydrochloride, Manganese Sulfate, Riboflavin, Pyridoxine Hydrochloride, Vitamin A Palmitate, Folic Acid, Biotin, Chromium Chloride, Potassium Iodide, Sodium Selenate, Phylloquinone, Sodium Molybdate, Vitamin D3, and Vitamin B12.

Availability

List Number	Item
51142	Glutarex-2 / 14.1 oz (400 g) Can / 6 ct
67038	Glutarex-2 / 14.1 oz (400 g) Can / 6 ct

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Nutrition Information - Powder Unflavored

	100 g Powder	
	Value	%RDI / %DV
Protein Equivalent, g	30.0	
Fat, g	13.0	
Carbohydrate, g	35.0	
Linoleic Acid, mg	2200	
Linolenic Acid, mg	225	
L-Carnitine, mg	1800	
Calories	410	
Vitamin A, IU	1500	
Vitamin A, mcg RE	450	
Vitamin D, IU	900	
Vitamin D, mcg	22.5	
Vitamin E, IU	12	
Vitamin E, mg alpha-TE	5.9	
Vitamin K, mcg	60.0	
Thiamin (Vitamin B1), mg	3.3	
Riboflavin (Vitamin B2), mg	1.6	
Vitamin B6, mg	1.1	
Vitamin B12, mcg	5.0	
Niacin, mg	16	
Niacin, mg NE	16.0	
Folic Acid (Folacin), mcg	425	
Pantothenic Acid, mg	8.0	
Biotin, mcg	100	
Vitamin C (Ascorbic Acid), mg	60.0	
Choline, mg	100	
Inositol, mg	82.0	
Calcium, mg	975	
Phosphorus, mg	760	
Magnesium, mg	225	
Iron, mg	13.0	
Zinc, mg	13.0	
Manganese, mg	0.8	
Copper, mg	1.5	
Iodine, mcg	100	
Selenium, mcg	35.0	
Chromium, mcg	27.0	
Molybdenum, mcg	30.0	
Sodium, mg	880	
Sodium, mEq	38.3	

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Nutrition Information - Powder Unflavored

	100 g Powder	
	Value	%RDI / %DV
Potassium, mg	1370	
Potassium, mEq	35.0	
Chloride, mg	940	
Chloride, mEq	26.5	

Preparation

Directions for Preparation and Use: Use Only As Directed by a Physician

Depending on specific needs of each individual, preparation will vary as prescribed by physician.

- 1 Wash your hands, surfaces and utensils.
- 1 Pour prescribed amount of water into a clean container.
- 1 Add prescribed amount of Glutarex®-2 powder (and other ingredients if recommended).
- 1 Shake well for 10-15 seconds; if using a blender, mix no more than 5 seconds.
- 1 Pour mixture into clean feeding cup or container; cap.
- 1 Serve chilled. Once feeding begins, use within 1 hour or discard.

Helpful Hints

- 1 Add sweetened drink crystals to enhance flavor.
- 1 Add chocolate or strawberry syrup.
- 1 Mix Glutarex-2 with fruit to make a smoothie
- 1 Freeze flavored mixture into slushies.

Mixing Guide:

Approximate weights for unpacked, level, dry U.S. standard household measures for powder

1 Tbsp	8 g
1/4 Cup	30 g
1/3 Cup	40 g
1/2 Cup	60 g
1 Cup	120 g

For most accurate results, Glutarex-2 should be weighed on a scale that reads in grams.

Storage & Handling

Directions for Use

- 1 Once mixed, store container in refrigerator and **use within 24 hours**
- 1 Store unopened or opened can at room temperature; avoid extreme temperatures.
- 1 **Use opened can contents within 1 month.**