

## Product Information: Glucerna® Therapeutic Nutrition Shake

For more information, contact your Abbott Nutrition Representative or visit  
[www.abbottnutrition.com](http://www.abbottnutrition.com)

# Glucerna® Therapeutic Nutrition Shake

For people with diabetes

- 1 GLUCERNA THERAPEUTIC NUTRITION SHAKE has CARBSTEADY®, including slow-release carbohydrates clinically shown to help minimize blood glucose response.\*<sup>1</sup>
- 1 A great choice for patients who are trying to manage their blood glucose.\*
- 1 For patients with hyperglycemia/abnormal glucose tolerance resulting from metabolic stress, such as illness, trauma or infection.
- 1 For oral use only.
- 1 Use under medical supervision as part of a diabetes management plan.
- 1 Within the American Diabetes Association and American Heart Association recommendations favoring monounsaturated fats and 4% of calories from saturated fat to help manage lipid profiles.<sup>3,4</sup>
- 1 24 essential vitamins and minerals in 8 fl oz.
- 1 1 g NutraFlora® scFOS®†/8 fl oz. scFOS are prebiotics that stimulate the growth of beneficial bacteria in the colon.
- 1 Antioxidant vitamins C and E to help protect against cell damage.
- 1 Kosher.
- 1 Halal.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



## Safety Precautions

- 1 Not for sole-source nutrition.
- 1 Not for IV use.
- 1 Not for tube feeding.
- 1 Not for people with galactosemia.

\* Designed to help minimize blood sugar spikes compared to high-glycemic carbohydrates.

† NutraFlora® and scFOS® are not registered trademarks of Abbott Laboratories.

<sup>1</sup> Fix BM, et al. *Ann Nutr Metab* 2001;45(suppl 1):277.

<sup>3</sup> Eckel R, et al. *Circulation*. 2014;129:S76-S99.

<sup>4</sup> Evert A, et al. *Diabetes Care*. 2014;37.

## Ingredients

### Liquid Homemade Vanilla:

Water, Corn Maltodextrin, Milk Protein Concentrate, Fructose, Canola Oil. Less than 2% of: Glycerin, Soy Protein Isolate, Corn Oil, Soluble Corn Fiber, Soy Fiber, Short-chain Fructooligosaccharides, Natural & Artificial Flavor, Potassium Citrate, Magnesium Phosphate, Salt, Choline Chloride, Ascorbic Acid, Cellulose Gel, Calcium Phosphate, Soy Lecithin, Monoglycerides, Potassium Chloride, Potassium Hydroxide, Calcium Carbonate, Carrageenan, Cellulose Gum, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Acesulfame Potassium, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Sucralose, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Copper Sulfate, Beta-Carotene, Vitamin A Palmitate, Folic Acid, Chromium Chloride, Potassium Iodide, Sodium Selenate, Sodium Molybdate, Phylloquinone, Biotin, Vitamin D3, and Vitamin B12.

**Allergens:** Contains milk and soy ingredients.

## Availability

List Number	Item
64922	Glucerna Therapeutic Nutrition Shake Homemade Vanilla / 8 fl oz (237 mL) Recloseable Carton / 24 ct
64925	Glucerna Therapeutic Nutrition Shake Creamy Strawberry / 8 fl oz (237 mL) Recloseable Carton / 24 ct
64927	Glucerna Therapeutic Nutrition Shake Classic Butter Pecan / 8 fl oz (237 mL) Reclose Carton / 24 ct
64929	Glucerna Therapeutic Nutrition Shake Rich Chocolate / 8 fl oz (237 mL) Recloseable Carton / 24 ct

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2 of 4



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## Nutrition Information - Liquid Homemade Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV*
Calories	220	
Total Fat, g	9	12
Saturated Fat, g	0.5	4
Trans Fat, g	0	
Polyunsaturated Fat, g	3	
Monounsaturated Fat, g	4	
Cholesterol, mg	<5	<2
Sodium, mg	210	9
Total Carbohydrate, g	26	9
Dietary Fiber, g	4	14
Total Sugars, g	7	
Added Sugars, g	7	13
Protein, g	10	20
Vitamin D, mcg	10	50
Calcium, mg	260	20
Iron, mg	4.5	25
Potassium, mg	380	8
Vitamin A		30
Vitamin C		100
Vitamin E		50
Vitamin K		20
Thiamin		25
Riboflavin		25
Niacin		25
Vitamin B6		25
Folate		25
Folic Acid, mcg	60	
Vitamin B12		25
Biotin		25
Pantothenic Acid		25
Phosphorus		20
Iodine		25
Magnesium		25
Zinc		25
Selenium		20
Copper		25
Manganese		25
Chromium		50
Molybdenum		40

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	8 fl oz (237 mL)	
	Value	%RDI / %DV*
Chloride		10
Choline		25

## Liquid Homemade Vanilla Footnotes & References

### Per 8 fl oz (237 mL)

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Preparation

### Instructions for Use:

- 1 Shake well. Best served chilled.
- 1 Once opened, reclose, refrigerate and **use within 48 hours**.
- 1 If not consumed directly from the container, cover, refrigerate, and **use within 24 hours**.

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