

## Product Information: Glucerna® Snack Shake

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[www.abbottnutrition.com](http://www.abbottnutrition.com)

# Glucerna® Snack Shake

For people with diabetes

- 1 GLUCERNA SNACK SHAKE is a delicious snack replacement designed to help minimize blood sugar spikes compared to high-glycemic carbohydrates.
- 1 Use under medical supervision as part of a diabetes management plan.
- 1 Has CARBSTEADY®, a unique blend of slow-release carbohydrates designed to help minimize blood sugar spikes compared to high-glycemic carbohydrates.
- 1 7 g of protein.
- 1 5 g of sugars.
- 1 140 Calories.
- 1 26 essential vitamins and minerals.
- 1 Kosher.
- 1 Halal.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



## Safety Precautions

- 1 Not for tube feeding.
- 1 Not for sole-source nutrition.
- 1 Not for IV use.
- 1 Not for people with galactosemia.

## Ingredients

### Liquid Homemade Vanilla:

Water, Corn Maltodextrin, Milk Protein Concentrate, Fructose, Canola Oil, Glycerin. Less than 1% of: Sodium Caseinate, Short-chain Fructooligosaccharides, Soy Protein Isolate, Soluble Corn Fiber, Corn Oil, Soy Fiber, Cellulose Gel, Magnesium Phosphate, Potassium Citrate, Salt, Natural & Artificial Flavor, Calcium Carbonate, Soy Lecithin, Ascorbic Acid, Calcium Phosphate, Choline Chloride, Cellulose Gum, Potassium Chloride, Carrageenan, Sucralose, Acesulfame Potassium, Ferrous Sulfate, Gellan Gum, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Copper Sulfate, Vitamin A Palmitate, Folic Acid, Chromium Chloride, Potassium Iodide, Sodium Selenate, Sodium Molybdate, Phylloquinone, Biotin, Vitamin D3, and Vitamin B12.

**Allergens:** Contains milk and soy ingredients.

## Availability

List Number	Item
59856	Glucerna Snack Shake Homemade Vanilla / 8 fl oz (237 mL) Can / 4 x 4 ct
59859	Glucerna Snack Shake Rich Chocolate / 8 fl oz (237 mL) Can / 4 x 4 ct

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## Nutrition Information - Liquid Homemade Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV*
Calories	140	
Total Fat, g	5	6
Saturated Fat, g	0.5	3
Trans Fat, g	0	
Polyunsaturated Fat, g	2	
Monounsaturated Fat, g	2.5	
Cholesterol, mg	<5	0
Sodium, mg	230	10
Total Carbohydrate, g	19	7
Dietary Fiber, g	3	11
Total Sugars, g	5	
Added Sugars, g	5	9
Protein, g	7	14
Vitamin D, mcg	3	15
Calcium, mg	260	20
Iron, mg	2.7	15
Potassium, mg	280	6
Vitamin A		15
Vitamin C		60
Vitamin E		20
Vitamin K		10
Thiamin		20
Riboflavin		30
Niacin		20
Vitamin B6		30
Folate		25
Folic Acid, mcg	60	
Vitamin B12		50
Biotin		20
Pantothenic Acid		35
Phosphorus		15
Iodine		20
Magnesium		15
Zinc		20
Selenium		15
Copper		15
Manganese		15
Chromium		40
Molybdenum		25

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	8 fl oz (237 mL)	
	Value	%RDI / %DV*
Chloride		15
Choline		15

## Liquid Homemade Vanilla Footnotes & References

### Per 8 fl oz (237 mL)

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Preparation

### Instructions for Use:

- 1 Shake well. Serve cold.
- 1 Cover and refrigerate unused portion.

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