Nutritional supplement with protein for glycemic management

# **Product Information: Glucerna® Snack Bars**

#### Nutritional supplement with protein for glycemic management

- 1 GLUCERNA SNACK BARS are delicious bars designed to be a snack replacement to help minimize blood sugar spikes, compared to high-glycemic carbohydrates, and have protein to help manage hunger.
- 1 Use under medical supervision as part of a diabetes management plan.
- 1 Has CARBSTEADY®, a unique blend of slow-release carbohydrates designed to help minimize blood sugar spikes compared to high-glycemic carbohydrates.
- 1 10-11 grams protein.
- 1 Good source of antioxidant vitamins C and E.
- 1 Kosher.
- 1 Suitable for lactose intolerance.

#### **Safety Precautions**

1 Not suitable for people with galactosemia.



#### Ingredients

#### **Bar Crispy Oats & Nuts:**

Soy Protein Nuggets (Soy Protein Isolate, Tapioca Starch, Salt), Syrup (White Grape Juice, Brown Rice Syrup), Gluten-Free Rolled Oats, Chocolate Flavored Chips (Maltitol, Chocolate Liquor [Processed With Alkali], Cocoa Butter, Sorbitan Tristearate, Soy Lecithin, Vanilla Powder), Sunflower Seeds, Peanut Layer (Maltitol, Peanuts, Sorbitol, Palm Kernel Oil, Peanut Flour, Milk Protein Concentrate, Soy Lecithin, Natural Flavor, Salt, Locust Bean Gum, Beta-Carotene, Gum Arabic, Xanthan Gum), Peanuts, Soy Protein Isolate, Marshmallow Binder (Maltitol, Palm Kernel Oil, Corn Maltodextrin, Egg Whites, Glycerin, Titanium Dioxide, Soy Lecithin, Salt, Natural & Artificial Flavors), Cocoa Soy Crisps (Soy Protein Isolate, Cocoa [Processed with Alkali], Tapioca Starch), Almonds, Short-chain Fructooligosaccharides. Less than 2% of: Raisins, Glycerin, High Oleic Safflower Oil, Natural & Artificial Flavors, Salt, Xanthan Gum, Dipotassium Phosphate, Tricalcium Phosphate, Potassium Chloride, Magnesium Oxide, Ascorbic Acid, Niacinamide, Zinc Oxide, Calcium Pantothenate, dl-Alpha-Tocopheryl Acetate, Beta-Carotene, Manganese Sulfate, Riboflavin, Pyridoxine Hydrochloride, Thiamine Mononitrate, Vitamin B12, Copper Gluconate, Folic Acid, Potassium Iodide, Biotin, and Vitamin D3.

**Allergens:** Contains almond, egg, milk, peanut and soy ingredients. Manufactured in a facility that processes wheat.

#### **Availability**

List Number	Item
66884	Glucerna Snack Bar Dark Chocolate Almond / 1.4 oz (40 g) Bar / 5 x 4 ct
66887	Glucerna Snack Bar Crispy Oats & Nuts / 1.4 oz (40 g) Bar / 4 x 5 ct



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#### **Nutrition Information - Bar Crispy Oats & Nuts**

Nutrition information - Bar Crispy Oats & Nuts	40 g (1 Bar)	
	Value	%RDI / %DV <sup>*</sup>
Calories	160	
Total Fat, g	6	8
Saturated Fat, g	1.5	8
Trans Fat, g	0	
Polyunsaturated Fat, g	1.5	
Monounsaturated Fat, g	2.5	
Cholesterol, mg	0	0
Sodium, mg	180	8
Total Carbohydrate, g	18	7
Dietary Fiber, g	2	7
Total Sugars, g	4	
Added Sugars, g	3	6
Sugar Alcohol, g	4	
Protein, g	10	20
Vitamin D, mcg	0.5	2
Calcium, mg	200	15
Iron, mg	2	10
Potassium, mg	370	8
Vitamin A		25
Vitamin C		10
Vitamin E		15
Thiamin		20
Riboflavin		35
Niacin		50
Vitamin B6		20
Folate		20
Folic Acid, mcg	48	
Vitamin B12		10
Biotin		90
Pantothenic Acid		30
Phosphorus		20
lodine		20
Magnesium		15
Zinc		20
Copper		45
Manganese		45

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#### **Bar Crispy Oats & Nuts Footnotes & References**

Per 40 g (1 Bar)

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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