

## Product Information: Glucerna® Original Shake

For more information, contact your Abbott Nutrition Representative or visit  
[www.abbottnutrition.com](http://www.abbottnutrition.com)

# Glucerna® Original Shake

For people with diabetes

- 1 GLUCERNA ORIGINAL SHAKE is designed as a meal or snack replacement to help minimize the blood sugar spike from consuming Glucerna compared to high-glycemic carbohydrates.
- 1 For oral use.
- 1 For supplemental nutrition.
- 1 Use under medical supervision as part of a diabetes management plan.
- 1 Has CARBSTEADY®, a unique blend of low-glycemic carbohydrates designed to help minimize the blood sugar spike from consuming Glucerna compared to high-glycemic carbohydrates.
- 1 Glucerna® is the #1 Doctor recommended nutrition brand for people with diabetes.<sup>1</sup>
- 1 10 g of protein.
- 1 25 essential vitamins and minerals.
- 1 1 carbohydrate choice per 8 fl oz.
- 1 Replace a poor meal or snack choice.
- 1 Kosher.
- 1 Halal.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



## Safety Precautions

- 1 Not for tube feeding.
- 1 Not for sole-source nutrition.
- 1 Not for IV use.
- 1 Not suitable for people with galactosemia.

<sup>1</sup> Data on file. Abbott Nutrition, November, 2023.

## Ingredients

### Liquid Homemade Vanilla:

Water, Milk Protein Concentrate, Canola Oil. Less than 2% of: Glycerin, Fructose, Corn Maltodextrin, Soy Protein Isolate, Short-chain Fructooligosaccharides, Corn Oil, Soluble Corn Fiber, Potassium Citrate, Magnesium Phosphate, Natural and Artificial Flavor, Cellulose Gel, Salt, Choline Chloride, Ascorbic Acid, Calcium Carbonate, Soy Lecithin, Monoglycerides, Cellulose Gum, Carrageenan, Calcium Phosphate, Sodium Citrate, Potassium Chloride, Acesulfame Potassium, dl-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Gellan Gum, Sucralose, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Copper Sulfate, Folic Acid, Chromium Chloride, Potassium Iodide, Sodium Selenate, Phylloquinone, Sodium Molybdate, Biotin, Vitamin D3, and Vitamin B12.

**Allergens:** Contains milk and soy ingredients.

## Availability

List Number	Item
57801	Glucerna Original Shake Homemade Vanilla / 8 fl oz (237 mL) Bottle / 4 x 6 ct
57804	Glucerna Original Shake Rich Chocolate / 8 fl oz (237 mL) Bottle / 4 x 6 ct
57807	Glucerna Original Shake Creamy Strawberry / 8 fl oz (237 mL) Bottle / 4 x 6 ct
57810	Glucerna Original Shake Classic Butter Pecan / 8 fl oz (237 mL) Bottle / 4 x 6 ct

For more information, contact your Abbott Nutrition Representative or visit  
[www.abbottnutrition.com](http://www.abbottnutrition.com)

# Glucerna® Original Shake

For people with diabetes

## Nutrition Information - Liquid Homemade Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV*
Calories	180	
Total Fat, g	9	12
Saturated Fat, g	1	5
Trans Fat, g	0	
Polyunsaturated Fat, g	4	
Monounsaturated Fat, g	4	
Cholesterol, mg	<5	<2
Sodium, mg	210	9
Total Carbohydrate, g	16	6
Dietary Fiber, g	4	14
Total Sugars, g	4	
Added Sugars, g	4	8
Protein, g	10	20
Vitamin D, mcg	12	60
Calcium, mg	260	20
Iron, mg	3.6	20
Potassium, mg	380	8
Vitamin A		25
Vitamin C		100
Vitamin E		40
Vitamin K		25
Thiamin		25
Riboflavin		25
Niacin		30
Vitamin B6		25
Folate		25
Folic Acid, mcg	60	
Vitamin B12		25
Biotin		25
Pantothenic Acid		25
Phosphorus		20
Iodine		25
Magnesium		25
Zinc		25
Selenium		25
Copper		20
Manganese		20
Chromium		50
Molybdenum		35

For more information, contact your Abbott Nutrition Representative or visit  
[www.abbottnutrition.com](http://www.abbottnutrition.com)

# Glucerna® Original Shake

For people with diabetes

## Nutrition Information - Liquid Homemade Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV*
Chloride		10
Choline		25

## Liquid Homemade Vanilla Footnotes & References

### Per 8 fl oz (237 mL)

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Preparation

### Instructions for Use:

- 1 Shake well. Best served chilled.
- 1 After opening, refrigerate and consume product within 48 hours. If consuming product directly from the container, refrigerate and consume within 24 hours.

For more information, contact your Abbott Nutrition Representative or visit  
[www.abbottnutrition.com](http://www.abbottnutrition.com)

Abbott Nutrition Abbott Laboratories  
Columbus, OH 43219-3034  
1-800-227-5767

4 of 4

