

## Product Information: Glucerna Hunger Smart® Shake

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# Glucerna Hunger Smart® Shake

Complete, Balanced Nutrition®

- 1 GLUCERNA HUNGER SMART SHAKE is a delicious meal or snack replacement to help manage blood sugar\* and hunger.
- 1 Can be used as a meal or snack replacement, to help manage blood sugar\* and hunger.
- 1 Use under medical supervision as part of a diabetes management plan.
- 1 Has CARBSTEADY®, a unique blend of slow-release carbohydrates designed to help minimize blood sugar spikes compared to high-glycemic carbohydrates.
- 1 Contains 15 g of protein to help you manage hunger and 4-6 g of fiber.†
- 1 1 carbohydrate choice per 10 fl oz.
- 1 Clinically shown to help minimize blood sugar spikes compared to high-glycemic carbohydrates.1,‡
- 1 Antioxidants (vitamins C & E and selenium) to support the immune system.
- 1 Kosher.
- 1 Halal.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.§



## Safety Precautions

- 1 Not for tube feeding.
- 1 Not for sole-source nutrition.
- 1 Not for IV use.
- 1 Not suitable for people with galactosemia.

\* Designed to help minimize blood sugar spikes compared to high-glycemic carbohydrates.

† Dietary fiber: chocolate 6 g/10 fl oz, other flavors 4 g/10 fl oz

‡ Studied in people with diabetes.

§ Not for people with galactosemia.

<sup>1</sup> Data on File: Study BL33. Abbott Nutrition, Jan 2017.

<sup>2</sup> Demling RH. *Eplasty*. 2009;9:65-94.

<sup>3</sup> Weitzel LR, et al. *Curr Opin Anaesthesiol*. 2009;22(2):177-183.

## Ingredients

### Liquid Rich Chocolate:

Water, Milk Protein Concentrate, Cocoa (Processed with Alkali), Fructose. Less than 2% of: Canola Oil, Soluble Corn Fiber, Soy Protein Isolate, Calcium Caseinate, Corn Oil, Glycerin, Short-chain Fructooligosaccharides, Sodium Citrate, Cellulose Gel, Soy Fiber, Magnesium Phosphate, Potassium Citrate, Potassium Chloride, Choline Chloride, Calcium Phosphate, Soy Lecithin, Monoglycerides, Liquid Sucralose Concentrate, Cellulose Gum, Salt, Magnesium Chloride, Natural & Artificial Flavor, Carrageenan, dl-Alpha-Tocopheryl Acetate, Acesulfame Potassium, Gellan Gum, Ferrous Sulfate, Zinc Sulfate, Niacinamide, Vitamin B12, Corn Starch, Calcium Pantothenate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Manganese Sulfate, Riboflavin, Citric Acid, Copper Sulfate, Vitamin A Palmitate, Ascorbic Acid, Folic Acid, Potassium Iodide, Phylloquinone, Sodium Selenate, Chromium Chloride, Sodium Molybdate, Biotin, and Vitamin D3.

**Allergens:** Contains milk and soy ingredients.

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## Availability

List Number	Item
62882	Glucerna Hunger Smart Homemade Vanilla / 10 fl oz (296 mL) Bottle / 2 x 6 ct
62885	Glucerna Hunger Smart Rich Chocolate / 10 fl oz (296 mL) Bottle / 2 x 6 ct
66534	Glucerna Hunger Smart Creamy Strawberry / 10 fl oz (296 mL) Bottle / 2 x 6 ct
67195	Glucerna Hunger Smart Homemade Vanilla / 10 fl oz (296 mL) Bottle / 12 ct
67198	Glucerna Hunger Smart Rich Chocolate / 10 fl oz (296 mL) Bottle / 12 ct
67762	Glucerna Hunger Smart Peaches & Crème / 10 fl oz (296 mL) Bottle / 2 x 6 ct
67806	Glucerna Hunger Smart Peaches & Crème / 10 fl oz (296 mL) Bottle / 24 ct

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## Nutrition Information - Liquid Rich Chocolate

	10 fl oz (296 mL)	
	Value	%RDI / %DV*
Calories	180	
Total Fat, g	8	10
Saturated Fat, g	1.5	7
Trans Fat, g	0	
Polyunsaturated Fat, g	2.5	
Monounsaturated Fat, g	4	
Cholesterol, mg	10	3
Sodium, mg	300	13
Total Carbohydrate, g	16	6
Dietary Fiber, g	6	21
Total Sugars, g	6	
Added Sugars, g	6	11
Protein, g	15	30
Vitamin D, mcg	12	60
Calcium, mg	260	20
Iron, mg	4.5	25
Potassium, mg	610	15
Vitamin A		25
Vitamin C		100
Vitamin E		50
Vitamin K		30
Thiamin		35
Riboflavin		30
Niacin		25
Vitamin B6		35
Folate		30
Folic Acid, mcg	72	
Vitamin B12		25
Biotin		25
Pantothenic Acid		30
Phosphorus		25
Iodine		25
Magnesium		25
Zinc		30
Selenium		25
Copper		60
Manganese		35
Chromium		100
Molybdenum		40

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## Nutrition Information - Liquid Rich Chocolate

	10 fl oz (296 mL)	
	Value	%RDI / %DV*
Chloride		10
Choline		25

## Liquid Rich Chocolate Footnotes & References

### Per 10 fl oz (296 mL)

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Storage & Handling

### Instructions for Use:

- 1 Shake well. Best served chilled.
- 1 Once opened, reclose, refrigerate and **use within 48 hours**.
- 1 If not consumed directly from the container, cover, refrigerate, and **use within 24 hours**.

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