

## Product Information: Glucerna® 1.5 Cal

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[www.abbottnutrition.com](http://www.abbottnutrition.com)

# Glucerna® 1.5 Cal

For people with diabetes

- 1 GLUCERNA 1.5 CAL is a calorically dense formula that has CARBSTEADY®, including low-glycemic carbohydrates clinically shown to help minimize blood glucose response.<sup>1</sup>
- 1 Specialized high-calorie nutrition for enhanced glycemic control compared to a standard formula.
- 1 For patients with type 1 or type 2 diabetes or abnormal glucose response.
- 1 For patients with hyperglycemia/abnormal glucose tolerance resulting from metabolic stress, such as illness, trauma or infection.
- 1 For tube or oral feeding.
- 1 For supplemental or sole-source nutrition.
- 1 Use under medical supervision.
- 1 Contains a unique carbohydrate blend clinically shown to blunt postprandial glycemic response and improve glycemic variability.<sup>1,2</sup>
- 1 22% of calories from protein to help promote anabolism and support wound healing.
- 1 Within the American Diabetes Association and American Heart Association recommendations favoring monounsaturated fats and 4% of calories from saturated fat to help manage lipid profiles.<sup>4,5</sup>
- 1 Provides plant-based omega-3 fatty acids from canola oil (3 g alpha-linolenic acid, ALA/1500 Cal), to support cardiovascular health.<sup>6</sup>
- 1 At 1.5 Cal/mL, patient needs can be met with less volume.
- 1 1500 Cal provides at least 100% of the 1995 RDIs for 28 vitamins and minerals.
- 1 Chromium picolinate, a more bioavailable form of chromium.
- 1 Kosher.
- 1 Halal.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



## Safety Precautions

- 1 Not for IV use.
- 1 Not for people with galactosemia.

<sup>1</sup> Alish C, et al. *Diabetes Technol Ther.* 2010;12:419-425.

<sup>1</sup> Alish C, et al. *Diabetes Technol Ther.* 2010;12:419-425.

<sup>2</sup> Data on File: Study BK06 Part B. Abbott Nutrition, 2008.

<sup>4</sup> Eckel R, et al. *Circulation.* 2014;129:S76-S99.

<sup>5</sup> Evert A, et al. *Diabetes Care.* 2014;37.

<sup>6</sup> *Diabetes Care.* 2014 Jan; 37(Supplement 1): S120-S143. <https://doi.org/10.2337/dc14-S120>.

## Ingredients

### Liquid Vanilla:

Water, Sodium & Calcium Caseinates, Corn Maltodextrin, High Oleic Safflower Oil, Canola Oil, Isomaltulose, Fructose, Soy Protein Isolate, Sucromalt, Short-chain Fructooligosaccharides, Glycerin, Potassium Citrate, Magnesium Chloride, Oat Fiber, Calcium Phosphate, Soy Fiber, Soy Lecithin, Natural & Artificial Flavors, Sodium Citrate, Inositol, Ascorbic Acid, Choline Chloride, Magnesium Phosphate, Potassium Hydroxide, L-Carnitine, Taurine, Salt, dl-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Gellan Gum, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Beta-Carotene, Vitamin A Palmitate, Riboflavin, Chromium Picolinate, Folic Acid, Biotin, Sodium Molybdate, Sodium Selenate, Potassium Iodide, Phylloquinone, Vitamin B12, and Vitamin D3.

**Allergens:** Contains milk and soy ingredients.

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Abbott Nutrition Abbott Laboratories  
Columbus, OH 43219-3034  
1-800-227-5767



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## Availability

List Number	Item
53534	Glucerna 1.5 Cal Vanilla / 8 fl oz (237 mL) Can / 24 ct
62679	Glucerna 1.5 Cal / 1000 mL (1.1 QT) Ready-to-Hang Prefilled Container / 8 ct

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## Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV
Protein, g	19.6	
Fat, g	17.8	
Saturated Fat, g	1.5	
Polyunsaturated Fat, g	3.8	
Monounsaturated Fat, g	12.5	
Carbohydrate, g	31.5	
Dietary Fiber, g	3.8*	
Water, g	180	
Calories	356	
Taurine, mg	40	
L-Carnitine, mg	51	
m-Inositol, mg	205	
Vitamin A, IU	2060 <sup>†</sup>	
Beta-Carotene, mg	0.79	
Vitamin D, IU	102	
Vitamin E, IU	12	
Vitamin K, mcg	30	
Vitamin C, mg	78	
Folic Acid, mcg	95	
Vitamin B1, mg	0.36	
Vitamin B2, mg	0.41	
Vitamin B6, mg	0.48	
Vitamin B12, mcg	1.5	
Niacin, mg	4.8	
Choline, mg	131	
Biotin, mcg	75	
Pantothenic Acid, mg	2.4	
Sodium, mg	330	
Potassium, mg	600	
Chloride, mg	380	
Calcium, mg	240	
Phosphorus, mg	240	
Magnesium, mg	95	
Iodine, mcg	36	
Manganese, mg	0.48	
Copper, mg	0.48	
Zinc, mg	3.6	
Iron, mg	4.3	
Selenium, mcg	17	

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	8 fl oz (237 mL)	
	Value	%RDI / %DV
Chromium, mcg	48	
Molybdenum, mcg	23	

## Liquid Vanilla Footnotes & References

### Per 8 fl oz (237 mL)

\*1.4 g of total dietary fiber from soy, oat and corn fibers; 2.4 g of short-chain fructooligosaccharides.

†1040 IU of vitamin A activity supplied by 0.79 mg of beta-carotene.

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## Preparation

### Instructions for Use:

#### 8 fl oz container

- 1 Store unopened at room temperature; avoid extreme temperatures.
- 1 Shake well prior to opening.
- 1 Clean top of can thoroughly before opening.
- 1 Once opened, reclose or cover, refrigerate and **use within 48 hours**.
- 1 If not consumed directly from the container, cover refrigerate, and **use within 24 hours**.

#### Oral Feeding:

- 1 May be used for total or supplemental nutrition.
- 1 May be fed at room temperature or chilled.

#### Tube Feeding:

- 1 Follow physician's instructions.
- 1 Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Feed at room temperature using a feeding pump or syringe.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- 1 Avoid contamination during preparation and use.

### Ready-To-Hang Container

All liquid medical foods, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination.

NOTE: Failure to follow the Instructions for Use increases the potential for microbial contamination and reduces hangtime.

- 1 Administer product at room temperature.
- 1 THOROUGHLY wash hands with soap and water before handling container or feeding set.
- 1 Turn container upside down and SHAKE VIGOROUSLY, using a twisting motion for at least 10 seconds.
- 1 DO NOT touch any part of the container or feeding set that comes into contact with the formula.
- 1 When initiating feeding, follow physician's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.

#### For Use with Enteral Feeding Pumps:

- 1 Remove dust cover from RTH Safety Screw Cap.
- 1 Remove dust cover from feeding set connector.
- 1 Insert feeding set connector into port of RTH Safety Screw Cap and completely pierce foil.
- 1 Turn connector collar clockwise until it is securely fastened.
- 1 Close clamp on set before inverting container.
- 1 Invert container and suspend, using hanging ring on bottom of container.
- 1 Follow directions for use provided by manufacturer of feeding sets.
- 1 Unless a shorter hang time is specified by the set manufacturer, hang product for up to 48 hours after initial connection when clean technique and only one new set are used. Otherwise hang for no more than 24 hours.