

Product Information: Glucerna® 1.2 Cal

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Glucerna® 1.2 Cal

For people with diabetes

- 1 GLUCERNA 1.2 CAL is a calorically dense formula that has CARBSTEADY®, including low-glycemic carbohydrates clinically shown to help minimize blood glucose response compared to a standard formula.¹
- 1 Specialized nutrition for enhanced glycemic control compared to a standard formula.
- 1 For patients with type 1 or type 2 diabetes or abnormal glucose response.
- 1 For patients with hyperglycemia resulting from metabolic stress, such as illness, trauma, or infection.
- 1 For tube or oral feeding.
- 1 For supplemental or sole-source nutrition.
- 1 Use under medical supervision.
- 1 20% of calories from protein to help promote anabolism and support wound healing.
- 1 Within the American Diabetes Association and American Heart Association recommendations favoring monounsaturated fats and 4% of calories from saturated fat to help manage lipid profiles.^{3,4}
- 1 Provides an excellent source of plant-based omega-3 fatty acids (3 g ALA/1500 Cal) to support cardiovascular health.
- 1 1500 Cal provides at least 100% of the 1995 RDIs for 28 vitamins and minerals.
- 1 At 1.2 Cal/mL, patient needs can be met with less volume.
- 1 Chromium picolinate, a more bioavailable form of chromium.
- 1 Kosher.
- 1 Halal.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for IV use.
- 1 Not for people with galactosemia.

¹ Alish C, et al. *Diabetes Technol Ther.* 2010;12:419-425.

³ Eckel R, et al. *Circulation.* 2014;129:S76-S99.

⁴ Evert A, et al. *Diabetes Care.* 2014;37.

Ingredients

Liquid Vanilla:

Water, Sodium Caseinate, Corn Maltodextrin, High Oleic Safflower Oil, Canola Oil, Isomaltulose, Fructose, Soy Protein Isolate, Sucromalt, Short-chain Fructooligosaccharides, Glycerine, Milk Protein Concentrate, Oat Fiber, Soy Lecithin, Soy Fiber, Potassium Citrate, Magnesium Phosphate, Natural & Artificial Flavor, Potassium Chloride, m-Inositol, Calcium Carbonate, Calcium Citrate, Sodium Citrate, Ascorbic Acid, Choline Chloride, Salt, L-Carnitine, Taurine, Carrageenan, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Cupric Sulfate, Vitamin A Palmitate, Thiamine Chloride Hydrochloride, Pyridoxine Hydrochloride, Beta-Carotene, Riboflavin, Chromium Picolinate, Folic Acid, Biotin, Sodium Molybdate, Sodium Selenate, Potassium Iodide, Phylloquinone, Cyanocobalamin, and Vitamin D3.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
50904	Glucerna 1.2 Cal Vanilla / 8 fl oz (237 mL) Can / 24 ct
62675	Glucerna 1.2 Cal / 1500 mL (1.6 QT) Ready-To-Hang Prefilled Container / 6 ct
62677	Glucerna 1.2 Cal / 1000 mL (1.1 QT) Ready-To-Hang Prefilled Container / 8 ct
64918	Glucerna 1.2 Cal Vanilla / 8 fl oz (237 mL) Recloseable Carton / 24 ct

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Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV
Protein, g	14.2	
Fat, g	14.2	
Carbohydrate, g	27.1	
Dietary Fiber, g	3.8*	
Taurine, mg	32	
L-Carnitine, mg	42	
m-Inositol, mg	200	
Water, g	192	
Calories	285	
Vitamin A, IU	1840 [†]	
Vitamin D, IU	82	
Vitamin E, IU	9.2	
Vitamin K, mcg	24	
Vitamin C, mg	62	
Folic Acid, mcg	76	
Vitamin B1, mg	0.29	
Vitamin B2, mg	0.33	
Vitamin B6, mg	0.38	
Vitamin B12, mcg	1.2	
Niacin, mg	3.8	
Choline, mg	105	
Biotin, mcg	57	
Pantothenic Acid, mg	1.9	
Beta-Carotene, mg	0.63	
Sodium, mg	265	
Potassium, mg	480	
Chloride, mg	305	
Calcium, mg	190	
Phosphorus, mg	190	
Magnesium, mg	76	
Iodine, mcg	29	
Manganese, mg	0.38	
Copper, mg	0.38	
Zinc, mg	2.9	
Iron, mg	3.5	
Selenium, mcg	14	
Chromium, mcg	38	
Molybdenum, mcg	19	

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Liquid Vanilla Footnotes & References

Per 8 fl oz (237 mL)

* 1.4 g of total dietary fiber from soy, oat and corn fibers; 2.4 g of short-chain fructooligosaccharides.

† 830 IU/8 fl oz of vitamin A activity supplied by 0.63 mg of beta-carotene.

Preparation

Instructions for Use:

8 fl oz container

- 1 Store unopened at room temperature; avoid extreme temperatures.
- 1 Shake well prior to opening.
- 1 Clean top of can thoroughly before opening.
- 1 Once opened, reclose or cover, refrigerate and **use within 48 hours**.
- 1 If not consumed directly from the container, cover refrigerate, and **use within 24 hours**.

Oral Feeding:

- 1 May be used for total or supplemental nutrition.
- 1 May be fed at room temperature or chilled.

Tube Feeding:

- 1 Follow physician's instructions.
- 1 Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Feed at room temperature using a feeding pump or syringe.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- 1 Avoid contamination during preparation and use.

Ready-To-Hang Container

All liquid medical foods, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination.

NOTE: Failure to follow the Instructions for Use increases the potential for microbial contamination and reduces hangtime.

- 1 Administer product at room temperature.
- 1 THOROUGHLY wash hands with soap and water before handling container or feeding set.
- 1 Turn container upside down and SHAKE VIGOROUSLY, using a twisting motion for at least 10 seconds.
- 1 DO NOT touch any part of the container or feeding set that comes into contact with the formula.
- 1 When initiating feeding, follow physician's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.

For Use with Enteral Feeding Pumps:

- 1 Remove dust cover from RTH Safety Screw Cap.
- 1 Remove dust cover from feeding set connector.
- 1 Insert feeding set connector into port of RTH Safety Screw Cap and completely pierce foil.
- 1 Turn connector collar clockwise until it is securely fastened.
- 1 Close clamp on set before inverting container.
- 1 Invert container and suspend, using hanging ring on bottom of container.
- 1 Follow directions for use provided by manufacturer of feeding sets.
- 1 Unless a shorter hang time is specified by the set manufacturer, hang product for up to 48 hours after initial connection when clean technique and only one new set are used. Otherwise hang for no more than 24 hours.