

Glucerna SR

Low calorie nutrition for people with diabetes

Product Information

- Glucerna SR is a complete, balanced low calorie meal replacement and/or healthy snack alternative.
- It is formulated with slow release energy system shown to optimize glycemic response, a healthy mono-unsaturated fatty acid (MUFA) lipid system and fiber.
- Glucerna SR is sucrose free and provides high quality protein.
- Ensure has balanced macronutrient ratio supporting optimum protein utilization.
- By nature it is free of gluten & lactose free.
- Can be consumed orally as well as by tube feeding.

Safety Precautions

- Not for Parenteral or IV use.
- Not for people with galactosemia and lactose intolerance.
- Not intended for use in children unless recommended by physician or a qualified healthcare professional.

Ingredients

Maltodextrin, calcium caseinate, edible vegetable oils (high oleic sunflower oil, soy oil), fructose, Minerals*** (magnesium sulfate, potassium chloride, sodium phosphate, potassium citrate, sodium sulfate, sodium chloride, potassium hydroxide, calcium carbonate, ferrous sulfate, zinc sulfate, copper sulfate, manganese sulfate, chromium chloride, sodium molybdate, potassium iodide, sodium selenate), fructooligosaccharide (FOS), soy polysaccharide, flavoring, m- inositol, Vitamins** (choline chloride, sodium ascorbate, ascorbyl palmitate, dl-alpha tocopheryl acetate, niacinamide, pantothenic acid, pyridoxine hydrochloride, thiamin hydrochloride, riboflavin, beta carotene, vitamin A palmitate, folic acid, vitamin K1 (phylloquinone), d-biotin, vitamin D2 (ergocalciferol), vitamin B12 (cyanocobalamin)), antioxidants (soy lecithin, mixed tocopherols) taurine and L-carnitine.

Instructions for use

To prepare a 237ml feeding, put 200ml of water in a glass. Gradually add 6 level scoops (enclosed) or 52g of Glucerna SR powder, while stirring and mix well until dissolved. When mixed as directed, Glucerna SR provides approximately 0.96kcal/ml. A 400g can of powder yields approximately seven and a half 237ml servings.

Storage instructions

Once opened, the can should be kept closed with the provided cap, under cool and dry conditions for a maximum of three weeks or within “best before” date whichever is earlier.

Nutrition Information

NUTRIENT	UNIT	Powder (per 100 g)	Standard dilution (per 100 ml)
Energy	kcal	435	96
Protein	g	20.1	4.42
Fat	g	14.61	3.21
Saturated Fatty Acids	g	0.73	0.16
Monounsaturated Fatty Acids	g	8.92	1.96
Polyunsaturated Fatty Acids	g	1.14	0.25
Trans Fatty Acids	g	0	0
Cholesterol	mg	< 10	< 2
Carbohydrate	g	59.79	13.14
Sugar (sucrose)	g	0	0
Dietary Fiber	g	5.19	1.14
FOS	g	3	0.66
Taurine	mg	30.6	6.7
Carnitine	mg	26.2	5.8
Inositol	mg	305.7	67.2
Vitamins**			
Vitamin A (from Palmitate)	mcg RE	255	56
Vitamin A (from Beta-Carotene)	mcg RE	109	24
Vitamin D2	mcg	4	0.88
Vitamin E	mg alpha TE	10	2.2
Vitamin K1	mcg	30.6	6.7
Vitamin C	mg	33.1	7.3
Folic Acid	mcg	127	28
Thiamine (Vitamin B1)	mcg	582	128
Riboflavin (Vitamin B2)	mcg	655	144
Vitamin B6	mcg	1529	336
Vitamin B12	mcg	1.48	0.33
Niacin	mg NE	5.11	1.12
Pantothenic Acid	mg	2.91	0.64
Biotin	mcg	13.8	3
Choline	mg	152.9	33.6
Minerals***			
Sodium	mg	324	71
Potassium	mg	568	125
Chloride	mg	480	106

Calcium	mg	258	57
Phosphorus	mg	258	57
Magnesium	mg	91	20
Iron	mg	4.73	1.04
Zinc	mg	2.5	0.55
Manganese	mg	1.16	0.26
Copper	mcg	764	168
Iodine	mcg	58.2	12.8
Selenium	mcg	16.4	3.6
Chromium	mcg	25.5	5.6
Molybdenum	mcg	35.3	7.8