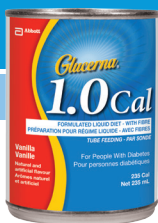


# GLUCERNA® 1.0 CAL (for tube feeding)

Specialized liquid formula with fibre

For people with diabetes



## INDICATIONS FOR USE

Glucerna® 1.0 Cal is a reduced-carbohydrate, modified-fat, fibre-containing liquid designed for people with diabetes.

Suggested indications:

- For people with diabetes.
- For supplemental or sole source nutrition.
- Not suitable for people with galactosemia.

## FEATURES AND BENEFITS

- Features of Glucerna® 1.0 Cal help reduce glycemic response versus standard liquid formulas.<sup>1</sup>
- 34.3% of total calories as carbohydrate.
- 3.4 g of dietary fibre per serving.
- Fat blend high in monounsaturated fatty acids.
- Can be used orally or for tube feeding.

## TECHNICAL DATA

	Ready to use
Caloric density (Cal/mL)	1.0
Protein (% of total energy)	16.6
Fat (% of total energy)	49.1
Carbohydrate (% of total energy)	34.3
Total Cal:g nitrogen ratio	150:1
Non-protein Cal:g nitrogen ratio	125:1
Water (g/L)	839
Osmolality (mOsm/kg water)	375
Renal solute load (mOsm/L)	348
Viscosity at room temperature/ chilled	-
Minimum tube size for gravity/ pump feeding (Fr)	10/8
Low residue	No
Gluten-free	Yes
Kosher	Yes
Halal	-

## AVAILABILITY

### Ready to use

62198570      Glucerna® 1.0 Cal, Vanilla      235-mL cans      12/case

### REFERENCE:

1. Craig LD, Nicholson S, Silverstone FA, Kennedy RD. Use of a reduced-carbohydrate, modified-fat enteral formula for improving metabolic control and clinical outcomes in long-term care residents with type 2 diabetes: Results of a pilot trial. *Nutrition* 1998;14(6):529-34.

## ENERGY

	Per 235 mL
ENERGY (Cal [kJ])	235 (985)
PROTEIN (g)	9.9
% of total energy	16.6
Taurine (mg)	25
Carnitine (mg)	34
Source	Sodium and calcium caseinate
FAT (g)	13
% of total energy	49.1
Polyunsaturated fatty acids (g)	2.21
Linoleic acid (g)	1.94
Linolenic acid (g)	0.09
Omega-6:Omega-3 ratio	15:1
Monounsaturated fatty acids (g)	8.99
Saturated fatty acids (g)	1.09
Cholesterol (mg)	2.6
Source	High safflower oil, canola oil, soy lecithin
MCT oil (% of total fats)	0.0
CARBOHYDRATE (g)	23
% of total energy	34.3
Total dietary fibre (g)	3.4
Short-chain fructooligosaccharides (scFOS) (g)	-
Source	Corn maltodextrin, soy polysaccharide, fructose
Acesulfame-potassium (mg)	-
Sucralose (mg)	-

## VITAMINS

Vitamin A (RE [IU])	248 (828)
Vitamin D <sub>3</sub> (mcg [IU])	1.7 (67)
Vitamin E (mg [IU])	5.5 (7.5)
Vitamin K <sub>1</sub> (mg)	0.012
Vitamin C (mg)	50
Thiamine (mg)	0.38
Riboflavin (mg)	0.43
Niacin (mg)	5.0
Vitamin B <sub>6</sub> (mg)	0.50
Folic acid (mg)	0.100
Vitamin B <sub>12</sub> (mg)	0.0015
Pantothenic acid (mg)	2.5
Biotin (mg)	0.075
Choline (mg)	99
Inositol (mg)	200

## MINERALS

Sodium (mg [mmol])	196 (8.5)
Potassium (mg [mmol])	329 (8)
Chloride (mg [mmol])	303 (8.5)
Calcium (mg)	170
Phosphorus (mg)	170
Magnesium (mg)	67
Iron (mg)	3.0
Zinc (mg)	3.8
Iodine (mg)	0.34
Copper (mg)	0.025
Manganese (mg)	0.84
Selenium (mg)	0.012
Chromium (mg)	0.017
Molybdenum (mg)	0.025

## INGREDIENTS

### Glucerna® 1.0 Cal, Vanilla:

Water, corn maltodextrin, high oleic safflower oil, sodium caseinate, soy polysaccharide, fructose, calcium caseinate, canola oil, soy lecithin, magnesium chloride, calcium phosphate, sodium citrate, natural and artificial flavours, m-inositol, potassium citrate, potassium phosphate, potassium chloride, choline chloride, ascorbic acid, potassium hydroxide, L-carnitine, taurine, *dl*- $\alpha$ -tocopheryl acetate, zinc sulphate, ferrous sulphate, niacinamide, d-calcium pantothenate, citric acid, manganese sulphate, cupric sulphate, thiamine chloride hydrochloride, pyridoxine hydrochloride, riboflavin, vitamin A palmitate, folic acid, biotin, chromium chloride, sodium molybdate, potassium iodide, sodium selenate, phyloquinone, cyanocobalamin, vitamin D<sub>3</sub>.

**CONTAINS: Priority food allergens:** Milk. **Ingredients associated with food intolerances and/or sensitivities:** Corn, citric acid, natural and artificial flavours, lactose, and other soy components.

Values listed are subject to change. Please refer to the product label or packaging for the most current ingredient, allergen and nutrient profile information.

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