Product Information: Ensure® Surgery

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Abbott Nutrition Abbott Laboratories
Columbus, OH 43219-3034
1-800-227-5767

Ensure® Surgery

Immunonutrition shake

- ENSURE SURGERY is specially designed to support immune health and recovery from surgery.
- For oral use.
- Use under medical supervision.

- From the makers of the #1 Doctor-recommended brand, Ensure®.
- Contains 1.1 g EPA & DHA (omega-3 fatty acids from fish oil) and 4.2 g arginine per 8 fl oz to support immune health and surgical recovery.
- High in protein (18 g / serving, 22% of kcals), including 4.2 g supplemental arginine, to support protein synthesis, tissue repair, and wound healing.[1,2]
- Designed to support recovery from surgery with a blend of arginine and omega-3 fatty acids from fish oil.
- Contains an excellent source of vitamin D.
- Contains the antioxidants zinc, selenium, and vitamins C & E.
- No artificial sweeteners.
- Halal.
- Gluten-free.
- Suitable for lactose intolerance.

Safety Precautions

- Not for sole-source nutrition.
- Not for IV use.
- Not suitable for people with galactosemia.
- Not for use when immune suppression is desired.

[1] *Demling RH. Eplasty. 2009;9:65-94.*

[2] *Weitzel LR, et al. Curr Opin Anaesthesiol. 2009;22(2):177-183.*

Ingredients

Liquid Vanilla:

Water, Corn Syrup, Sugar, Milk Protein Concentrate, Sodium Caseinate, L-Arginine, Fish Oil (Contains One or More of the Following: Anchovy, Cod, Menhaden, Pollock, Salmon, Sardine, Tuna), Canola Oil, Medium Chain Triglycerides, Short-chain Fructooligosaccharides, Gum Arabic, Citric Acid. Less than 0.5% of: Natural & Artificial Flavor, Magnesium Chloride, Potassium Citrate, Sodium Citrate, Soy Lecithin, Potassium Phosphate, Rosemary Extract, Choline Chloride, Ascorbic Acid, Calcium Phosphate, Potassium Hydroxide, Potassium Chloride, Salt, dl-Alpha-Tocopheryl Acetate, Gellan Gum, Zinc Sulfate, Ascorbyl Palmitate, Ferric Phosphate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Mixed Tocopherols, Copper Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Beta-Carotene, Folic Acid, Potassium Iodide, Chromium Chloride, Sodium Selenate, Sodium Molybdate, Phylloquinone, Biotin, Vitamin B12, and Vitamin D3.
Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
65047	Ensure Surgery Immunonutrition Shake Vanilla / 8 fl oz (237 mL) Recloseable Carton / 24 ct
66436	Ensure Surgery Immunonutrition Shake Vanilla / 8 fl oz (237 mL) Recloseable Carton / 15 ct

For more information, contact your Abbott Nutrition Representative or visit
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Immunonutrition shake

Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV
Protein, g	18	
L-Arginine, g	4.2	
Fat, g	9*	
Saturated Fat, g	3	
Trans Fat, g	0	
Polyunsaturated Fat, g	2.5	
Monounsaturated Fat, g	2.5	
Cholesterol, mg	15	
Carbohydrate, g	45	
Dietary Fiber, g	2	
Total Sugars, g	19	
Added Sugars, g	19	
Water, mL	185	
Calories	330	
Vitamin A, mcg RAE	450†	
Vitamin D, mcg	5	
Vitamin E, mg	8	
Vitamin K, mcg	24	
Vitamin C, mg	23	
Folate, mcg DFE	142	
Folic Acid, mcg	85	
Thiamin (Vitamin B1), mg	0.48	
Riboflavin (Vitamin B2), mg	0.65	
Vitamin B6, mg	0.68	
Vitamin B12, mcg	0.72	
Niacin, mg NE	6.4	
Choline, mg	82.5	
Biotin, mcg	11	
Pantothenic Acid, mg	2.7	
Sodium, mg	210	
Potassium, mg	380	
Chloride, mg	270	
Calcium, mg	260	
Phosphorus, mg	250	
Magnesium, mg	80	
Iodine, mcg	52.5	
Manganese, mg	0.81	
Copper, mg	0.32	
Zinc, mg	5	

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Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV
Iron, mg	1.8	
Selenium, mcg	19	
Chromium, mcg	12	
Molybdenum, mcg	16	

Liquid Vanilla Footnotes & References

Per 8 fl oz (237 mL)

*Includes 2.6 g MCT.

†Includes vitamin A activity from 500 mcg Beta-Carotene.

Preparation

Instructions for Use:

- Shake well. Serve cold.
- Drink daily for at least 5 days before and after surgery in addition to your normal diet, or as directed by your physician.
- Use under medical supervision.
- After opening, refrigerate and consume product within 48 hours. If consuming product directly from the container, refrigerate and consume within 24 hours.

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