

## Product Information: Ensure® Surgery

For more information, contact your Abbott Nutrition Representative or visit  
[www.abbottnutrition.com](http://www.abbottnutrition.com)

# Ensure® Surgery

## Immunonutrition shake

- 1 ENSURE SURGERY is specifically designed to support immune health and recovery from surgery.
- 1 For oral use.
- 1 Use under medical supervision.
- 1 #1 Doctor recommended brand.
- 1 Contains 1.1 g EPA & DHA (omega-3 fatty acids from fish oil) and 4.2 g arginine per 8 fl oz to support immune health and surgical recovery.
- 1 Suitable for use with ERAS\* protocols.<sup>1,2</sup>
- 1 Contains immune-modulating nutrients that meet the Critical Care Nutrition Support Guidelines (ASPEN/SCCM) for nutrition in the SICU for the postoperative patient who requires enteral nutrition therapy.<sup>3</sup>
- 1 Contains an excellent source of vitamin D.
- 1 Contains the antioxidants zinc, selenium, and vitamins C & E.
- 1 No artificial sweeteners.
- 1 Halal.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



## Safety Precautions

- 1 Not for sole-source nutrition.
- 1 Not for IV use.
- 1 Not for people with galactosemia.

\* ERAS® is a trademark of the Enhanced Recovery After Surgery Society. This product has not been reviewed or endorsed by ERAS.

<sup>1</sup> Lassen K, et al. *Clin Nutr.* 2012;31(6):817-830.

<sup>2</sup> Gustafsson UO, et al. *Clin Nutr.* 2012;31(6):783-800.

<sup>3</sup> McClave SA, et al. *JPEN J Parenter Enteral Nutr.* 2016;40(2):159-211.

## Ingredients

### Liquid Vanilla:

Water, Corn Syrup, Sugar, Milk Protein Concentrate, Sodium Caseinate, L-Arginine, Fish Oil (Contains One or More of the Following: Anchovy, Cod, Menhaden, Pollock, Salmon, Sardine, Tuna), Canola Oil, Medium-Chain Triglycerides, Gum Arabic, Short-Chain Fructooligosaccharides, Citric Acid. Less than 0.5% of: Natural & Artificial Flavor, Magnesium Chloride, Sodium Citrate, Potassium Citrate, Soy Lecithin, Potassium Phosphate, Rosemary Extract, Choline Chloride, Ascorbic Acid, Calcium Phosphate, Potassium Chloride, Salt, Potassium Hydroxide, Zinc Sulfate, dl-Alpha-Tocopheryl Acetate, Gellan Gum, Ascorbyl Palmitate, Ferric Phosphate, Niacinamide, Calcium Pantothenate, Copper Sulfate, Manganese Sulfate, Mixed Tocopherols, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Vitamin A Palmitate, Riboflavin, Chromium Chloride, Folic Acid, Biotin, Sodium Selenate, Beta-Carotene, Potassium Iodide, Sodium Molybdate, Phylloquinone, Vitamin B12, and Vitamin D3.

**Allergens:** Contains milk and soy ingredients.

## Availability

List Number	Item
65047	Ensure Surgery Immunonutrition Shake Vanilla / 8 fl oz (237 mL) Recloseable Carton / 24 ct
66436	Ensure Surgery Immunonutrition Shake Vanilla / 8 fl oz (237 mL) Recloseable Carton / 15 ct

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### Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV*
Calories	330	
Calories from Fat	80	
Total Fat, g	9	14
Saturated Fat, g	3	15
Trans Fat, g	0	
Polyunsaturated Fat, g	2.5	
Monounsaturated Fat, g	2.5	
Cholesterol, mg	15	5
Sodium, mg	220	9
Potassium, mg	370	11
Total Carbohydrate, g	45	15
Dietary Fiber, g	3	12
Sugars, g	19	
Protein, g	18	36
Vitamin A		40
Vitamin C		35
Calcium		25
Iron		10
Vitamin D		50
Vitamin E		50
Vitamin K		30
Thiamin		30
Riboflavin		35
Niacin		25
Vitamin B6		25
Folate		20
Vitamin B12		35
Biotin		25
Pantothenic Acid		30
Phosphorus		25
Iodine		35
Magnesium		20
Zinc		40
Selenium		45
Copper		30
Manganese		35
Chromium		35
Molybdenum		30
Chloride		8

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## Liquid Vanilla Footnotes & References

*Per 8 fl oz (237 mL)*

\*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

## Preparation

### Instructions for Use:

- 1 Shake well. Serve cold.
- 1 Refrigerate after opening.