

Product Information: Ensure® Pre-Surgery

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Ensure® Pre-Surgery

Clear carbohydrate drink

- 1 ENSURE PRE-SURGERY is specially designed to help reduce insulin resistance after surgery and improve patient outcomes.
- 1 Designed to be consumed up to 2 hours before surgery.
- 1 For oral use.
- 1 Use under medical supervision.
- 1 #1 Doctor recommended brand.
- 1 Has a recommended dose of carbohydrates (50 g per serving), as indicated by ERAS guidelines*, compared to regular sports drinks, which contain approximately 21 g per 12-fl-oz serving.
- 1 Meets ERAS guidelines* for pre-surgery use of a clear carbohydrate beverage.^{1,2}
- 1 Meets American Society of Anesthesiologists (ASA®) guidelines† for use with preoperative fasting.³
- 1 Contains the antioxidants zinc and selenium.
- 1 Fat-free.
- 1 Kosher.
- 1 Halal.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for sole-source nutrition.
- 1 Not for IV use.

* ERAS® is a trademark of the Enhanced Recovery After Surgery Society. This product has not been reviewed or endorsed by ERAS.

† American Society of Anesthesiologists is a registered trademark of the American Society of Anesthesiologists (ASA). This product has not been reviewed or endorsed by the ASA.

¹ Lassen K, et al. *Clin Nutr.* 2012;31(6):817-830.

² Gustafsson UO, et al. *Clin Nutr.* 2012;31(6):783-800.

³ American Society of Anesthesiologists Committee. *Anesthesiology.* 2011;114(3):495-511.

Ingredients

Liquid Strawberry:

Water, Corn Maltodextrin, Fructose. Less than 0.5% of: Natural Flavor, Sodium Citrate, Citric Acid, Potassium Citrate, Sucralose, Acesulfame Potassium, Zinc Sulfate, and Sodium Selenate.

Availability

List Number	Item
65044	Ensure Pre-Surgery Clear Nutrition Drink Strawberry / 10 fl oz (296 mL) Bottle / 12 ct
66437	Ensure Pre-Surgery Clear Nutrition Drink Strawberry / 10 fl oz (296 mL) Bottle / 4 ct

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Nutrition Information - Liquid Strawberry

	10 fl oz (296 mL)	
	Value	%RDI / %DV*
Calories	200	
Total Fat, g	0	0
Sodium, mg	180	8
Total Carbohydrate, g	50	18
Total Sugars, g	6	
Added Sugars, g	6	12
Protein, g	0	
Selenium, mcg	11	20
Zinc, mg	3	25

Liquid Strawberry Footnotes & References

Per 10 fl oz (296 mL)

*Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D, calcium, potassium and iron. The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Preparation

Instructions for Use:

- 1 Shake well. Serve cold.
- 1 Refrigerate after opening.