

Product Information: Ensure® Plus Therapeutic Nutrition

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Ensure® Plus Therapeutic Nutrition

Complete, balanced nutrition to help gain or maintain a healthy weight

- 1 ENSURE PLUS provides concentrated calories and protein to help patients gain or maintain healthy weight. It can benefit patients who have malnutrition, are at nutritional risk, or are experiencing involuntary weight loss.
- 1 For oral use.
- 1 For interim sole-source nutrition.
- 1 Use under medical supervision.
- 1 Complete, Balanced Nutrition®.
- 1 27 Vitamins and minerals.
- 1 40% more calories than Ensure Original Therapeutic Nutrition (350 vs 250 Cal/8 fl oz).
- 1 40% DV of vitamin D in 8 fl oz to support bone health.
- 1 Concentrated calories (1.5 Cal/mL) and an excellent source of protein (13 g/8 fl oz).
- 1 Excellent source (650 mg/8 fl oz) of plant-based omega-3 fatty acid alpha-linolenic acid (ALA, 40% of 1.6 g DV) to support heart health.
- 1 Good source of fiber (3 g NutraFlora® scFOS® /8 fl oz) to help maintain regularity.
- 1 #1 Doctor recommended brand.
- 1 Kosher.
- 1 Halal.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for IV use.
- 1 Not for people with galactosemia.

* NutraFlora® and scFOS® are not registered trademarks of Abbott Laboratories.

Ingredients

Liquid Vanilla:

Water, Corn Maltodextrin, Sugar, Blend of Vegetable Oils (Canola, Corn), Milk Protein Concentrate, Soy Protein Isolate, Short-chain Fructooligosaccharides, Natural & Artificial Flavor. Less than 0.5% of: Vitamins & Minerals (Potassium Citrate, Magnesium Phosphate, Sodium Citrate, Calcium Carbonate, Choline Chloride, Potassium Chloride, Ascorbic Acid, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Calcium Phosphate, Pyridoxine Hydrochloride, Thiamine Hydrochloride, Copper Sulfate, Riboflavin, Vitamin A Palmitate, Folic Acid, Chromium Chloride, Potassium Iodide, Sodium Selenate, Sodium Molybdate, Phylloquinone, Biotin, Vitamin D3, Vitamin B12), Nonfat Milk, Soy Lecithin, Cellulose Gel, Cellulose Gum, Carrageenan, and Salt.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
58251	Ensure Plus Therapeutic Nutrition Shake Vanilla / 1 QT (946 mL) Bottle / 6 ct
58262	Ensure Plus Therapeutic Nutrition Shake Milk Chocolate / 1 QT (946 mL) Bottle / 6 ct
58299	Ensure Plus Therapeutic Nutrition Shake Milk Chocolate / 8 fl oz (237 mL) Bottle / 24 ct
58301	Ensure Plus Therapeutic Nutrition Shake Strawberry / 8 fl oz (237 mL) Bottle / 24 ct
58303	Ensure Plus Therapeutic Nutrition Shake Vanilla / 8 fl oz (237 mL) Bottle / 24 ct
64905	Ensure Plus Therapeutic Nutrition Shake Vanilla / 8 fl oz (237 mL) Recloseable Carton / 24 ct
64907	Ensure Plus Therapeutic Nutrition Shake Strawberry / 8 fl oz (237 mL) Recloseable Carton / 24 ct
64909	Ensure Plus Therapeutic Nutrition Shake Butter Pecan / 8 fl oz (237 mL) Recloseable Carton / 24 ct
64911	Ensure Plus Therapeutic Nutrition Shake Milk Chocolate / 8 fl oz (237 mL) Recloseable Carton / 24 ct

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Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV*
Calories	350	
Total Fat, g	11	14
Saturated Fat, g	1	5
Trans Fat, g	0	
Polyunsaturated Fat, g	4	
Monounsaturated Fat, g	5	
Cholesterol, mg	10	3
Sodium, mg	220	10
Total Carbohydrate, g	51	19
Dietary Fiber, g	3	11
Total Sugars, g	20	
Added Sugars, g	19	39
Protein, g	13	26
Vitamin D, mcg	8	40
Calcium, mg	330	30
Iron, mg	4.5	25
Potassium, mg	470	10
Vitamin A		25
Vitamin C		50
Vitamin E		50
Vitamin K		20
Thiamin		25
Riboflavin		25
Niacin		45
Vitamin B6		25
Folate		25
Folic Acid, mcg	60	
Vitamin B12		25
Biotin		25
Pantothenic Acid		25
Phosphorus		15
Iodine		25
Magnesium		20
Zinc		30
Selenium		25
Copper		25
Manganese		25
Chromium		25
Molybdenum		25

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Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV*
Chloride		10
Choline		25

Liquid Vanilla Footnotes & References

Per 8 fl oz (237 mL)

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Preparation

Instructions for Use:

- 1 Shake well. Serve cold.

8 fl oz container

- 1 Once opened, reclose, refrigerate and **use within 48 hours.**

1 QT bottle

- 1 **Do not use if band around cap or inner seal is missing or broken.**
- 1 Shake bottle very well.
- 1 Remove protective band and twist off cap.
- 1 Invert cap and place on foil seal.
- 1 Press cap down to pierce foil, then turn cap a half turn.
- 1 Lift off and throw away foil.
- 1 Pour and enjoy!
- 1 Tastes best chilled, or can be served at room temperature.
- 1 Refrigerate after opening.