

Product Information: Ensure® Plus Calories

For more information, contact your Abbott Nutrition sales representative or visit
www.abbottnutrition.ca

Ensure® Plus Calories

Complete, balanced nutrition

Usage

- 1 Ensure® Plus Calories is complete, balanced nutrition. It provides extra calories and protein to help patients increase their daily intake. It can be used as a supplement between or with meals, or, in appropriate amounts, as a meal replacement.
- 1 For patients:
 - with or at risk of malnutrition;
 - with involuntary weight loss;
 - who need to gain or maintain weight;
 - with cancer-associated malnutrition;
 - preparing for and recovering from surgery;
 - recovering from illness or injury;
 - who have fluid restrictions or require volume-limited feedings.
- 1 For oral feeding.



Features

- 1 Complete, balanced nutrition.
- 1 50% more protein and 50% more calories per bottle than Ensure® Regular.
- 1 Provides 26 vitamins and minerals.
- 1 4 delicious flavours to prevent flavour fatigue: Vanilla, Chocolate, Strawberry, and Butter Pecan.
- 1 Low-residue.
- 1 Gluten-free.
- 1 Kosher.
- 1 Halal.

Ingredients

Liquid Vanilla:

Water, Corn Maltodextrin, Sugar, Milk Protein Concentrate, Canola Oil, Soy Protein Isolate, Corn Oil, Natural and Artificial Flavours, Soy Lecithin, Carrageenan, MINERALS (Sodium Citrate, Potassium Citrate, Magnesium Phosphate Dibasic, Potassium Chloride, Salt, Calcium Phosphate Tribasic, Potassium Hydroxide, Zinc Sulphate, Ferrous Sulphate, Manganese Sulphate, Cupric Sulphate, Sodium Molybdate, Potassium Iodide, Chromium Chloride, Sodium Selenate), VITAMINS (Ascorbic Acid, Niacinamide, DL-Alpha-Tocopheryl Acetate, Calcium D-Pantothenate, Vitamin A Palmitate, Thiamine Chloride Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Folic Acid, Biotin, Vitamin D3, and Cyanocobalamin).

Allergens: Contains: Milk, Soy.

Availability

List Number	Item
50750848	Ensure® Plus Calories, Vanilla; 235-mL bottles; 4 x 6/case
50751848	Ensure® Plus Calories, Chocolate; 235-mL bottles; 4 x 6/case
50752848	Ensure® Plus Calories, Strawberry; 235-mL bottles; 4 x 6/case
50753848	Ensure® Plus Calories, Butter Pecan; 235-mL bottles; 4 x 6/case

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Nutrition Information - Liquid Vanilla

	235 mL	100 mL
	Value	Value
ENERGY, Cal (kJ)	355 (1486)	151 (632)
Protein, g	14	6.0
Fat, g	11	4.7
Polyunsaturates, g	4.5	1.9
Linoleic Acid, g	2.0	0.85
Linolenic Acid, g	0.3	0.13
Monounsaturates, g	5.0	2.1
Saturates, g	1.0	0.4
Carbohydrate, g	51	21.5
Vitamin A, IU	1250	532
Vitamin D, IU	60	25.5
Vitamin E, IU	4.1	1.7
Vitamin C, mg	15.0	6.38
Thiamine, mg	0.325	0.138
Riboflavin, mg	0.425	0.181
Niacin, mg NE	6.0	2.55
Vitamin B6, mg	0.501	0.213
Folic Acid, mg	0.060	0.0255
Vitamin B12, mg	0.00050	0.00021
Pantothenic Acid, mg	1.75	0.745
Biotin, mg	0.035	0.0149
Sodium, mg	250	106
Potassium, mg	400	170
Chloride, mg	270	115
Calcium, mg	300	128
Phosphorus, mg	275	117
Magnesium, mg	64.9	27.6
Iron, mg	3.80	1.62
Zinc, mg	4.0	1.70
Iodide, mg	0.04	0.017
Copper, mg	0.50	0.21
Manganese, mg	1.30	0.55
Selenium, mg	0.013	0.006
Chromium, mg	0.011	0.005
Molybdenum, mg	0.028	0.012

Product Characteristics

	Value

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Product Characteristics

	Value
Caloric Density (Cal/mL)	1.51
Protein (% of total energy)	15.1
Protein Source	Milk protein concentrate, soy protein isolate
Fat (% of total energy)	28.0
MCT oil (% of total fats)	0.0
Omega-6:Omega-3 Ratio	5.8:1
Fat Source	Canola oil, corn oil
Carbohydrate (% of total energy)	56.9
Carbohydrate Source	Corn maltodextrin, sugar
Total Cal:g Nitrogen Ratio	160:1
Nonprotein Cal:g Nitrogen Ratio	135:1
Water (g/L)	770
Osmolality (mOsm/kg water)	633
Renal Solute Load (mOsm/L)	450
Recommended Tube Size for Gravity/Pump Feeding (Fr)	N/A

Preparation

Directions for Use:

- 1 Shake well — serve cold.
- 1 Once opened, refrigerate and use within 24 hours.