

Product Information: Ensure® Plant-Based Protein

For more information, contact your Abbott Nutrition Representative or visit
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Ensure® Plant-Based Protein

Nutrition Shake

- 1 ENSURE PLANT-BASED PROTEIN is a good source of protein to support muscle health and a good source of fiber to support digestive health.
- 1 ENSURE PLANT-BASED PROTEIN is vegetarian and vegan friendly, non-GMO ingredients, dairy-free, soy-free, and contains no artificial colors, flavors, or sweeteners.
- 1 The protein is 100% plant-based, sourced from fava beans and peas.
- 1 Ideal for patients who prefer a plant-based protein nutritional shake.
- 1 20 g plant-based protein, 180 Calories, 5 g fiber.
- 1 25 essential vitamins and minerals.
- 1 Available in vanilla and chocolate.
- 1 Lactose-Free (Dairy-Free)
- 1 Gluten-free.
- 1 Kosher.
- 1 Halal (Vanilla only).
- 1 For oral use only.



Ingredients

Liquid Vanilla:

Water, Fava Bean Protein Isolate, Organic Sugar, High Oleic Safflower Oil, Chicory Root Fiber, Pea Protein Concentrate. Less than 0.5% of: Vitamins & Minerals (Calcium Phosphate, Magnesium Phosphate, Potassium Citrate, Sodium Citrate, Ascorbic Acid, Potassium Hydroxide, Choline Chloride, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Niacinamide, Zinc Sulfate, Calcium Pantothenate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Manganese Sulfate, Vitamin A Palmitate, Copper Sulfate, Folic Acid, Potassium Iodide, Chromium Chloride, Phylloquinone, Sodium Selenate, Vitamin D3 [Plant-Based], Sodium Molybdate, Biotin, Vitamin B12), Cellulose Gel, Natural Flavor, Oat Fiber, Sunflower Lecithin, Cellulose Gum, Stevia Leaf Extract, and Monk Fruit Extract.

Availability

List Number	Item
67450	Ensure Plant Protein Vanilla / 11 fl oz (330 mL) Carton 3 x 4 ct
67453	Ensure Plant Protein Chocolate / 11 fl oz (330 mL) Carton 3 x 4 ct

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Nutrition Information - Liquid Vanilla

	11 fl oz (330 mL)	
	Value	%RDI / %DV*
Calories	180	
Total Fat, g	6	8
Saturated Fat, g	1	5
Trans Fat, g	0	
Polyunsaturated Fat, g	1.5	
Monounsaturated Fat, g	3.5	
Cholesterol, mg	0	0
Sodium, mg	300	13
Total Carbohydrate, g	13	5
Dietary Fiber, g	5	18
Total Sugars, g	7	
Added Sugars, g	7	14
Protein, g	20	24
Vitamin D, mcg	10	50
Calcium, mg	400	30
Iron, mg	7.2	40
Potassium, mg	470	10
Vitamin A, mcg RAE	225	25
Vitamin C		50
Vitamin E		25
Vitamin K		30
Thiamin		40
Riboflavin		25
Niacin		25
Vitamin B6		25
Folate		25
Folic Acid, mcg	60	
Vitamin B12		25
Biotin		25
Pantothenic Acid		25
Phosphorus		40
Iodine		25
Magnesium		15
Zinc		30
Selenium		40
Copper		50
Manganese		25
Chromium		40
Molybdenum		40

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Nutrition Information - Liquid Vanilla

	11 fl oz (330 mL)	
	Value	%RDI / %DV*
Choline		25

Liquid Vanilla Footnotes & References

Per 11 fl oz (330 mL)

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Preparation

Instructions for Use:

- 1 Serve cold. Shake before using.
- 1 DO NOT FREEZE.
- 1 Refrigerate after opening.