

Product Information: Ensure® Original Therapeutic Nutrition

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Ensure® Original Therapeutic Nutrition

Complete, Balanced Nutrition®

- 1 Ensure Original Therapeutic Nutrition can benefit patients who have malnutrition, are at nutritional risk, or are experiencing involuntary weight loss.
- 1 For oral use only.
- 1 For interim sole-source nutrition.
- 1 Use under medical supervision.
- 1 Good source of protein (9 g/serving).
- 1 60% DV of vitamin D to support bone health.
- 1 Excellent source (320 mg/serving) of plant-based omega-3 fatty acid ALA (20% of 1.6 g DV) to support heart health.
- 1 Excellent source of 26 essential vitamins and minerals.
- 1 Contains 82.5 mg choline per serving, which is 15% of the daily value for choline (550 mg).
- 1 Halal.
- 1 Kosher.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for IV use.
- 1 Not for people with galactosemia.

Ingredients

Liquid Vanilla:

Water, Sugar, Corn Maltodextrin, Milk Protein Concentrate, Blend of Vegetable Oils (Canola, Corn), Soy Protein Isolate, Fructooligosaccharides, Nonfat Milk. Less than 0.5% of: Magnesium Phosphate, Natural & Artificial Flavor, Potassium Citrate, Cellulose Gel, Salt, Calcium Carbonate, Calcium Phosphate, Choline Chloride, Ascorbic Acid, Sodium Citrate, Cellulose Gum, Potassium Chloride, Monoglycerides, Soy Lecithin, Carrageenan, Potassium Hydroxide, Ferrous Sulfate, Zinc Sulfate, dl-Alpha-Tocopheryl Acetate, Niacinamide, Manganese Sulfate, Calcium Pantothenate, Copper Sulfate, Thiamine Chloride Hydrochloride, Pyridoxine Hydrochloride, Vitamin A Palmitate, Riboflavin, Chromium Chloride, Folic Acid, Biotin, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Vitamin D3, and Vitamin B12.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
50460	Ensure Original Therapeutic Nutrition Vanilla / 8-fl-oz (237-mL) can / 24 ct
50462	Ensure Original Therapeutic Nutrition Milk Chocolate / 8-fl-oz (237-mL) can / 24 ct
50648	Ensure Original Therapeutic Nutrition Strawberry / 8-fl-oz (237-mL) can / 24 ct
51892	Ensure Original Therapeutic Nutrition Butter Pecan / 8-fl-oz (237-mL) can / 24 ct
58293	Ensure Original Therapeutic Nutrition Milk Chocolate / 8-fl-oz (237-mL) bottle / 24 ct
58295	Ensure Original Therapeutic Nutrition Strawberry / 8-fl-oz (237-mL) bottle / 24 ct
58297	Ensure Original Therapeutic Nutrition Vanilla / 8-fl-oz (237-mL) bottle / 24 ct

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Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV*
Calories	250	
Calories from Fat	50	
Fat, g	6	9
Saturated Fat, g	1	5
Trans Fat, g	0	
Polyunsaturated Fat, g	2	
Monounsaturated Fat, g	3	
Cholesterol, mg	<5	<2
Sodium, mg	200	8
Potassium, mg	370	11
Carbohydrate, g	41	14
Dietary Fiber, g	3	12
Sugars, g	23	
Protein, g	9	18
Vitamin A		25
Vitamin C		50
Calcium		30
Iron		25
Vitamin D		60
Vitamin E		25
Vitamin K		25
Thiamin		25
Riboflavin		25
Niacin		25
Vitamin B6		25
Folate		25
Vitamin B12		25
Biotin		25
Pantothenic Acid		25
Phosphorus		25
Iodine		25
Magnesium		25
Zinc		25
Selenium		25
Copper		25
Manganese		60
Chromium		25
Molybdenum		50
Chloride		8

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Liquid Vanilla Footnotes & References

Per 8 fl oz (237 mL)

*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

Preparation

Instructions for Use:

- 1 Shake well.
- 1 Serve cold.
- 1 Refrigerate after opening.