

Product Information: Ensure® Original Therapeutic Nutrition Shake

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Ensure® Original Therapeutic Nutrition Shake

Complete Therapeutic Nutrition

- 1 ENSURE ORIGINAL THERAPEUTIC NUTRITION can benefit patients who have malnutrition, are at nutritional risk, or are experiencing involuntary weight loss.
- 1 For oral use only.
- 1 For interim sole-source nutrition.
- 1 Use under medical supervision.
- 1 Complete, Balanced Nutrition®.
- 1 Good source of protein (9 g/8 fl oz).
- 1 27 Vitamins and minerals.
- 1 Excellent source (320 mg/8 fl oz) of plant-based omega-3 fatty acid alpha-linolenic acid (ALA, 20% of 1.6 g DV) to support heart health.
- 1 25% DV of Vitamin D to support bone health.
- 1 #1 Doctor recommended brand.
- 1 Kosher.
- 1 Halal.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for IV use.
- 1 Not suitable for people with galactosemia.

Ingredients

Liquid Vanilla:

Water, Sugar, Corn Maltodextrin, Milk Protein Concentrate, Blend of Vegetable Oils (Canola, Corn), Soy Protein Isolate, Short-chain Fructooligosaccharides, Nonfat Milk. Less than 0.5% of: Vitamins & Minerals (Potassium Citrate, Magnesium Phosphate, Calcium Carbonate, Sodium Citrate, Calcium Phosphate, Choline Chloride, Ascorbic Acid, Potassium Chloride, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Pyridoxine Hydrochloride, Thiamine Hydrochloride, Copper Sulfate, Riboflavin, Vitamin A Palmitate, Folic Acid, Chromium Chloride, Potassium Iodide, Sodium Selenate, Sodium Molybdate, Phylloquinone, Biotin, Vitamin D3, Vitamin B12), Natural & Artificial Flavor, Cellulose Gel, Salt, Cellulose Gum, Soy Lecithin, Monoglycerides, and Carrageenan.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
58293	Ensure Original TN Shake Milk Chocolate / 8 fl oz (237 mL) Bottle / 24 ct
58295	Ensure Original TN Shake Strawberry / 8 fl oz (237 mL) Bottle / 24 ct
58297	Ensure Original TN Shake Vanilla / 8 fl oz (237 mL) Bottle / 24 ct
64931	Ensure Original TN Shake Vanilla / 8 fl oz (237 mL) Recloseable Carton / 24 ct
64933	Ensure Original TN Shake Strawberry / 8 fl oz (237 mL) Recloseable Carton / 24 ct
64935	Ensure Original TN Shake Butter Pecan / 8 fl oz (237 mL) Recloseable Carton / 24 ct
64937	Ensure Original TN Shake Milk Chocolate / 8 fl oz (237 mL) Recloseable Carton / 24 ct

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Abbott Nutrition Abbott Laboratories
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Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV*
Calories	250	
Total Fat, g	6	8
Saturated Fat, g	1	5
Trans Fat, g	0	
Polyunsaturated Fat, g	2	
Monounsaturated Fat, g	3	
Cholesterol, mg	<5	<2
Sodium, mg	210	9
Total Carbohydrate, g	41	15
Dietary Fiber, g	3	11
Total Sugars, g	23	
Added Sugars, g	22	45
Protein, g	9	18
Vitamin D, mcg	5	25
Calcium, mg	330	25
Iron, mg	4.5	25
Potassium, mg	470	10
Vitamin A		25
Vitamin C		50
Vitamin E		50
Vitamin K		20
Thiamin		25
Riboflavin		25
Niacin		35
Vitamin B6		25
Folate		25
Folic Acid, mcg	60	
Vitamin B12		25
Biotin		25
Pantothenic Acid		25
Phosphorus		15
Iodine		25
Magnesium		20
Zinc		30
Selenium		25
Copper		25
Manganese		25
Chromium		25
Molybdenum		25

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Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV*
Chloride		10
Choline		25

Liquid Vanilla Footnotes & References

Per 8 fl oz (237 mL)

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Preparation

Instructions for Use:

- 1 Shake well. Serve cold.
- 1 Once opened, reclose, refrigerate and **use within 48 hours**.

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