

Product Information: Ensure® Original Powder

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Ensure® Original Powder

Complete, Balanced Nutrition®

- 1 ENSURE ORIGINAL POWDER is a source of complete, balanced nutrition for supplemental use with or between meals. It may benefit patients who have malnutrition, are at nutritional risk, are experiencing involuntary weight loss, or on modified diets.
- 1 For oral use.
- 1 For interim sole-source nutrition.
- 1 Ensure is the #1 doctor recommended brand.
- 1 Good source of 24 vitamins and minerals.
- 1 Good source of protein.
- 1 Kosher.
- 1 Halal.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for IV use.
- 1 Not for people with galactosemia.

Ingredients

Powder Vanilla:

Corn Syrup, Corn Maltodextrin, Sugar, Blend of Vegetable Oils (High Oleic Sunflower, Soy, Canola), Milk Protein Concentrate, Short-chain Fructooligosaccharides, Soy Protein Isolate. Less than 2% of: Sodium Citrate, Potassium Citrate, Artificial Flavor, Magnesium Chloride, Potassium Chloride, Calcium Phosphate, Choline Chloride, Ascorbic Acid, Potassium Hydroxide, Ascorbyl Palmitate, Zinc Sulfate, Ferrous Sulfate, Mixed Tocopherols, Calcium Pantothenate, dl-Alpha-Tocopheryl Acetate, Manganese Sulfate, Niacinamide, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Thiamine Hydrochloride, Copper Sulfate, Beta-Carotene, Folic Acid, Potassium Iodide, Sodium Molybdate, Chromium Chloride, Sodium Selenate, Phylloquinone, Biotin, Vitamin D3, Vitamin B12, Calcium Carbonate, Potassium Phosphate, Magnesium Sulfate, and Salt.

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Nutrition Information - Powder Vanilla

	57 g (1/2 Cup Powder)	
	Value	%RDI / %DV ^{f2922f}
Calories	240	
Total Fat, g	8	10
Saturated Fat, g	1.5	8
Trans Fat, g	0	
Cholesterol, mg	10	3
Sodium, mg	200	9
Total Carbohydrate, g	33	12
Dietary Fiber, g	2	7
Total Sugars, g	12	
Added Sugars, g	11	23
Protein, g	8	16
Vitamin D, mcg	2.2	10
Calcium, mg	210	15
Iron, mg	1.8	10
Potassium, mg	310	6
Vitamin A, mcg RAE		25
Vitamin C, mg		25
Vitamin E, mg		15
Vitamin K, mcg		10
Vitamin B1 (Thiamin), mg		35
Vitamin B2 (Riboflavin), mg		30
Vitamin B6, mg		25
Folate, mcg DFE		25
Folic Acid, mcg	60	
Vitamin B12, mcg		30
Biotin, mcg		25
Pantothenic Acid, mg		40
Phosphorus, mg		8
Iodine, mcg		20
Magnesium, mg		10
Zinc, mg		20
Selenium, mcg		20
Copper, mg		15
Manganese, mg		25
Chromium, mcg		30
Molybdenum, mcg		40
Chloride, mg		8
Choline, mg		10

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Powder Vanilla Footnotes & References

Per 57 g (1/2 Cup Powder)

¹The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Preparation

Instructions for Use:

- 1 To prepare an 8 fl oz drink pour 3/4 cup of cold water into glass.
- 1 Gradually stir in 1/2 cup (leveled) Ensure Original Powder and mix until dissolved.
- 1 For flavor variety, you may add fruits or syrups, such as bananas, peanut butter, chocolate syrup, etc.
- 1 Ensure Original Powder prepared as directed, should be used promptly or covered, refrigerated, and **used within 24 hours**.
- 1 Opened can should be covered with overcap and stored in a cool, dry place, but not refrigerated.
- 1 Once opened, **use contents within 3 weeks**.