

Product Information: Ensure® Max Protein

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Ensure® Max Protein

Nutrition shake

- 1 ENSURE MAX PROTEIN is a high-protein, low-fat nutrition shake with 1 g of sugar for people who need extra protein.
- 1 Excellent source of protein (30 g/11 fl oz).
- 1 Milk Chocolate with Caffeine and Café Mocha include 100 mg of caffeine (as much as a cup of coffee).
- 1 With nutrients for immune system support: protein, vitamin A, vitamin D, Zinc, antioxidants (vitamins C & E and selenium).
- 1 Gluten-free.
- 1 Kosher.
- 1 Halal.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 For oral use only.
- 1 Not suitable for people with galactosemia.

Ingredients

Liquid Milk Chocolate:

Water, Milk Protein Concentrate, Calcium Caseinate, Cocoa Powder (Processed with Alkali). Less than 0.5% of: Vitamins & Minerals (Magnesium Phosphate, Sodium Ascorbate, Potassium Phosphate, Sodium Phosphate, Choline Chloride, Potassium Hydroxide, Zinc Sulfate, dl-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Folic Acid, Phylloquinone, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Vitamin D3, Biotin, Vitamin B12), Soluble Corn Fiber, Short-chain Fructooligosaccharides, Natural & Artificial Flavor, High Oleic Sunflower Oil, Salt, Cellulose Gel, Acesulfame Potassium, Cellulose Gum, Sucralose, and Carrageenan.

Allergens: Contains milk ingredients.

Availability

List Number	Item
66893	Ensure Max Protein Shake Cafe Mocha / 11 fl oz (330 mL) Recloseable Carton / 3 x 4 ct
66899	Ensure Max Protein Shake Milk Chocolate / 11 fl oz (330 mL) Recloseable Carton / 3 x 4 ct
67165	Ensure Max Protein Shake French Vanilla / 11 fl oz (330 mL) Recloseable Carton / 3 x 4 ct
67724	Ensure Max Protein Shake French Vanilla / 11 fl oz (330 mL) Recloseable Carton / 12 ct
67725	Ensure Max Protein Shake Milk Chocolate / 11 fl oz (330 mL) Recloseable Carton / 12 ct
68166	Ensure Max Protein Shake Milk Chocolate with Caffeine / 11 fl oz (330 mL) Recloseable Carton / 3 x 4
68169	Ensure Max Protein Shake Creamy Strawberry / 11 fl oz (330 mL) Recloseable Carton / 3 x 4 ct
68460	Ensure Max Protein Cherry Cheesecake / 11 fl oz (330 mL) Recloseable Carton / 3 x 4 ct
68463	Ensure Max Protein Creamy Peach / 11 fl oz (330 mL) Recloseable Carton / 3 x 4 ct

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Nutrition Information - Liquid Milk Chocolate

	11 fl oz (330 mL)	
	Value	%RDI / %DV*
Calories	150	
Total Fat, g	1.5	2
Saturated Fat, g	0.5	3
Trans Fat, g	0	
Polyunsaturated Fat, g	0	
Monounsaturated Fat, g	0.5	
Cholesterol, mg	20	7
Sodium, mg	250	11
Total Carbohydrate, g	7	3
Dietary Fiber, g	4	14
Total Sugars, g	1	
Added Sugars, g	0	0
Protein, g	30	60
Vitamin D, mcg	11	60
Calcium, mg	650	50
Iron, mg	2.7	15
Potassium, mg	380	8
Vitamin A		30
Vitamin C		50
Vitamin E		25
Vitamin K		20
Thiamin		25
Riboflavin		45
Niacin		50
Vitamin B6		30
Folate		25
Folic Acid, mcg	60	
Vitamin B12		25
Biotin		25
Pantothenic Acid		35
Phosphorus		40
Iodine		30
Magnesium		35
Zinc		45
Selenium		45
Copper		40
Manganese		25
Chromium		35
Molybdenum		45

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Nutrition Information - Liquid Milk Chocolate

	11 fl oz (330 mL)	
	Value	%RDI / %DV*
Chloride		10
Choline		15

Liquid Milk Chocolate Footnotes & References

Per 11 fl oz (330 mL)

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.