

Product Information: Ensure® High Protein [12 g of protein]

For more information, contact your Abbott Nutrition sales representative or visit
www.abbottnutrition.ca

Ensure® High Protein [12 g of protein]

Complete, balanced nutrition

Usage

- 1 Ensure® High Protein is complete, balanced nutrition with 28% more protein per bottle* to help patients build muscle mass. It can be used as a supplement between or with meals, or, in appropriate amounts, as a meal replacement.
- 1 For patients:
 - With or at risk of malnutrition;
 - With involuntary weight loss;
 - With increased protein requirements;
 - Recovering from illness or injury.
- 1 For oral feeding.

Features

- 1 Complete, balanced nutrition.
- 1 Provides 12 g of protein per bottle.
- 1 Provides 26 vitamins and minerals.
- 1 3 delicious flavours to help prevent flavour fatigue: Vanilla, Chocolate, and Strawberry.
- 1 Low-residue.
- 1 Gluten-free.
- 1 Kosher.
- 1 Halal.

* Compared to Ensure® Regular.



Ingredients

Liquid Vanilla:

Water, Sugar, Sodium and Calcium Caseinate, Corn Maltodextrin, High Oleic Safflower Oil, Canola Oil, Soy Protein Isolate, Corn Oil, Natural and Artificial Flavours, Soy Lecithin, Carrageenan, MINERALS (Potassium Citrate, Sodium Citrate, Calcium Phosphate, Magnesium Phosphate, Magnesium Chloride, Salt, Potassium Phosphate, Zinc Sulphate, Ferrous Sulphate, Manganese Sulphate, Cupric Sulphate, Potassium Iodide, Sodium Molybdate, Sodium Selenate, Chromium Chloride), VITAMINS (Ascorbic Acid, Niacinamide, DL-Alpha-Tocopheryl Acetate, Calcium D-Pantothenate, Vitamin A Palmitate, Pyridoxine Hydrochloride, Thiamine Chloride Hydrochloride, Riboflavin, Folic Acid, Biotin, Vitamin D3, and Cyanocobalamin).

Allergens: Contains: Milk, Soy.

Availability

List Number	Item
57250848	Ensure® High Protein [12 g of protein], Vanilla; 235-mL bottles; 4 x 6/case
57253848	Ensure® High Protein [12 g of protein], Chocolate; 235-mL bottles; 4 x 6/case
59422848	Ensure® High Protein [12 g of protein], Strawberry; 235-mL bottles; 4 x 6/case
68239899	Ensure® High Protein [12 g of protein], Vanilla; 235-mL bottles; 16/case
68240899	Ensure® High Protein [12 g of protein], Chocolate; 235-mL bottles; 16/case

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Abbott Nutrition Abbott Laboratories Co.
Saint-Laurent, Quebec, Canada H4S 1Z6
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Nutrition Information - Liquid Vanilla

	100 mL	235 mL
	Value	Value
ENERGY, Cal (kJ)	96 (402)	225 (945)
Protein, g	5.02	12
Fat, g	2.55	6
Polyunsaturates, g	0.5	1.2
Linoleic Acid, g	0.43	1.0
Linolenic Acid, g	0.08	0.18
Monounsaturates, g	1.0	2.3
Saturates, g	0.2	0.5
Carbohydrate, g	13.2	31
Vitamin A, IU	496	1166
Vitamin D, IU	21.3	50
Vitamin E, mg	1.07	2.5
Vitamin C, mg	6.4	15.0
Thiamine, mg	0.138	0.325
Riboflavin, mg	0.184	0.432
Niacin, mg NE	2.55	6.00
Vitamin B6, mg	0.20	0.47
Folic Acid, mg	0.026	0.060
Vitamin B12, mg	0.00021	0.00050
Pantothenic Acid, mg	0.74	1.75
Biotin, mg	0.0149	0.035
Sodium, mg	123	290
Potassium, mg	182	428
Chloride, mg	107	251
Calcium, mg	117	275
Phosphorus, mg	117	275
Magnesium, mg	27.7	65.0
Iron, mg	1.49	3.50
Zinc, mg	1.70	4.00
Iodine, mg	0.0170	0.0400
Copper, mg	0.21	0.5
Manganese, mg	0.55	1.3
Selenium, mg	0.0051	0.012
Chromium, mg	0.0043	0.010
Molybdenum, mg	0.0119	0.028

Product Characteristics

	Value
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	Value
Caloric Density (Cal/mL)	0.96
Protein (% of total energy)	21
Protein Source	Sodium and calcium caseinate, soy protein isolate
Fat (% of total energy)	24
MCT oil (% of total fats)	0
Omega-6:Omega-3 Ratio	N/A
Fat Source	High oleic safflower oil, canola oil, corn oil
Carbohydrate (% of total energy)	55
Carbohydrate Source	Sugar, corn maltodextrin
Total Cal:g Nitrogen Ratio	122:1
Nonprotein Cal:g Nitrogen Ratio	96.1:1
Water (g/L)	837
Osmolality (mOsm/kg water)	546
Renal Solute Load (mOsm/L)	417
Recommended Tube Size for Gravity/Pump Feeding (Fr)	N/A

Preparation

Directions for Use:

- 1 Shake well — serve cold.
- 1 Once opened, refrigerate and use within 24 hours.

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