

**Product Information:
Ensure® Enlive® Advanced Therapeutic Nutrition
Shake**

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Ensure® Enlive® Advanced Therapeutic Nutrition Shake

- 1 Patented ENSURE ENLIVE is our most advanced nutrition product, designed to help rebuild strength and energy from the inside, with an ALL-N-ONE blend to support muscle, bone, heart, immune, and digestive tract health. It is specially formulated to help maintain and rebuild lean body mass and strength in patients recovering from illness, injury and surgery.
- 1 Recommend 2 servings per day as part of a healthy diet.
- 1 For supplemental nutrition.
- 1 For oral use.
- 1 Use under medical supervision.
- 1 Has 1.5 g calcium beta-hydroxy-beta-methylbutyrate (CaHMB) and 20 g of protein/8 fl oz for muscle health.
- 1 Excellent source (610 mg/8 fl oz) of plant-based omega-3 ALA (40% of 1.6 g DV) for heart health.
- 1 Excellent source of antioxidants (vitamins C & E and selenium) to support normal immune function.
- 1 3 g prebiotic fiber to support growth of good bacteria in the digestive tract.
- 1 60% DV of vitamin D and 40% DV of calcium to support strong bones.
- 1 26 essential vitamins and minerals.
- 1 Concentrated calories (1.5 Cal/mL) and excellent source of protein (20 g/8 fl oz).
- 1 #1 Doctor recommended brand.
- 1 Kosher.
- 1 Halal (certain flavors).
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for sole-source nutrition.
- 1 Not for IV use.
- 1 Not suitable for people with galactosemia.

Ingredients

Liquid Vanilla:

Water, Corn Syrup, Sugar, Milk Protein Concentrate, Sodium Caseinate, Canola Oil, Short-chain Fructooligosaccharides, Corn Oil, Soy Protein Isolate, Calcium Beta-Hydroxy-Beta-Methylbutyrate, Potassium Hydroxide, Whey Protein Concentrate. Less than 0.5% of: Vitamins & Minerals (Potassium Citrate, Potassium Phosphate, Ascorbic Acid, Magnesium Hydroxide, Choline Chloride, Calcium Carbonate, Calcium Phosphate, Sodium Phosphate, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Ferrous Sulfate, Niacinamide, Vitamin B12, Calcium Pantothenate, Manganese Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Copper Sulfate, Folic Acid, Sodium Selenate, Chromium Chloride, Potassium Iodide, Sodium Molybdate, Phylloquinone, Biotin, Vitamin D3), Natural & Artificial Flavor, Cellulose Gel, Soy Lecithin, Monoglycerides, Cellulose Gum, L-Carnitine, and Carrageenan.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
64281	Ensure Enlive Advanced TN Shake Strawberry / 8 fl oz (237 mL) Bottle / 24 ct
64283	Ensure Enlive Advanced TN Shake Chocolate / 8 fl oz (237 mL) Bottle / 24 ct
64286	Ensure Enlive Advanced TN Shake Vanilla / 8 fl oz (237 mL) Bottle / 24 ct

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Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV*
Calories	350	
Protein, g	20	40
Total Carbohydrate, g	44	16
Dietary Fiber, g	3	11
Total Sugars, g	20	
Added Sugars, g	20	40 (44 Choc)
Total Fat, g	11	14
Saturated Fat, g	1.5	8
Trans Fat, g	0	
Polyunsaturated Fat, g	3.5	
Monounsaturated Fat, g	5	
Cholesterol, mg	10	3
Vitamin A		25
Vitamin D, mcg	12	60
Vitamin E		100
Vitamin K		20
Vitamin C		70
Folate		40
Folic Acid, mcg	96	
Thiamin		40
Riboflavin		40
Vitamin B6		40
Vitamin B12		40
Niacin		50
Biotin		40
Pantothenic Acid		40
Sodium, mg	260	11
Potassium, mg	560	10
Chloride		2
Calcium, mg	500	40
Phosphorus		30
Magnesium		20
Iodine		25
Manganese		25
Copper		25
Zinc		70
Iron, mg	4.5	25
Selenium		50
Chromium		25 (35 Choc)
Molybdenum		25

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Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV*
Choline		25

Liquid Vanilla Footnotes & References

Per 8 fl oz (237 mL)

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Preparation

Instructions for Use:

- 1 Shake well. Serve cold.
- 1 Refrigerate after opening.
- 1 Use by date on end of bottle.

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