

**Product Information:  
Ensure® Enlive® Advanced Nutrition Shake**

For more information, contact your Abbott Nutrition Representative or visit  
[www.abbottnutrition.com](http://www.abbottnutrition.com)

# Ensure® Enlive® Advanced Nutrition Shake

- 1 ENSURE ENLIVE is our most advanced nutritional product, designed to help rebuild strength and energy from the inside, with an ALL-N-ONE blend to support muscle, bone, heart, immune, and digestive tract health. Ensure Enlive is specially formulated to help maintain and rebuild lean body mass and strength in patients recovering from illness, injury and surgery.
- 1 For oral use.
- 1 For supplemental nutrition.
- 1 Recommend 2 servings per day in addition to a healthy diet.
- 1 1.5 g of CaHMB (calcium beta-hydroxy-beta-methylbutyrate), plus 20 g of high-quality protein/serving to help maintain muscle health.
- 1 Excellent source (610 mg/8 fl oz) of plant-based omega-3 ALA (40% of 1.6 g DV) for heart health.
- 1 Excellent source of antioxidants (vitamins C & E and selenium) to support normal immune function.
- 1 3 g prebiotic fiber to support growth of good bacteria in the digestive tract.
- 1 120% 1995 DV of vitamin D and 50% 1995 DV of calcium to support strong bones.
- 1 Concentrated calories (1.5 Cal/mL) and excellent source of protein (20 g/8 fl oz).
- 1 HMB + protein for muscle health.
- 1 Contains 82.5 mg choline per serving, which is 15% of the DV for choline (550 mg).
- 1 Kosher.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



## Safety Precautions

- 1 Not for sole-source nutrition.
- 1 Not for people with galactosemia.

## Ingredients

### Liquid Vanilla:

Water, Corn Syrup, Sugar, Milk Protein Concentrate, Sodium Caseinate, Canola Oil, Corn Oil, Soy Protein Isolate, Short-chain Fructooligosaccharides, Calcium Beta-Hydroxy-Beta-Methylbutyrate, Whey Protein Concentrate. Less than 0.5% of: Potassium Citrate, Natural & Artificial Flavor, Potassium Phosphate, Cellulose Gel, Calcium Carbonate, Magnesium Hydroxide, Sodium Phosphate, Ascorbic Acid, Distilled Monoglycerides, Soy Lecithin, Choline Chloride, Cellulose Gum, L-Carnitine, Carrageenan, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Cupric Sulfate, Pyridoxine Hydrochloride, Thiamine Chloride Hydrochloride, Riboflavin, Vitamin A Palmitate, Folic Acid, Chromium Chloride, Sodium Selenate, Biotin, Potassium Iodide, Sodium Molybdate, Phylloquinone, Vitamin D3, and Cyanocobalamin.

**Allergens:** Contains milk and soy ingredients.

## Availability

List Number	Item
64291	Ensure Enlive Advanced Nutrition Shake Strawberry / 8 fl oz (237 mL) Bottle / 4 x 4 ct
64293	Ensure Enlive Advanced Nutrition Shake Vanilla / 8 fl oz (237 mL) Bottle / 4 x 4 ct
64296	Ensure Enlive Advanced Nutrition Shake Chocolate / 8 fl oz (237 mL) Bottle / 4 x 4 ct
64721	Ensure Enlive Advanced Nutrition Shake Chocolate / 8 fl oz (237 mL) Bottle / 12 ct
64760	Ensure Enlive Advanced Nutrition Shake Vanilla / 8 fl oz (237 mL) Bottle / 12 ct
65086	Ensure Enlive Advanced Nutrition Shake Strawberry / 8 fl oz (237 mL) Bottle / 16 ct
65088	Ensure Enlive Advanced Nutrition Shake Vanilla / 8 fl oz (237 mL) Bottle / 16 ct
65090	Ensure Enlive Advanced Nutrition Shake Chocolate / 8 fl oz (237 mL) Bottle / 16 ct

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## Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV*
Calories	350	
Calories from Fat	100	
Total Fat, g	11	17
Saturated Fat, g	1.5	8
Trans Fat, g	0	
Polyunsaturated Fat, g	3.5	
Monounsaturated Fat, g	5	
Cholesterol, mg	10	3
Sodium, mg	240	10
Potassium, mg	560	16
Total Carbohydrate, g	44	15
Dietary Fiber, g	3	12
Sugars, g	20	
Protein, g	20	40
Vitamin A		15
Vitamin C		100
Calcium		50
Iron		25
Vitamin D		120
Vitamin E		100
Vitamin K		25
Thiamin		25
Riboflavin		25
Niacin		25
Vitamin B6		25
Folate		40
Vitamin B12		50
Biotin		25
Pantothenic Acid		25
Phosphorus		35
Iodine		25
Magnesium		25
Zinc		70
Selenium		80
Copper		25
Manganese		25
Chromium		25
Molybdenum		25

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## Liquid Vanilla Footnotes & References

*Per 8 fl oz (237 mL)*

\*Percent Daily Values (%DV) are based on a 2,000 Calorie diet.

## Preparation

### Instructions for Use:

- 1 Shake well. Best served chilled.
- 1 Once opened, reclose, refrigerate and **use within 48 hours**.
- 1 If not consumed directly from the container, cover, refrigerate, and **use within 24 hours**.

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