

## Product Information: Ensure® Clear Therapeutic Nutrition

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[www.abbottnutrition.com](http://www.abbottnutrition.com)

# Ensure® Clear Therapeutic Nutrition

- 1 ENSURE CLEAR THERAPEUTIC NUTRITION is a great-tasting, clear liquid nutrition drink that contains high-quality protein and essential nutrients. It is fat-free, making it an ideal choice for patients on clear-liquid, pre- and post-surgical, bowel-prep, fat-malabsorptive, and fat-restricted diets. It is also ideal for patients who prefer a fruit-flavored alternative to creamy shake-like supplements. Ensure Clear Therapeutic Nutrition can benefit patients who have malnutrition, are at nutritional risk, or are experiencing involuntary weight loss.
- 1 For oral use.
- 1 Use under medical supervision.
- 1 0 g of fat.
- 1 240 nutritious calories.
- 1 Clear liquid nutrition.
- 1 Good source of high-quality protein (8 g/8 fl oz).
- 1 Refreshing fruit flavors provide taste alternative.
- 1 22 vitamins & minerals.
- 1 Contains no fruit juice.
- 1 #1 Doctor recommended brand.
- 1 Kosher.
- 1 Halal (Apple only).
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.
- 1 Not for IV use.



## Safety Precautions

- 1 Not for sole-source nutrition.
- 1 Not suitable for people with galactosemia.

## Ingredients

### Liquid Apple:

Water, Sugar, Corn Syrup Solids, Whey Protein Isolate. Less than 0.5% of: Vitamins & Minerals (Ascorbic Acid, Ferrous Sulfate, Zinc Sulfate, dl-Alpha-Tocopheryl Acetate, Calcium Pantothenate, Niacinamide, Manganese Sulfate, Copper Sulfate, Pyridoxine Hydrochloride, Vitamin A Palmitate, Thiamine Hydrochloride, Riboflavin, Folic Acid, Potassium Iodide, Chromium Chloride, Phylloquinone, Sodium Selenate, Sodium Molybdate, Vitamin D3, Biotin, Vitamin B12), Citric Acid, Phosphoric Acid, and Natural & Artificial Flavor.

**Allergens:** Contains milk ingredients.

## Availability

List Number	Item
64900	Ensure Clear Therapeutic Nutrition Mixed Berry / 8 fl oz (237 mL) Recloseable Carton / 24 ct
64903	Ensure Clear Therapeutic Nutrition Apple / 8 fl oz (237 mL) Recloseable Carton / 24 ct

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## Nutrition Information - Liquid Apple

	8 fl oz (237 mL)	
	Value	%RDI / %DV*
Calories	240	
Total Fat, g	0	0
Saturated Fat, g	0	0
Trans Fat, g	0	
Cholesterol, mg	5	<2
Sodium, mg	70	3
Total Carbohydrate, g	52	19
Dietary Fiber, g	0	0
Total Sugars, g	30	
Added Sugars, g	30	60
Protein, g	8	16
Vitamin D, mcg	4	20
Iron, mg	2.7	15
Vitamin A		25
Vitamin C		30
Vitamin E		15
Vitamin K		15
Thiamin		25
Riboflavin		25
Niacin		25
Vitamin B6		25
Folate		25
Folic Acid, mcg	60	
Vitamin B12		25
Biotin		15
Pantothenic Acid		15
Phosphorus		15
Iodine		30
Zinc		30
Selenium		15
Copper		15
Manganese		10
Chromium		10
Molybdenum		10

### Liquid Apple Footnotes & References

#### Per 8 fl oz (237 mL)

\*Not a significant source of calcium and potassium. The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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## Preparation

### Instructions for Use:

- 1 Shake well. Serve cold.
- 1 Once opened, reclose, refrigerate and **use within 48 hours.**