

Product Information: Ensure® Clear Nutrition Drink

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Ensure® Clear Nutrition Drink

- 1 ENSURE CLEAR is a fat-free, refreshing fruit-flavored nutrition drink that contains high-quality protein and essential nutrients. It is ideal for patients who prefer a fruit-flavored alternative to creamy shake-like supplements. Ensure Clear can benefit patients who have nutritional gaps they need to fill, have malnutrition, are at nutritional risk, or are experiencing involuntary weight loss.
- 1 For oral use.
- 1 180 Calories.
- 1 Good source of high-quality protein (8 g/10 fl oz).
- 1 0 g of fat.
- 1 Clear liquid nutrition.
- 1 Refreshing fruit flavors provide taste alternative.
- 1 Contains no fruit juice.
- 1 Ensure is the #1 doctor recommended brand.
- 1 Kosher.
- 1 Halal (certain flavors).
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.*



Safety Precautions

- 1 Not suitable for people with galactosemia.
- 1 Not for sole-source nutrition.

* Not for people with galactosemia.

Ingredients

Liquid Blueberry Pomegranate:

Water, Corn Maltodextrin, Sugar, Whey Protein Isolate. Less than 0.5% of: Natural Flavor, Phosphoric Acid, Malic Acid, Citric Acid, Acesulfame Potassium, Sucralose, Red 40, Ferrous Sulfate, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Blue 1, Manganese Sulfate, Copper Sulfate, Pyridoxine Hydrochloride, Thiamine Hydrochloride, Riboflavin, Chromium Chloride, Potassium Iodide, Sodium Selenate, Sodium Molybdate, Biotin, and Vitamin B12.

Allergens: Contains milk ingredients.

Availability

List Number	Item
56500	Ensure Clear Nutrition Drink Blueberry Pomegranate / 10 fl oz (296 mL) Bottle / 3 x 4 ct
62479	Ensure Clear Nutrition Drink Mixed Fruit / 10 fl oz (296 mL) Bottle / 3 x 4 ct

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Nutrition Information - Liquid Blueberry Pomegranate

	10 fl oz (296 mL)	
	Value	%RDI / %DV*
Calories	180	
Total Fat, g	0	0
Saturated Fat, g	0	0
Trans Fat, g	0	
Cholesterol, mg	5	2
Sodium, mg	70	3
Total Carbohydrate, g	37	13
Dietary Fiber, g	0	0
Total Sugars, g	18	
Added Sugars, g	18	36
Protein, g	8	16
Iron, mg	2.7	15
Calcium, mg	40	4
Thiamin		25
Riboflavin		25
Niacin		25
Vitamin B6		25
Biotin		15
Vitamin B12		6
Phosphorus		15
Pantothenic Acid		15
Magnesium		2
Iodine		15
Selenium		15
Zinc		30
Manganese		15
Copper		15
Molybdenum		15
Chromium		15

Liquid Blueberry Pomegranate Footnotes & References

Per 10 fl oz (296 mL)

*The Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 Calories a day is used for general nutrition advice. -- Not a significant source of vitamin D and potassium.

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