

Ensure Plus

Ready-to-Hang (RTH)

Product Information

- Ensure Plus RTH is a complete, balanced nutrition with all essential nutrients and is ideal for tube feeding.
- Calorie dense with 32 nutrients.
- Ensure Plus RTH has been scientifically formulated for those who have fluid restrictions or require volume limited feedings & those with increased calorie and protein needs.
- It is for the dietary management of patients with or at risk of developing disease related malnutrition.
- It is higher in calories (1.47kcal/ml) and protein (5.96g/100ml) as compared to Ensure (0.96kcal/ml and 4.41g/100ml).
- Ensure Plus RTH contains medium chain triglycerides (MCTs), an easily digested and absorbed source of fat that contributes readily available energy.
- High quality protein.
- Balanced macronutrient ratio supporting optimum utilization of protein.
- Lactose and by nature is Gluten free.

Safety Precautions

- Not for Parenteral or IV use.
- Not for people with galactosemia.
- Not intended for use in children unless recommended by physician or a qualified healthcare professional.

Ingredients

Maltodextrin, sodium and calcium caseinates, sucrose, Edible vegetable oil (high oleic sunflower oil, soy oil, and coconut oil), soy protein isolate, fructooligosaccharides, Minerals***, flavoring and Vitamins**.

Instructions for use

Shake well. Ensure is ready to use

Oral feeding: As total or supplemental nutrition. Once opened, cover and place in a refrigerator. Discard if not used within 24 hours.

Tube feeding: Connect feeding set immediately prior to use. During tube feeding, the flow rate and volume are dependent on patients condition and tolerance. Additional fluid requirements can be met by giving water. Discard product within 24 hours of attaching feeding set.

Storage instructions

Store unopened in a cool, dry place. Recommended to store up to 30⁰C. Avoid prolonged exposure to light.

Nutrition Information

NUTRIENT	UNIT	per 100 ml
Energy (INT)	kcal	150
Protein	g	6.27
Fat	g	4.91
Saturated fatty acids	g	1.69
Mono unsaturated fatty acids	g	2.16
Poly unsaturated fatty acids	g	0.56
Trans fat	g	0.03
Cholesterol	mg	1.3
Carbohydrate	g	20.36
Sugar	g	1.15
Taurine	mg	15
Carnitine	mg	12
VITAMINS**		
Vitamin A (Palmitate)	IU	417
Vitamin A (B-carotene)	IU	345
Vitamin D3	IU	40
Vitamin E	IU	3.9
Vitamin K1	mcg	8
Vitamin C	mg	13
Folic Acid	mcg	40
Vitamin B1	mg	0.26
Vitamin B2	mg	0.34
Vitamin B6	mg	0.39
Vitamin B12	mcg	0.4
Niacin equivalent	mg NE	2.9
Pantothenic acid	mg	1.3
Biotin	mcg	7.2
Choline	mg	60
MINERALS***		
Sodium	mg	140
Potassium	mg	165
Chloride	mg	145
Calcium	mg	100
Phosphorus	mg	100

Magnesium	mg	31
Iron 2.2	mg	2.2
Zinc 1.9	mg	1.9
Manganese	mg	0.5
Copper	mcg	250
Iodine	mcg	15
Selenium	mcg	7
Chromium	mcg	10
Molybdenum	mcg	15