







































Be the difference – Identify and treat your patients at risk of malnutrition before they become hospitalized.¹

FIND THE PRODUCT that's right for your patient.

COMPARISON TABLE

	 Ensure® Regular	 Ensure® High Protein 12 g	 Ensure® High Protein 16 g	 Ensure® Protein Max 20 g	 Ensure® Protein Max 30 g	 Ensure® Plus Calories	 Ensure® Compact	 Glucerna®	 PediaSure Complete®	 PediaSure Complete® Reduced Sugar
Key Features	Complete, balanced nutrition® to help stay active and energetic.	Complete, balanced nutrition® with protein, to help build muscles.	Complete nutrition, high in protein, with fewer Calories. [†]	Complete, balanced nutrition®, very high in protein, with 1.5 g HMB per serving.	Complete nutrition, very high in protein, low in fat and with 1 g of sugar per serving.	Complete, balanced nutrition® to help gain or maintain a healthy weight.	Complete, balanced nutrition® in half the size. [‡]	Complete, balanced nutrition® with a low glycemic index [§] , designed for people with diabetes.	Complete, balanced nutrition® for children, to help support growth and development.	Complete, balanced nutrition® for children, to help support growth and development, with 33% less sugar. [¶]
Energy (Cal/bottle)	235	225	160	350	150	355	218	225	235	240
Protein (g/bottle)	9.4	12	16	20	30	14	9	11	9.3	9
Fibre (g/bottle)	0	0	0.89	3 (scFOS fibre)	2	0	0	5.6	1.7 g (1 g scFOS fibre)	0
Format	235 mL	235 mL	235 mL	235 mL	330 mL	235 mL	118 mL	237 mL	235 mL	235 mL
Flavours^{††}	 Vanilla  Chocolate  Strawberry  Butter Pecan	 Vanilla  Chocolate  Strawberry	 Vanilla  Chocolate	 Vanilla  Chocolate	 Vanilla  Chocolate	 Vanilla  Chocolate  Strawberry  Butter Pecan	 Vanilla  Chocolate	 Vanilla  Chocolate  Strawberry  Mixed Berry	 Vanilla  Chocolate	 Vanilla  Chocolate  Strawberry

scFOS: short-chain fructooligosaccharides; HMB: β-hydroxy-β-methylbutyrate

[†] 29% less Calories compared to Ensure® High Protein 12 g.

[‡] Compared to 235-mL Ensure® Regular.

[§] Only Glucerna® Vanilla has been tested. Other Glucerna® flavours have a nutritional profile similar to that of the Vanilla flavour.

[¶] Compared to the original PediaSure Complete® formulation.

^{††} Natural and artificial flavours.

1. Darzi J. Be nutrition aware in primary care: making every contact count. *Br J Gen Pract* 2014;54:5; doi:10.3399/bjgp14X682105.

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