

Abbott Nutrition : Adult Nutritional Products

Allergens and Other Ingredients Associated with Food Intolerances and/or Sensitivities

Products marked with an "X" identify presence of the ingredient.

ORAL NUTRITIONAL SUPPLEMENTS (ONS)				Priority Allergens										Ingredients Associated with Food Intolerances and/or Sensitivities							Other Information			
List #	Format	PRODUCT NAME	Flavour	Sulphites	Seafood ¹	Eggs	Peanuts	Tree Nuts	Sesame	Mustard	Wheat	Milk	Soy Protein	Other Soy Components	Corn ³	Gluten	Colours	Flavours (natural & artificial)	Citric Acid	Coconut Oil ⁶	Lactose ⁸	Vegan	Kosher	Halal
57243848	235-mL bottle	ENSURE® REGULAR	Vanilla									X	X	X	X			X		⁷	X		✓	✓
57231848	235-mL bottle	ENSURE® REGULAR	Chocolate									X	X	X	X		X	X		⁷	X		✓	✓
57234848	235-mL bottle	ENSURE® REGULAR	Strawberry									X	X	X	X		X	X		⁷	X		✓	✓
50746848	235-mL bottle	ENSURE® REGULAR	Butter Pecan									X	X	X	X			X		⁷	X		✓	✓
50747848	235-mL bottle	ENSURE® REGULAR	Wild Berry									X	X	X	X		X	X		⁷	X		✓	✓
50749848	235-mL bottle	ENSURE® REGULAR	Orange Cream									X	X	X	X		X	X		⁷	X		✓	✓
05748640	118-mL bottle	ENSURE® COMPACT	Vanilla									X	X	X	X			X	X		X		✓	✓
05749640	118-mL bottle	ENSURE® COMPACT	Chocolate									X	X	X	X			X	X		X		✓	✓
65091825	235-mL bottle	ENSURE® ENLIVE®	Vanilla									X	X	X	X			X		⁷	X		✓	
62208570	235-mL can	ENSURE® FIBRE	Vanilla									X	X	X	X			X	X	⁷	X		✓	✓
62207570	235-mL can	ENSURE® FIBRE	Chocolate									X	X	X	X			X	X	⁷	X		✓	✓
57250848	235-mL bottle	ENSURE® HIGH PROTEIN	Vanilla									X	X	X	X			X		⁷	X		✓	✓
57253848	235-mL bottle	ENSURE® HIGH PROTEIN	Chocolate									X	X	X	X		X	X		⁷	X		✓	✓
59422848	235-mL bottle	ENSURE® HIGH PROTEIN	Strawberry									X	X	X	X		X	X		⁷	X		✓	✓
50750848	235-mL bottle	ENSURE® PLUS CALORIES	Vanilla									X	X	X	X			X		⁷	X		✓	✓
50751848	235-mL bottle	ENSURE® PLUS CALORIES	Chocolate									X	X	X	X		X	X		⁷	X		✓	✓
50752848	235-mL bottle	ENSURE® PLUS CALORIES	Strawberry									X	X	X	X		X	X		⁷	X		✓	✓
50753848	235-mL bottle	ENSURE® PLUS CALORIES	Butter Pecan									X	X	X	X			X		⁷	X		✓	✓
62206570	235-mL can	ENSURE® PLUS	Vanilla									X	X	X	X			X		⁷	X		✓	✓
62209570	235-mL can	ENSURE® PLUS	Chocolate									X	X	X	X		X	X		⁷	X		✓	✓
62210570	235-mL can	ENSURE® PLUS	Strawberry									X	X	X	X		X	X		⁷	X		✓	✓
50755848	235-mL bottle	ENSURE® scFOS FIBRE	Vanilla									X	X	X	X			X		⁷	X		✓	✓
53852848	235-mL bottle	ENSURE® scFOS FIBRE	Strawberry									X	X	X	X		X	X		⁷	X		✓	✓
53490828	113-g cup	ENSURE® PUDDING	Vanilla									X		X	X		X	X	⁵	⁷	X		✓	✓
53491828	113-g cup	ENSURE® PUDDING	Chocolate									X		X	X			X	⁵	⁷	X		✓	✓
53492828	113-g cup	ENSURE® PUDDING	Butterscotch									X		X	X		X	X	⁵	⁷	X		✓	
63487206	40-g bar	GLUCERNA® Bar	Chocolate Chip			X	⁹	X			X	X	X	X	X		X	X			X		✓	
63488206	40-g bar	GLUCERNA® Bar	Peanut & Chocolate			²	X	²			²	X	X	X	X			X			X		✓	

1. The term seafood refers to all edible fish, crustaceans, and shellfish.

2. Manufactured in a facility that processes eggs, wheat, and tree nuts.

3. Abbott Nutrition adult products contain corn in the form of corn syrup, corn syrup solids, corn maltodextrin, maltodextrin, dextrose, corn oil, corn starch, modified cornstarch, modified starches, or hydrolysed cornstarch.

4. Contains uncontaminated oat fibre.

5. Contains traces of citric acid as part of a vitamin premix. Citric acid allergy/intolerance is very rare.

6. The fractionated coconut oil used as the source of medium-chain triglyceride (MCT) has been refined to the point that no coconut protein should be present to cause an allergic response. Coconut allergies are rare.

7. Contains coconut oil as part of vitamin premix. Coconut allergies are rare.

8. Abbott Nutrition adult products contain less than 500 mg of lactose per serving and are therefore suitable for most people with lactose intolerance. A review of the medical and scientific literature suggests that most lactose-intolerant patients can tolerate up to 6 grams of lactose per serving.

(Suarez F. Abbott Nutrition Medical Assessment of lactose tolerance in the lactose maldigesters population. 2007 & Hertzler SR *et al.* How much lactose is low lactose? *J Am Diet Assoc.* 1996 96:243-6).

9. Manufactured in a facility that processes peanuts.



Products marked with an "X" identify presence of the ingredient.

TUBE FEEDING PRODUCTS (may also be used for oral feeding)				Priority Allergens										Ingredients Associated with Food Intolerances and/or Sensitivities										Other Information		
List #	Format	PRODUCT NAME	Flavour	Sulfites	Seafood ¹	Eggs	Peanuts	Tree Nuts	Sesame	Mustard	Wheat	Milk	Soy Protein	Other Soy Components	Corn ³	Gluten	Colours	Flavours (natural & artificial)	Citric Acid	Coconut Oil ⁶	Lactose ⁸	Vegan	Kosher	Halal		
53655848	237-mL bottle	GLUCERNA® Nutritional Drink	Vanilla									X	X	X	X			X		⁷	X		✓	✓		
53656848	237-mL bottle	GLUCERNA® Nutritional Drink	Chocolate									X	X	X	X		X	X			X		✓	✓		
53657848	237-mL bottle	GLUCERNA® Nutritional Drink	Strawberry									X	X	X	X		X	X			X		✓	✓		
53658848	237-mL bottle	GLUCERNA® Nutritional Drink	Wild Berry									X	X	X	X		X	X			X		✓			
62198570	235-mL can	GLUCERNA® 1.0 CAL	Vanilla									X		X	X			X	⁵		X		✓	✓		
62243793	235-mL can	JEVITY® 1 CAL	Unflavoured									X	X	X	X				⁵	X	X		✓	✓		
62687355	1500-mL RTH	JEVITY® 1 CAL	Unflavoured									X	X	X	X				⁵	X ⁷	X		✓	✓		
62183793	235-mL can	JEVITY® 1.2 CAL	Unflavoured									X	X	X	X	⁴			⁵	X	X		✓	✓		
62683803	1000-mL RTH	JEVITY® 1.2 CAL	Unflavoured									X	X	X	X	⁴			⁵	X ⁷	X		✓	✓		
62667355	1500-mL RTH	JEVITY® 1.2 CAL	Unflavoured									X	X	X	X	⁴			⁵	X ⁷	X		✓	✓		
50288793	235-mL can	JEVITY® 1.5 CAL	Unflavoured									X	X	X	X	⁴			⁵	X ⁷	X		✓	✓		
62681803	1000-mL RTH	JEVITY® 1.5 CAL	Unflavoured									X	X	X	X	⁴			⁵	X ⁷	X		✓	✓		
62689355	1500-mL RTH	JEVITY® 1.5 CAL	Unflavoured									X	X	X	X	⁴			⁵	X ⁷	X		✓	✓		
62317631	54-mL bottle	LIQUIPROTEIN™	Unflavoured									X									X					
53624825	237-mL bottle	NEPRO®	Vanilla									X		X	X			X	⁵	⁷	X		✓	✓		
62669803	1000-mL RTH	NEPRO®	Vanilla									X		X	X			X	⁵	⁷	X		✓	✓		
62179793	235-mL can	OSMOLITE® 1 CAL	Unflavoured									X	X	X	X				⁵	X ⁷	X		✓	✓		
62695355	1500-mL RTH	OSMOLITE® 1 CAL	Unflavoured									X	X	X	X				⁵	X ⁷	X		✓	✓		
62181793	235-mL can	OSMOLITE® 1.2 CAL	Unflavoured									X		X	X				⁵	X ⁷	X		✓	✓		
62693355	1500-mL RTH	OSMOLITE® 1.2 CAL	Unflavoured									X		X	X				⁵	X ⁷	X		✓	✓		
62234793	235-mL can	PROMOTE®	Vanilla									X	X	X	X			X	⁵	X ⁷	X		✓	✓		
56583848	235-mL bottle	SIMILAC® MOM	Vanilla									X	X	X	X			X		⁷	X		✓	✓		
56584848	235-mL bottle	SIMILAC® MOM	Chocolate									X	X	X	X		X	X		⁷	X		✓	✓		
62088825	235-mL can	SUPLENA®	Vanilla									X		X	X			X		⁷	X		✓	✓		
62241825	235-mL can	TWOCAL® HN	Vanilla									X		X	X			X	⁵	X ⁷	X		✓	✓		
62709803	1000-mL RTH	TWOCAL® HN	Vanilla									X		X	X			X	⁵	X ⁷	X		✓	✓		
0S297A31	220-mL bottle	VITAL® PEPTIDE 1 CAL	Vanilla									X		X	X			X	X		X		✓	✓		
0S298A31	220-mL bottle	VITAL® PEPTIDE 1.5 CAL	Vanilla									X			X			X	X	X	X		✓	✓		
0S298A03	1000-mL RTH	VITAL® PEPTIDE 1.5 CAL	Vanilla									X			X			X	X	X	X		✓	✓		

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The information contained in this list was accurate at the time of publication. The most current information may be obtained by referring to product labels.

The information is provided to improve understanding of Abbott Nutrition adult products and their ingredients. The final decision to use Abbott Nutrition products is the responsibility of the health care professional and/or consumer.

For additional information, please contact Abbott Nutrition Communications: 1-866-767-7411 (option 1) or canada.nutrition@abbott.com.

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