



# Abbott Nutrition : Adult Nutritional Products

## Priority Food Allergens and Ingredients Associated with Food Intolerances and/or Sensitivities

Products marked with an "X" identify presence of the ingredient.

PRODUCT				Priority Food Allergens										Ingredients Associated with Food Intolerances and/or Sensitivities							Other Information				
List #	Format	PRODUCT NAME	Flavour	Tree Nuts	Peanuts	Sesame Seeds	Wheat	Eggs	Milk	Soy	Seafood <sup>1</sup>	Mustard	Gluten	Sulphites	Other Soy Components	Corn <sup>3</sup>	Colours	Flavours (Natural & Artificial)	Citric Acid <sup>4</sup>	Coconut Oil <sup>5</sup>	Lactose	Vegan	Kosher	Halal	
66311825 66310899	235-mL bottles	ENSURE <sup>®</sup> PROTEIN MAX	Vanilla						X	X					X	X		X		6	7		✓		
66312825 66308899	235-mL bottles	ENSURE <sup>®</sup> PROTEIN MAX	Chocolate						X	X					X	X		X		6	7		✓	✓	
05748640	118-mL bottles	ENSURE <sup>®</sup> COMPACT	Vanilla						X	X					X	X		X	X		7		✓	✓	
05749640	118-mL bottles	ENSURE <sup>®</sup> COMPACT	Chocolate						X	X					X	X		X	X		7		✓	✓	
57243848	235-mL bottles	ENSURE <sup>®</sup> REGULAR	Vanilla						X	X					X	X		X		6	7		✓	✓	
57231848	235-mL bottles	ENSURE <sup>®</sup> REGULAR	Chocolate						X	X					X	X	X	X		6	7		✓	✓	
57234848	235-mL bottles	ENSURE <sup>®</sup> REGULAR	Strawberry						X	X					X	X	X	X		6	7		✓	✓	
50746848	235-mL bottles	ENSURE <sup>®</sup> REGULAR	Butter Pecan						X	X					X	X		X		6	7		✓	✓	
50747848	235-mL bottles	ENSURE <sup>®</sup> REGULAR	Mixed Berry						X	X					X	X	X	X		6	7		✓	✓	
50749848	235-mL bottles	ENSURE <sup>®</sup> REGULAR	Orange Cream						X	X					X	X	X	X		6	7		✓	✓	
57250848	235-mL bottles	ENSURE <sup>®</sup> HIGH PROTEIN	Vanilla						X	X					X	X		X		6	7		✓	✓	
57253848	235-mL bottles	ENSURE <sup>®</sup> HIGH PROTEIN	Chocolate						X	X					X	X	X	X		6	7		✓	✓	
59422848	235-mL bottles	ENSURE <sup>®</sup> HIGH PROTEIN	Strawberry						X	X					X	X	X	X		6	7		✓	✓	
50750848	235-mL bottles	ENSURE <sup>®</sup> PLUS CALORIES	Vanilla						X	X					X	X		X		6	7		✓	✓	
50751848	235-mL bottles	ENSURE <sup>®</sup> PLUS CALORIES	Chocolate						X	X					X	X	X	X		6	7		✓	✓	
50752848	235-mL bottles	ENSURE <sup>®</sup> PLUS CALORIES	Strawberry						X	X					X	X	X	X		6	7		✓	✓	
50753848	235-mL bottles	ENSURE <sup>®</sup> PLUS CALORIES	Butter Pecan						X	X					X	X		X		6	7		✓	✓	
50755848	235-mL bottles	ENSURE <sup>®</sup> scFOS FIBRE	Vanilla						X	X					X	X		X		6	7		✓	✓	
53852848	235-mL bottles	ENSURE <sup>®</sup> scFOS FIBRE	Strawberry						X	X					X	X	X	X		6	7		✓	✓	
62208570	235-mL cans	ENSURE <sup>®</sup> FIBRE	Vanilla						X	X					X	X		X	X	6	7		✓	✓	
62207570	235-mL cans	ENSURE <sup>®</sup> FIBRE	Chocolate						X	X					X	X		X	X	6	7		✓	✓	
62206570	235-mL cans	ENSURE <sup>®</sup> PLUS	Vanilla						X	X					X	X		X		6	7		✓	✓	
62209570	235-mL cans	ENSURE <sup>®</sup> PLUS	Chocolate						X	X					X	X	X	X		6	7		✓	✓	
62210570	235-mL cans	ENSURE <sup>®</sup> PLUS	Strawberry						X	X					X	X	X	X		6	7		✓	✓	
53490828	113-g cups	ENSURE <sup>®</sup> PUDDING	Vanilla						X						X	X	X	X	X	6	7		✓	✓	
53491828	113-g cups	ENSURE <sup>®</sup> PUDDING	Chocolate						X						X	X		X	X	6	7		✓	✓	
67124206	40-g bars	GLUCERNA <sup>®</sup> BAR	Dark Chocolate Almond	X	X		2	X	X	X						X		X		7			✓		
67125206	40-g bars	GLUCERNA <sup>®</sup> BAR	Crispy Oats & Nuts	X	X		2	X	X	X						X		X		7			✓		
53655848	237-mL bottles	GLUCERNA <sup>®</sup> NUTRITIONAL DRINK	Vanilla						X	X					X	X	X	X		7			✓	✓	
53656848	237-mL bottles	GLUCERNA <sup>®</sup> NUTRITIONAL DRINK	Chocolate						X	X					X	X	X	X		7			✓	✓	
53657848	237-mL bottles	GLUCERNA <sup>®</sup> NUTRITIONAL DRINK	Strawberry						X	X					X	X	X	X		7			✓	✓	
53658848	237-mL bottles	GLUCERNA <sup>®</sup> NUTRITIONAL DRINK	Mixed Berry						X	X					X	X	X	X		7			✓	✓	
62198570	235-mL cans	GLUCERNA <sup>®</sup> 1.0 CAL	Vanilla						X	X					X	X		X	X	7			✓	✓	

1. The term seafood refers to all edible fish, crustaceans, and shellfish.  
 2. Manufactured in a facility that processes wheat.  
 3. Abbott Nutrition adult products contain corn in the form of corn syrup, corn syrup solids, corn maltodextrin, maltodextrin, dextrose, corn oil, corn starch, modified cornstarch, modified starches, or hydrolysed cornstarch.  
 4. Contains traces of citric acid as part of a vitamin premix and/or processing aid. Citric acid allergy/intolerance is very rare.  
 5. The fractionated coconut oil used as the source of medium-chain triglyceride (MCT) has been refined to the point that no coconut protein should be present to cause an allergic response. Coconut allergies are rare.  
 6. Contains coconut oil as part of vitamin premix. Coconut allergies are rare.  
 7. Contains less than 500 mg of lactose per serving and are therefore suitable for most people with lactose intolerance. Not suitable for individuals with galactosemia.  
 A review of the medical and scientific literature suggests that most lactose-intolerant patients can tolerate up to 6 grams of lactose per serving.  
 Suarez F. Abbott Nutrition Medical Assessment of lactose tolerance in the lactose maldigesters population. April 2007. Hertzler SR et al. How much lactose is low lactose? J Am Diet Assoc 1996;96:243-6.

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List #	Format	PRODUCT NAME	Flavour	Tree Nuts	Peanuts	Sesame Seeds	Wheat	Eggs	Milk	Soy	Seafood <sup>1</sup>	Mustard	Gluten	Sulphites	Other Soy Components	Corn <sup>3</sup>	Colours	Flavours (Natural & Artificial)	Citric Acid <sup>4</sup>	Coconut Oil <sup>5</sup>	Lactose	Vegan	Kosher	Halal
62243793	235-mL cans	JEVITY <sup>®</sup> 1 CAL	Unflavoured						X	X					X	X			X	X	<sup>7</sup>		✓	✓
62183793	235-mL cans	JEVITY <sup>®</sup> 1.2 CAL	Unflavoured						X	X					X	X			X	X	<sup>7</sup>		✓	✓
62683803	1000-mL RTH	JEVITY <sup>®</sup> 1.2 CAL	Unflavoured						X	X					X	X			X	X <sup>6</sup>	<sup>7</sup>		✓	✓
62667355	1500-mL RTH	JEVITY <sup>®</sup> 1.2 CAL	Unflavoured						X	X					X	X			X	X <sup>6</sup>	<sup>7</sup>		✓	✓
50288793	235-mL cans	JEVITY <sup>®</sup> 1.5 CAL	Unflavoured						X	X					X	X			X	X <sup>6</sup>	<sup>7</sup>		✓	✓
62681803	1000-mL RTH	JEVITY <sup>®</sup> 1.5 CAL	Unflavoured						X	X					X	X			X	X <sup>6</sup>	<sup>7</sup>		✓	✓
62689355	1500-mL RTH	JEVITY <sup>®</sup> 1.5 CAL	Unflavoured						X	X					X	X			X	X <sup>6</sup>	<sup>7</sup>		✓	✓
62317631	54-mL bottles	LIQUIPROTEIN <sup>®</sup>	Unflavoured						X															
53624825	237-mL bottles	NEPRO <sup>®</sup>	Vanilla						X	X					X	X		X	X	<sup>6</sup>	<sup>7</sup>		✓	✓
62669803	1000-mL RTH	NEPRO <sup>®</sup>	Vanilla						X	X					X	X		X	X	<sup>6</sup>	<sup>7</sup>		✓	✓
62181793	235-mL cans	OSMOLITE <sup>®</sup> 1.2 CAL	Unflavoured						X	X					X	X		X	X <sup>6</sup>	<sup>7</sup>		✓	✓	
62693355	1500-mL RTH	OSMOLITE <sup>®</sup> 1.2 CAL	Unflavoured						X	X					X	X		X	X <sup>6</sup>	<sup>7</sup>		✓	✓	
66467803	1-L bottles	PEDIALYTE <sup>®</sup>	Unflavoured												X			X				✓	✓	✓
66469803	1-L bottles	PEDIALYTE <sup>®</sup>	Grape												X	X	X	X				✓	✓	✓
66468803	1-L bottles	PEDIALYTE <sup>®</sup>	Fruit												X	X	X	X				✓	✓	✓
66470803	1-L bottles	PEDIALYTE <sup>®</sup> ADVANCEDCARE™	Cherry Punch						X						X	X	X	X			<sup>7</sup>		✓	✓
66471803	1-L bottles	PEDIALYTE <sup>®</sup> ADVANCEDCARE™	Blue Raspberry						X						X	X	X	X			<sup>7</sup>		✓	✓
66474793	8.5-g sachets	PEDIALYTE <sup>®</sup> Powder Sachets	Apple												X	X	X	X				✓	✓	✓
66473793	8.5-g sachets	PEDIALYTE <sup>®</sup> Powder Sachets	Fruit Punch												X	X	X	X				✓	✓	✓
00245189	62.5-mL sleeves	PEDIALYTE <sup>®</sup> Freezer Pops	Grape, Cherry, Orange, Blue Raspberry													X	X	X	X			✓	✓	✓
62234793	235-mL cans	PROMOTE <sup>®</sup>	Vanilla						X	X					X	X		X	X	X <sup>6</sup>	<sup>7</sup>		✓	✓
56583848	235-mL bottles	SIMILAC MOM <sup>®</sup>	Vanilla						X	X					X	X		X		<sup>6</sup>	<sup>7</sup>		✓	✓
56584848	235-mL bottles	SIMILAC MOM <sup>®</sup>	Chocolate						X	X					X	X	X	X		<sup>6</sup>	<sup>7</sup>		✓	✓
62088825	235-mL cans	SUPLENA <sup>®</sup>	Vanilla						X	X					X	X		X		<sup>6</sup>	<sup>7</sup>		✓	✓
62241825	235-mL cans	TWOCAL <sup>®</sup> HN	Vanilla						X	X					X	X		X	X	X <sup>6</sup>	<sup>7</sup>		✓	✓
62709803	1000-mL RTH	TWOCAL <sup>®</sup> HN	Vanilla						X	X					X	X		X	X	X <sup>6</sup>	<sup>7</sup>		✓	✓
0S297A31	220-mL bottles	VITAL <sup>®</sup> PEPTIDE 1 CAL	Vanilla						X	X					X	X		X	X		<sup>7</sup>		✓	✓
0S298A31	220-mL bottles	VITAL <sup>®</sup> PEPTIDE 1.5 CAL	Vanilla						X						X			X	X	X	<sup>7</sup>		✓	✓
0S298A03	1000-mL RTH	VITAL <sup>®</sup> PEPTIDE 1.5 CAL	Vanilla						X						X			X	X	X	<sup>7</sup>		✓	✓

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The information contained in this list was accurate at the time of publication. The most current information may be obtained by referring to product labels. The information is provided to improve understanding of Abbott Nutrition adult products and their ingredients. The final decision to use Abbott Nutrition products is the responsibility of the health care professional and/or consumer.

For additional information, please contact **Abbott Nutrition Communications: 1-866-767-7411 (option 1) or [canada.nutrition@abbott.com](mailto:canada.nutrition@abbott.com).**

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