

Complete in Volumes

Product	Age	19-30		31-50		51-70		>70	
	Gender	M	F	M	F	M	F	M	F
	Units (mL/g)								
Ensure TwoCal HN (200mL bottle)	mL	1000	938	1050	938	1050	938	1050	938
TwoCal HN (1000mL RTH)	mL	1038	952	1038	952	1038	1238	1389	1389
Ensure Plus tetra (200mL tetra)	mL	1333	1033	1400	1087	1400	1083	1400	1083
Ensure Plus can (237mL can)	mL	1303	1190	1303	1190	1303	1548	1548	1548
Ensure Plus HN can (250mL can)	mL	1333	1087	1400	1087	1400	1413	1413	1413
Ensure Plus HN RTH (1000mL RTH)	mL	1290	1000	1355	1032	1355	1300	1500	1500
Ensure Plus Crème (125g cup)	g	1465	1190	1538	1190	1538	1300	1413	1413
Ensure Liquid (250ml can)	mL	1310	1012	1310	1012	1310	1024	1429	1429
Ensure Powder (850g can)	mL	2222	1915	2537	1915	2537	1818	2537	1818
Glucerna (200mL bottle)	mL	2222	1722	2333	1778	2333	1778	2333	2031
Glucerna Select (250mL can & 1000mL RTH)	mL	1905	1538	2000	1538	2000	1857	2000	1857
Nepro LP (220mL bottle)	mL	1538	1370	1538	1370	1538	1370	1538	1370
Nepro HP (220mL bottle)	mL	1389	1000	1389	1000	1389	1000	1389	1000
Nepro HP RTH (500mL RTH)	mL	1389	1000	1389	1000	1389	1000	1389	1000
Jevity can (237mL can)	mL	1447	1316	1447	1316	1447	1429	1923	1923
Jevity RTH (1000mL RTH)	mL	1818	1429	1909	1429	1909	1455	2000	2000
Jevity Plus (1000mL RTH)	mL	1667	1292	1750	1333	1750	1625	1750	1625
Jevity HiCal (250mL can, 500mL&1000mL RTH)	mL	1290	1000	1355	1000	1355	1300	1500	1500
Jevity Promote (1000mL RTH)	mL	1571	1429	1571	1429	1571	1857	1857	1857
Osmolite (1000mL RTH)	mL	2000	1550	2100	1600	2100	1912	2055	2055
Vital 1.5 (200mL bottle & 1000mL RTH)	mL	1333	1000	1400	1000	1400	1300	1500	1500

Based on Nutrient Reference Values for Australia and New Zealand accessed in March 2020 from <https://www.nrv.gov.au/home>

'Complete in volume' calculations are based on:

- Nutrient Reference Values for Australia and New Zealand accessed in March 2020 from <https://www.nrv.gov.au/home>
- Current product formulations as listed in the Product Range Card, excluding fluoride, potassium, sodium
- 80kg male patient or 60kg female patient pre-dialysis (Nepro LP) and on dialysis (Nepro HP) to meet clinical guidelines in Ash S et al. *Nutrition & Dietetics*. 2006;63:S35-S45.

Please note: This is a guide only and should not replace the expert advice of a healthcare professional. For further information contact our Customer Service Team on 1800 225 311 (Australia) or 0800 737 115 (NZ) • Visit our website at www.abbottnutrition.com.au