

Fall 2016

SELECTION GUIDE

Pediatric Nutritional Products



You'll nurture her big dreams.

We'll help nurture her growing body.

Decision tree – Helping you chose an appropriate product for your patient

Product Categories

Features and Indications

Products

Product Categories	Features and Indications	Products			
Preterm Infants	Fortification options	Human milk fortifier	<ul style="list-style-type: none"> Sterile liquid (Unique to Abbott Nutrition) Powder 	<ul style="list-style-type: none"> • Similac® Human Milk Fortifier Special Care® 30 (with iron) • Similac® Human Milk Fortifier 	
		Formulas	A commercially sterile, extensively hydrolyzed liquid protein modular suitable for fortification of human milk or infant formula. (Unique to Abbott Nutrition)	• LiquiProtein™	
	Standard		• Similac® Special Care® 20 (with iron)		
	Hypercaloric		• Similac® Special Care® 24 (with iron)		
	Hypercaloric, high protein		• Similac® Special Care® 24 High Protein (with iron)		
	Post-discharge formula, 0-12 months corrected age.	• Similac® Neosure® Omega-3 and Omega-6			
Term Infants	Standard, cow's milk-based formulas	Step 1 (0+ months)	GOS, lutein, DHA, and ARA	<ul style="list-style-type: none"> • NEW Similac® Advance® Omega-3 and Omega-6 (non-GMO) • Similac® Advance® Omega-3 and Omega-6 	
			Standard	• Similac® Iron-Fortified	
			Lower iron	• Similac® Lower Iron	
		Step 2 (6-24 months)	GOS, lutein, DHA, and ARA	<ul style="list-style-type: none"> • NEW Similac® Go & Grow® Omega-3 and Omega-6 (non-GMO) • Similac® Go & Grow® Omega-3 and Omega-6 	
		Standard	• Similac® Go & Grow®		
	Partially hydrolyzed whey formula	For infants with symptoms of lactose intolerance such as fussiness, gas, and/or diarrhea. ^{1,2}	Step 1 (0+ months)		• Similac® Sensitive for babies sensitive to lactose
		For initial or supplemental feeding.	Step 1 (0+ months)		• Similac® Partially Broken Down Protein
	Soy-based formulas	For infants: - with IgE-mediated cow's milk allergy where tolerance to soy has been established, ^{3,4} - whose parents wish to provide a non-milk-based formula.	Step 1 (0+ months)	DHA and ARA	• Similac® Isomil® with Omega-3 and Omega-6
				Standard	• Similac® Isomil®
	Hypercaloric formula	For infants with increased caloric needs.	Step 2 (6-24 months)		• Similac® Isomil®
Hypoallergenic, extensively hydrolyzed formula	For infants with allergy or sensitivity to intact protein (cow's milk or soy).	Step 1 (0+ months)		• Similac® 24 (with iron)	
		Step 1 (0+ months)		<ul style="list-style-type: none"> • Similac® Alimentum® • Similac® Alimentum® Omega-3 and Omega-6 	
Toddlers and Children 1-13 years of age	Sole-source nutrition or supplement	For children with increased nutrient needs, who are malnourished, or failing to thrive, or at risk of such conditions.	For oral or tube feeding use.	<ul style="list-style-type: none"> Standard Fibre Hypercaloric, fibre 	<ul style="list-style-type: none"> • PediaSure® • PediaSure® Fibre • PediaSure® Plus (with fibre)
	Specialized peptide-based ready-to-drink formula. Sole-source nutrition or supplement	For children with gastro-intestinal (GI) and/or experiencing GI symptoms such as: abdominal pain, diarrhea, constipation, nausea, and vomiting.		Great taste. For oral or tube feeding use.	• PediaSure® Peptide 1 Cal
	Nutritional supplement	For children who require a nutritional supplement due to feeding difficulties, poor intake, or appetite suppression.	For oral use only – not for tube feeding.		• PediaSure Complete® Grow & Gain™
Specialty Products	Therapeutic hydration	Specially formulated to help prevent dehydration by restoring vital nutrients lost during diarrhea and vomiting in infants, children, and adults.	For oral or tube feeding use.		• Pedialyte®
	Waters	For initial or supplemental feeding.	For oral use only – not for tube feeding.		<ul style="list-style-type: none"> • Similac® 5% Glucose Water • Similac® Sterilized Water
	No added carbohydrate, soy-based, iron-fortified infant formula	For patients unable to tolerate the type or amount of carbohydrate in milk or conventional infant formulas, or with seizure disorders requiring a ketogenic diet.	For oral or tube feeding use.		• RCF®

1. Infant Colic: Key Practice Points. Dietitians of Canada. Practice-Based Evidence in Nutrition. Available from www.pennutrition.com. Accessed August 2015. 2. Lasekan JB et al. Lactose-Free Milk Protein-Based Formula: Impact on Growth and Gastrointestinal Tolerance in Infants. *Clin Pediatr* 2011;50(4):330-7. 3. Leung A, O'Levy A. Canadian Paediatric Society: Nutrition and Gastroenterology Committee. Concerns for the use of soy-based formulas in infant nutrition. *Paediatr Child Health*. 2009;14(3):109-13. [Reaffirmed: Feb 1, 2016]. 4. Nutrition for Healthy Term Infants: Recommendations from Birth to Six Months: A joint statement from Health Canada, Canadian Paediatric Society, Dietitians of Canada, and Breastfeeding Committee for Canada. Last modified August 2015. Available at <http://www.hc-sc.gc.ca/nr-an/nutrition/infant-nourisson/recom/index-eng.php>. Accessed December 2015. ARA = Arachidonic acid; DHA = Docosahexaenoic acid; GOS = Galactooligosaccharides.

	Recommended Age	Energy Cal/100 mL (Cal/30 mL)	Fat g/100 mL	Protein g/100 mL	Carbs g/100 mL	Iron mg/100 mL	Calcium mg/100 mL	Vit D IU/100 mL	Water g/L	Features and Benefits	Availability Powder	Concentrated Liquid	Ready to Use	Ready to Use Hospital Feeding System (HFS)
PRETERM INFANTS														
Similac® Human Milk Fortifier Special Care® 30 (with iron)	Preterm or LBW	101 (30)	6.70	3	7.8	1.8	183	152	850	When mixed 1:1 with human milk, provides 25 Cal/30 mL. Sterile liquid formulation. DHA- and ARA-enriched.	N/A	N/A	N/A	Ready to mix: 59 mL, 48/case (59439A71) [†]
Similac® Human Milk Fortifier	Preterm or LBW	3.5 Cal/packet	0.09 g/packet	0.25 g/packet	0.45 g/packet	0.08 mg/packet	29.3 mg/packet	30 IU/packet	867 (50 mL preterm HM + 1 packet)	Intended as a nutritional supplement to add to human milk.	0.9-g packets, 3x50/case (54598934)	N/A	N/A	N/A
LiquiProtein™	Preterm	67 (4 Cal/6 mL)	0	1 g/6 mL	0	0	0	0	810 (5 g/6 mL)	A commercially sterile, extensively hydrolyzed liquid protein fortifier. Allows for customized protein concentration of human milk or infant formula feedings.	N/A	N/A	N/A	Ready to mix: 54 mL, 48/case (62317X31) [†]
Similac® Special Care® 20 (with iron)	Preterm	68 (20)	3.65	2.04	7	1.2	122	102	900	Higher amounts of protein and select vitamins & minerals than term infant formulas. DHA- and ARA-enriched.	N/A	N/A	N/A	59 mL, 48/case (62205871) [†]
Similac® Special Care® 24 (with iron)	Preterm	81 (24)	4.35	2.43	8.36	1.5	146	122	880	Higher amounts of protein and select vitamins & minerals than term infant formulas. Hypercaloric, DHA- and ARA-enriched.	N/A	N/A	N/A	59 mL, 48/case (62204871) [†]
Similac® Special Care® 24 High Protein (with iron)	Preterm	81 (24)	4.34	2.67	8.1	1.5	146	122	880	Higher amounts of protein and select vitamins & minerals than term infant formulas. Hypercaloric, DHA- and ARA-enriched.	N/A	N/A	N/A	59 mL, 48/case (62214871) [†]
Similac® Neosure® Omega-3 and Omega-6	Preterm, 0-12 months corrected age	74.4 (22)	4.1	2.1	7.5	1.3	78	52	890	Higher amounts of protein and select vitamins & minerals than term infant formulas. DHA- and ARA-enriched.	363 g, 6/case (57430718)	N/A	N/A	59 mL, 48/case (59649871) [†]
TERM INFANTS														
NEW Similac® Advance® Omega-3 and Omega-6 (non-GMO)	Step 1 (0+ months)	68 (20)	3.74	1.4	7.3	1.2	53	40.5	901	Contains GOS and lutein. DHA- and ARA-enriched.	658 g, 6/case (6499230B)	N/A	N/A	59 mL, 8x6/case (65092871)
Similac® Advance® Omega-3 and Omega-6	Step 1 (0+ months)	68 (20)	3.74	1.4	7.3	1.2	53	40.5	901	Contains GOS and lutein. DHA- and ARA-enriched.	658 g, 6/case (6264530B)	385 mL, 12/case (53601510)	235 mL, 12/case (62199570) 235 mL, 4x6/case (62433848) 945 mL, 6/case (53604332)	N/A
NEW Similac® Go & Grow® Omega-3 and Omega-6 (non-GMO)	Step 2 (6-24 months)	68 (20)	3.74	1.4	7.4	1.2	80	40.5	901	Calcium-enriched to support growing bones. Contains GOS and lutein. DHA- and ARA-enriched.	658 g, 6/case (6499130B)	N/A	N/A	N/A
Similac® Go & Grow® Omega-3 and Omega-6	Step 2 (6-24 months)	68 (20)	3.74	1.4	7.4	1.2	80	40.5	901	Calcium-enriched to support growing bones. Contains GOS and lutein. DHA- and ARA-enriched.	658 g, 6/case (6265430B)	385 mL, 12/case (53606510)	N/A	N/A
Similac® Go & Grow®	Step 2 (6-24 months)	68 (20)	3.53	1.3	7.6	1.1	72	31	901	Calcium-enriched to support growing bones.	850 g, 6/case (0S252301)	385 mL, 12/case (55224510)	N/A	N/A
Similac® Iron-Fortified	Step 1 (0+ months)	68 (20)	3.53	1.3	7.6	1.1	47	31	901	Iron-fortified term infant formula.	850 g, 6/case (0S250301)	385 mL, 12/case (0L904510)	N/A	N/A
Similac® Lower Iron	Step 1 (0+ months)	68 (20)	3.53	1.3	7.6	0.85	47	31	901	Lower iron content than Similac® Iron-Fortified.	850 g, 6/case (0S225301)	385 mL, 12/case (0M353510)	N/A	N/A
Similac® Partially Broken Down Protein	Step 1 (0+ months)	67.6 (20)	3.65	1.6	7.13	1.01	71	40.5	900	100% whey protein that has been partially hydrolyzed. DHA- and ARA-enriched.	638 g, 6/case (6266030C)	N/A	N/A	N/A
Similac® Sensitive for babies sensitive to lactose	Step 1 (0+ months)	68 (20)	3.68	1.47	7.24	1.2	58	40	901	For mild symptoms of lactose intolerance such as fussiness, gas, and/or diarrhea. ^{1,2}	728 g, 6/case (50857722)	385 mL, 12/case (54358510)	N/A	59 mL, 48/case (62178871) [†]
Similac® Isomil® with Omega-3 and Omega-6	Step 1 (0+ months)	68 (20)	3.5	1.62	7.1	0.68	63	34	901	Soy-based. Cow's milk protein-free. DHA- and ARA-enriched.	800 g, 6/case (0S571353)	N/A	N/A	59 mL, 48/case (62177871) [†]
Similac® Isomil®	Step 1 (0+ months)	68 (20)	3.7	1.66	7	1.2	70	40	901	Soy-based. Cow's milk protein-free.	800 g, 6/case (0L208353)	N/A	N/A	N/A
Similac® Isomil®	Step 2 (6-24 months)	68 (20)	3.7	1.66	7	1.2	90	40	901	Calcium-enriched to support growing bones. Soy-based. Cow's milk protein-free.	800 g, 6/case (0P602353)	N/A	N/A	N/A
Similac® 24 (with iron)	Step 1 (0+ months)	81 (24)	4.46	1.68	8.58	1.46	64	42	884	Hypercaloric.	N/A	N/A	N/A	59 mL, 48/case (62175871) [†]
Similac® Alimentum®	Step 1 (0+ months)	68 (20)	3.75	1.86	6.9	1.2	71	30	900	Hypoallergenic, extensively hydrolyzed.	N/A	N/A	237 mL, 6x4/case (58266941)	N/A
Similac® Alimentum® Omega-3 and Omega-6	Step 1 (0+ months)	68 (20)	3.80	1.86	6.8	1.2	71	41	892	Hypoallergenic, extensively hydrolyzed. DHA- and ARA-enriched.	400 g, 6/case (57077340)	N/A	N/A	59 mL, 48/case (59738871) [†]
TODDLERS AND CHILDREN														
PediaSure Complete® Grow & Gain™	1-13 years	100 (30)	3.3	4	14	1	106	10.2	830	Nutritional supplement. Contains 1 g of scFOS per 237 mL. DHA- and ARA-enriched.	N/A	N/A	235-mL bottles, 4x4/case: Vanilla (62491526), Strawberry (62831526), Chocolate (62490526)	N/A
PediaSure®	1-13 years	100 (30)	5	3	11	1.4	97	32	854	Sole-source nutrition or supplement.	N/A	N/A	235-mL cans, 12/case: Vanilla (62200570), Strawberry (62236570), Chocolate (62196570)	N/A
PediaSure® Fibre	1-13 years	100 (30)	5	3	11	1.4	97	32	854	Sole-source nutrition or supplement. Provides 1.1 g of dietary fibre per 235 mL.	N/A	N/A	235-mL cans, 12/case: Vanilla (62197570)	N/A
PediaSure® Plus (with fibre)	1-13 years	150 (45)	7.47	4.2	17.7	1.4	90	45	778	Sole-source nutrition or supplement. Increased nutrient density provides more calories in less volume. Provides 1.76 g of dietary fibre and 0.82 g of scFOS per 235 mL.	N/A	N/A	235-mL cans, 12/case: Vanilla (62244570)	N/A
PediaSure® Peptide 1 Cal	1-13 years	100 (30)	4	3	13	1.4	106	53	844	Sole-source nutrition or supplement. Peptide-based, 70% whey-dominant protein blend. 50% of fat as MCT. Contains 1 g of scFOS per 237 mL.	N/A	N/A	237-mL bottles, 24/case: Vanilla (62119825)	N/A
SPECIALTY PRODUCTS														
Pedialyte®	0+ months	10	0	0	2.5	0	0	0	978	Oral electrolyte maintenance solution.	N/A	N/A	1000 mL, 8/case: unflavoured (0E626803), Grape (54676803), Fruit Freezer Pops, 8x16/case (00245189)	Unflavoured, 59 mL, 48/case (50851871) [†]
Similac® 5% Glucose Water	0+ months	20 (7)	0	0	5	0	0	0	966	For initial or supplemental feeding.	N/A	N/A	59 mL, 48/case (51002871) [†]	
Similac® Sterilized Water	0+ months	0	0	0	0	0	0	0	1000	For initial or supplemental feeding.	N/A	N/A	59 mL, 48/case (51000871) [†]	
RCF®	0+ months	81 (24)	7.2	4	0.07	2.4	140	81	880	No added carbohydrate soy-based iron-fortified infant formula.	N/A	384 mL, 12/case (00108012) [†]	N/A	N/A

All Abbott Nutrition pediatric products are low residue (with the exception of PediaSure® Fibre and PediaSure® Plus with fibre), gluten-free (with the exception of PediaSure® Plus with fibre), and kosher (with the exception of LiquiProtein™, Similac® Alimentum®, and Similac® Alimentum® Omega-3 and Omega-6). For products for which more than one format exists, nutrient information is based on powdered product prepared to standard dilution. Please refer to the product label for the most current information. † Product available by request at retail. Contact Abbott Nutrition for details and conditions. Rx: Prescription required for purchasing at retail. 1. Infant Colic: Key Practice Points. Dietitians of Canada. Practice-Based Evidence in Nutrition. Available from www.pennutrition.com. Accessed August 2015. 2. Lasekan JB et al. Lactose-Free Milk Protein-Based Formula: Impact on Growth and Gastrointestinal Tolerance in Infants. *Clin Pediatr* 2011;50(4):330-7. ARA = Arachidonic acid; DHA = Docosahexaenoic acid; GOS = Galactooligosaccharides; HM = Human milk; LBW = Low Birth Weight; MCT = Medium-chain triglycerides; N/A = Not applicable; scFOS = Short-chain fructooligosaccharides.

SIMILAC® ADVANCE® OMEGA-3 AND OMEGA-6

THE ONLY FORMULA CONTAINING
GALACTOOLIGOSACCHARIDES AND LUTEIN‡



GALACTOOLIGOSACCHARIDES

The baby's gut relies on millions of good bacteria to help support digestive health. Galactooligosaccharides can be naturally found in breast milk. They act like food for the beneficial bacteria in the baby's intestinal tract.

WHY ARE GALACTOOLIGOSACCHARIDES IMPORTANT?

1. They may help promote the growth of beneficial bacteria in the intestinal tract.
2. They help promote softer stools, similar to breastfed babies.



LUTEIN

The baby's first year of life is a critical time for brain and eye development. Lutein is an antioxidant naturally found in breast milk and it is concentrated in the baby's brain and eyes.

WHY IS LUTEIN IMPORTANT?

1. It absorbs potentially damaging light.
2. It may protect against oxidative damage in the eye.

Until the baby starts solid foods like leafy greens, corn, and eggs, he can only get lutein‡ from breast milk or Similac® Advance®.

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‡ Excluding inherent sources.
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